



## **Module Specification**

# **Collaborative Approaches to Effective Pain Management**

Version: 2023-24, v2.0, 17 Jul 2023

### **Contents**

<b>Module Specification .....</b>	<b>1</b>
<b>Part 1: Information .....</b>	<b>2</b>
<b>Part 2: Description .....</b>	<b>2</b>
<b>Part 3: Teaching and learning methods .....</b>	<b>3</b>
<b>Part 4: Assessment.....</b>	<b>4</b>
<b>Part 5: Contributes towards .....</b>	<b>5</b>

## Part 1: Information

**Module title:** Collaborative Approaches to Effective Pain Management

**Module code:** UZTY8A-15-M

**Level:** Level 7

**For implementation from:** 2023-24

**UWE credit rating:** 15

**ECTS credit rating:** 7.5

**Faculty:** Faculty of Health & Applied Sciences

**Department:** HAS School of Health and Social Wellbeing

**Partner institutions:** None

**Field:** Continuing Care Adult Nursing

**Module type:** Module

**Pre-requisites:** None

**Excluded combinations:** None

**Co-requisites:** None

**Continuing professional development:** No

**Professional, statutory or regulatory body requirements:** None

## Part 2: Description

**Overview:** In this module you will gain a broad overview of pain management.

**Features:** Not applicable

**Educational aims:** See Learning Outcomes.

**Outline syllabus:** You will cover:

Physiology and pharmacology of pain: pain pathways; perception and modulation;

development of chronicity; pharmacodynamics and pharmacokinetics; non pharmacological interventions.

Psychological aspects of pain responses: assessment methods; predicting outcomes; cognitive behavioural interventions.

Social and cultural impact of pain: influences that impact on individuals and others experience of pain; societal and economic consequences.

Prevention initiatives: explore and identify those at risk; potentially negative sequelae of pain; prevention strategies.

Pain management approaches: multi-dimensional assessment approaches, application and evaluation of a variety of approaches to managing pain.

Inter-professional working: collaborative partnerships: innovation and change in understanding, developing and promoting local, national and international standards for the management of pain.

Evaluating methods for treating pain: quality initiatives; auditing techniques; measuring outcomes; development of effective pain services.

Evaluation and research utilisation: the critical review of research, evaluation and audit findings to promote evidence-based pain management practice.

### **Part 3: Teaching and learning methods**

**Teaching and learning methods:** See Outline Syllabus and Assessment.

**Module Learning outcomes:** On successful completion of this module students will achieve the following learning outcomes.

**MO1** Demonstrate detailed knowledge and understanding of the evidence and principles that underpin effective pain management in adults

**MO2** Critically explore how pain needs can be assessed, and holistic and collaborative care be planned, delivered and evaluated across a range of settings

**MO3** Examine effective inter-professional communication and collaboration processes within pain management interventions

**MO4** Critically discuss the central role of the nurse in managing pain and enhancing quality of life by meeting client's physical, psychological, social and spiritual needs

**MO5** Justify the appropriate legal, ethical and cultural frameworks within which pain management is provided for adults

**Hours to be allocated:** 150

**Contact hours:**

Independent study/self-guided study = 114 hours

Face-to-face learning = 36 hours

Total = 150

**Reading list:** The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/index.html) via the following link <https://uwe.rl.talis.com/index.html>

## **Part 4: Assessment**

**Assessment strategy:** A reflective essay / case study analysing the effectiveness of pain management interventions to a client the student has cared for (2000 words).

**Assessment tasks:**

**Written Assignment** (First Sit)

Description: 2000 word assignment

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5

**Written Assignment (Resit)**

Description: 2000 word assignment

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5

**Part 5: Contributes towards**

This module contributes towards the following programmes of study: