



Module Specification

Creating Healthy Food Systems

Version: 2023-24, v2.0, 17 Mar 2023

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Part 1: Information

Module title: Creating Healthy Food Systems

Module code: USSKHW-15-M

Level: Level 7

For implementation from: 2023-24

UWE credit rating: 15

ECTS credit rating: 7.5

Faculty: Faculty of Health & Applied Sciences

Department: HAS Dept of Applied Sciences

Partner institutions: None

Delivery locations: Frenchay Campus

Field: Applied Sciences

Module type: Module

Pre-requisites: None

Excluded combinations: None

Co-requisites: None

Continuing professional development: Yes

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: The aim of this module is to develop insight into food systems from the perspectives health and related fields of enquiry and action. Students will learn how to build and assess public health and education campaigns and programmes that promote beneficial and equitable health outcomes. This will be examined within the wider context of multiple agendas to address poverty, sustainability and net zero emission targets.

Features: Not applicable

Educational aims: This module will provide students with the ability to develop and critically assess public health and education approaches to generate healthy and sustainable food system outcomes.

Outline syllabus: Indicative content:

- Introduction to healthy food systems at different scales (local, national, international)

- Central concepts with regard to health and wellbeing in relation to sustainability, food, diet, and nutrition

- Critically evaluating contemporary issues in health, environmental and social aspects of food systems

- Theories of system and behavioural change with regard to health, sustainability, social action and food systems

- Social and environmental justice in the context of food system problems and solutions

- Critically assessing and developing actions, interventions and policies for healthy food systems

Part 3: Teaching and learning methods

Teaching and learning methods: Scheduled learning includes e.g. lectures, seminars, case study review, online activities, field trips, group discussion and tutorials. Lectures will be supported by Podcasts / Video and module support will be supplemented with an electronic discussion board.

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Critically evaluate and synthesise research evidence and theory in relation to healthy food systems

MO2 Critique and develop potential solutions, actions and interventions for the promotion of healthier food systems

MO3 Demonstrate the ability to critically appraise and formulate practical actions for the promotion of healthier food systems

MO4 Effectively communicate complex issues, problems and solutions to a diverse audience

Hours to be allocated: 150

Contact hours:

Independent study/self-guided study = 114 hours

Face-to-face learning = 36 hours

Total = 150

Reading list: The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://rl.talis.com/3/uwe/lists/372965B5-14BB-A1B7-9A2C-83DD0C2858CB.html?lang=en) via the following link <https://rl.talis.com/3/uwe/lists/372965B5-14BB-A1B7-9A2C-83DD0C2858CB.html?lang=en>

Part 4: Assessment

Assessment strategy: A 25-minute oral presentation with Q&A, accompanied with presentation material (slides and references) which will demonstrate students' ability to communicate effectively with different audiences and to present critically evaluated approaches to achieving a healthier food system.

Students will be provided with tutor and peer group support in the development of this assignment.

Assessment components:

Presentation (First Sit)

Description: Oral presentation with accompanying materials (25 minutes)

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

Presentation (Resit)

Description: Oral presentation with accompanying materials (25 minutes)

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

Part 5: Contributes towards

This module contributes towards the following programmes of study:

Sustainable Food Systems [Frenchay] MSc 2023-24