



Programme Specification

Doctor of Health Psychology [Sep][FT][Frenchay][4yrs]

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Section 1: Key Programme Details

Part A: Programme Information

Programme title: Doctor of Health Psychology [Sep][FT][Frenchay][4yrs]

Highest award: DHealthPsych Doctor of Health Psychology

Interim award: PGDip Health Psychology (professional Practice)

Awarding institution: UWE Bristol

Teaching institutions: UWE Bristol

Study abroad: No

Year abroad: No

Sandwich year: No

Credit recognition: No

School responsible for the programme: HAS Dept of Social Sciences, Faculty of Health & Applied Sciences

Professional, statutory or regulatory bodies: Not applicable

Modes of delivery: Full-time

Entry requirements:

For implementation from: 01 September 2018

Programme code: C84141-SEP-FT-FR-C84141

Section 2: Programme Overview, Aims and Learning Outcomes

Part A: Programme Overview, Aims and Learning Outcomes

Overview: This is a (minimum) three year part-time programme providing a doctoral level education and professional qualification. The Doctorate facilitates trainees in

developing the necessary competencies for the British Psychological Society (BPS) Stage 2 qualification in Health Psychology and trainees will develop appropriate expertise in Research, Psychological Interventions, Consultancy, Professional Skills and Teaching and Training. The programme is approved by the Health and Care Professions Council (HCPC), the statutory regulator for practitioner psychologists in the UK.

Features of the programme:

Educational Aims: To offer an advanced, flexible professional educational programme in health psychology.

To develop the understanding and application of current knowledge in health psychology to practice.

To promote the acquisition and application of a wide range of appropriate professional skills.

To support the on-going development of research expertise in health psychology.

To support the development of significant, independent and original contributions to knowledge in health psychology.

To support and promote the dissemination of the outcomes of research-based enquiry within the professional context of health psychology.

To engender an appreciation of the value of professional integrity and high standards in practice in Health Psychology, and of the importance of continuing professional development.

To prepare trainees for accreditation as Chartered Psychologists by providing training and supervising practice in the compulsory areas of competency specified in the regulations of the British Psychological Society's Board of Examiners

in Health Psychology and for registration as Practitioner Health Psychologists by the Health and Care Professions Council.

Programme Learning Outcomes:

On successful completion of this programme graduates will achieve the following learning outcomes.

Knowledge and Understanding

- A1. The design, executing and reporting of an Systematic review of research in an area of health psychology
- A2. The design, executing and reporting of a substantial empirical research project demonstrating an original contribution to knowledge.
- A3. The design, delivery and evaluation of appropriate teaching and training packages relating to the subject area of health psychology.
- A4. The skills necessary to successfully negotiate, undertake, evaluate and report consultancy work.
- A5. Relevant codes of professional practice and the ability to apply these to their own activities
- A6. The skills necessary to carry our psychological interventions

Intellectual Skills

- B1. Advanced critical thinking (in research and professional practice contexts) and critical analysis
- B2. Thinking creatively, in the context of research and other areas of professional practice.
- B3. The ability to apply appropriate theory, research knowledge and understanding to professional practice.
- B4. The ability to adapt thinking in the light of new evidence, situations and contexts
- B5. The ability to consider and apply appropriate ethical standards and codes of practice to professional activities
- B6. The skill of reflecting critically on current performance and applying self-reflection appropriately to subsequent performance.

Subject/Professional Practice Skills

- C1. The ability to conduct an Advanced Systematic review
- C2. The ability to conduct high quality research in health psychology
- C3. The ability to design deliver and evaluate effective teaching and training programmes
- C4. Competence in designing delivering and evaluating consultancy work in health psychology contexts
- C5. The ability to assess the needs for psychological intervention, formulate, deliver and assess its impact
- C6. An appreciation of the value of professional integrity and high standards of professional practice in health psychology
- C7. Competence in establishing maintaining and reviewing systems to promote high standards of professional practice
- C8. The ability to effectively disseminate relevant knowledge, research fundings, and reports of consultancy activity.

Transferable Skills and other attributes

- D1. Literature search strategies
- D2. The effective and appropriate presentation of data
- D3. The ability to produce structured written reports in formats suitable for a variety of audiences.
- D4. Communicate effectively in both written and oral modes with a range of audiences formally and informally through a variety of different techniques and media
- D5. The ability to design, deliver and evaluate teaching and training sessions
- D6. The ability to elicit and act upon feedback from others
- D7. Reflective skills in which strengths and weaknesses in performance are identified and acted upon
- D8. Competence in managing and regulating own performance in the work context

- D9. Enhanced skills in self directed learning
- D10. Engage effectively with the principles of research integrity and good governance
- D11. Understand the practice of ethical compliance in their own work

Assessment strategy: The Assessment strategy is in line with the QAA benchmark statements of the British Psychological Society and the Standards of Proficiency of the Health and Care Professions Council.

Trainees will be assessed on their competence in the following;

Systematic Review: Submission of a Systematic review of published work using Centre for Reviews and Dissemination Principles (6,000 words)

Teaching and Training: (i) One 3000 word (maximum) case study based on observed and supervised teaching sessions to be submitted together with the observer's report (of no more than 500 words);

Professional practice: (i) Logbook of professional practice maintained over two years full-time supervised practice. A reflexive report of 3000 words (maximum) summarizing personal and professional development as a health psychologist.

Consultancy: (i) A case study (maximum 3000 words, excluding appendices) which should include a full account of the consultancy activity. (ii) an account of the development, negotiation, review and evaluation of a consultancy contract (3000 words maximum)

Psychological Interventions: (i) a 3000 word (maximum) Case Study of a psychological intervention, face to face with an individual client to be submitted together with a report from the candidate's supervisor detailing observation of the candidate working in this way. Additionally, candidates should submit a reflective report on the delivery of this intervention (ii) a 2000 word (maximum) Case Study of a psychological intervention, implemented through a medium other than face to face with an individual client. Additionally, candidates should submit a reflective report on

the delivery of this intervention

Research: by meeting the criteria for doctoral level awards described at Academic regulations K3.2 by completing a relevant and original empirical study (min 20,000 words maximum 35,000 words) and a viva voce examination.

Student support:

Part B: Programme Structure

Year 1

The student must take 90 credits from the modules in Year 1.

Year 1 Compulsory Modules

The student must take 90 credits from the modules in Compulsory modules.

Module Code	Module Title	Credit
USPJKG-30-M	Professional Skills in Health Psychology 2 2018-19	30
USPJKH-30-M	Systematic Review 2018-19	30
USPJKJ-30-M	Teaching and Training in Health Psychology 2018-19	30

Year 2

The student must take 60 credits from the modules in Year 2.

Year 2 Compulsory Modules

The student must take 60 credits from the modules in Compulsory Modules .

Module Code	Module Title	Credit
USPJKF-30-M	Consultancy Skills in Health Psychology 2019-20	30

USPJKE-30-M	Psychological Interventions in Health Psychology 2019-20	30
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Part C: Higher Education Achievement Record (HEAR) Synopsis

This is a (minimum) three year part-time programme providing a doctoral level education and professional qualification. The Doctorate facilitates trainees in developing the necessary competencies for the British Psychological Society (BPS) Stage 2 qualification in Health Psychology and trainees will develop appropriate expertise in Research, Psychological Interventions, Consultancy, Professional Skills and Teaching and Training.

The programme is approved by the Health and Care Professions Council (HCPC), the statutory regulator for practitioner psychologists in the UK.

Part D: External Reference Points and Benchmarks

QAA Benchmarks for Psychology:

Candidates who hold a Stage 1 accredited Masters in Health Psychology will also hold a first degree in psychology which has been recognised as providing the Graduate Basis for Registration (GBR) for membership of the British Psychological Society.

GBC accredited programmes must conform with the QAA benchmarks for psychology.

BPS Division of Health Psychology Board of Examiners' Requirements:

Accredited Masters in Health Psychology comply with BPS Division of Health Psychology Board of Examiners' Requirements for Stage 1 Chartered Psychologist.

Accredited awards leading to Stage II must comply with the benchmarks for Stage II training

Health Care Professions Council Requirements for Registration as a Health Psychologist:

These are the specific statements of proficiency of the Health Care Professions Council that the programme must meet in order to be validated as providing the student with the skills necessary for Registration as a Practitioner Health Psychologist. There is similarity and overlap with the demands of the BPS.

<http://www.hcpc-uk.org/publications/standards/index.asp?id=198>

UWE Model for Professional Doctorates:

The Doctor of Health Psychology programme has been designed to comply with subject and professional training benchmarks and regulations. With these constraints, it is designed to comply with both the UWE, Faculty of Health and Applied Sciences, Professional Doctorate Framework Guidance and the UWE Academic Regulations Section K: Regulations for Research Degrees.

<http://www1.uwe.ac.uk/students/academicadvice/assessments/regulationsandprocedures>

The UWE 2020 Strategy:

The Doctor of Health Psychology programme team has been mindful of the strategic objectives articulated in the University's 2020 strategy in developing the programme aims and objectives:

The development of partnerships, connections and networks through professional workplace and research contacts

Open-minded and Advanced Systematic enquiry into practice and its effects;

A student-centred approach, that encourages students to take responsibility for aspects of their learning, and teachers to take responsibility for facilitating outstanding learning;

Enthusiasm for teaching supported by continual development of subject through an appropriate combination of research, professional practice, consultancy and engagement with the national Subject Centres;

Curriculum development and the critical appraisal of curriculum content and delivery as a central aspect of the teaching role;

The expansion of opportunity and removal of unnecessary barriers to learning;

The development of student skills for research with impact and inquiry as a major part of student learning;

The development of skills that will equip students as lifelong learners and enable them to be ready and able to fulfil their full potential

Employer interaction/ feedback:

In developing the Stage 2 qualification for Health Psychology, the British Psychological Society Board of Examiners consulted with a range of potential employers to establish those key skills and competencies necessary for employment as a health psychologist. The programme team has used the BPS's Stage 2 qualifications as a template for the D Health Psychology Programme and has incorporated specific additional requirements described by the Health and Care Professions Council.

Part E: Regulations