



CORPORATE AND ACADEMIC SERVICES

MODULE SPECIFICATION

Part 1: Basic Data					
Module Title	Health and Well-being across the Lifespan				
Module Code	UZYSY6-15-2	Level	2	Version	1
UWE Credit Rating	15	ECTS Credit Rating	7.5	WBL module?	No
Owning Faculty	Health and Applied Sciences	Field	Allied Health Professions		
Department	Allied Health Professions	Module Type	Professional Practice		
Contributes towards	BSc (Hons) Physiotherapy				
Pre-requisites	UZYSY3-15-1 Foundations of Neuroscience for Physiotherapists UZYSXY-15-1 Foundations of Musculoskeletal Physiotherapy	Co-requisites	None		
Excluded Combinations	None	Module Entry requirements	N/A		
Valid From	September 2015	Valid to	September 2021		

CAP Approval Date	30 April 2015
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Part 2: Learning and Teaching	
Learning Outcomes	<p>On successful completion of this module students will be able to:</p> <p>Achieve an acceptable standard for all practice skills --see separate Practice Outcomes document) (Component A)</p> <p>1.Demonstrate a reasoned knowledge of bio psychosocial factors that contribute to staying healthy and health promotion across the age spectrum (Component B)</p>

	<p>2. Identify challenges to health that relate to specific client groups and show an understanding of how physiotherapists can promote health and physical activity in these client groups (Component B).</p> <p>3. Discuss strategies that can be utilised to promote self management (Component B).</p> <p>4. Discuss the process of and analyse the impact of ageing (Component B).</p> <p>5. Demonstrate an understanding of the need for and use of outcome measures and evidence based practice with specific client groups (Component B).</p>
<p>Syllabus Outline</p>	<p>Syllabus Outline: Health and wellbeing throughout life encompassing:</p> <p>Pregnancy and childbirth</p> <p>Paediatrics including: Normal and Atypical development 0-5 years Play therapy, Children Act, Children's rights, Cerebral palsy, Surgical intervention for children with cerebral palsy, Orthotics and paediatric equipment, Respiratory physiotherapy for children, Musculoskeletal physiotherapy for children</p> <p>Adolescent health</p> <p>Men's and Women's health including healthy lifestyles and the contribution of bio psychosocial factors to health</p> <p>Ageing: Normal ageing Psycho-social concepts of ageing Falls Dementia Care of the older person</p> <p>Health promotion challenges and strategies for specific client groups</p> <p>Practical Skills Planning and delivery of exercise prescription in specific groups and individuals e.g. falls, ante-natal and post-natal. Development of relaxation techniques used during pregnancy</p> <p>Government and Social Policy</p> <p>National agendas to promote health and wellbeing for specific client groups</p> <p>Safeguarding</p> <p>Practice Five weeks of Professional Practice in a variety of environments and health care settings. Setting of individual personal goals relevant to practice and student's individual learning need.</p> <p>The values of the NHS Constitution are implicit within this module.</p>

Contact Hours	42 hours, usually consisting of 2 hours of lectures and 4 hours of seminars/practicals per week																									
Teaching and Learning Methods	<ul style="list-style-type: none"> Lectures provide an introduction and summary of the topic area. Seminars include problem solving, case studies and discussions to support learning. Practical involve skills teaching and practice and workshops. Additionally, students are expected to engage in self study using the resources on blackboard. <p>Scheduled learning includes lectures, seminars, tutorials, practical classes and workshops and clinical practice</p> <p>Independent learning includes hours engaged with essential reading, exam and clinical practice preparation etc. These sessions constitute an average time per level as indicated in the table below.</p> <p>Scheduled and Independent learning will be supported through TEL strategies</p> <p>Practice Five weeks of Professional Practice in a variety of environments and health care settings. Placement is normally 187.5 hours. Setting of individual personal goals relevant to practice and student's individual learning need.</p>																									
Key Information Sets Information	<p>Key Information Sets (KIS) are produced at programme level for all programmes that this module contributes to, which a requirement is set by HESA/HEFCE. KIS are comparable sets of standardised information about undergraduate courses allowing prospective students to compare and contrast between programmes they are interested in applying for.</p> <p>This is a professional practice module. Clinical placement hours for a 5 week placement are normally 187.5; this is in accordance with recommendations by the Chartered Society of Physiotherapy that students complete a minimum of 1000 hours clinical placement.</p> <table border="1" data-bbox="400 1424 1313 1816"> <thead> <tr> <th colspan="5">Key Information Set - Module data</th> </tr> </thead> <tbody> <tr> <td colspan="5"><i>Number of credits for this module</i></td> </tr> <tr> <td></td> <td></td> <td></td> <td></td> <td style="border: 2px solid black; text-align: center;">15</td> </tr> <tr> <th>Hours to be allocated</th> <th>Scheduled learning and teaching study hours</th> <th>Independent study hours</th> <th>Placement study hours</th> <th>Allocated Hours</th> </tr> <tr> <td style="text-align: center;">150</td> <td style="text-align: center;">42</td> <td style="text-align: center;">108</td> <td style="text-align: center;">187.5</td> <td style="text-align: center; color: red;">337.5</td> </tr> </tbody> </table> <p>Please note that the placement hours may vary due to Bank Holidays.</p> <p>The table below indicates as a percentage the total assessment of the module which constitutes a -</p> <p>Written Exam: Unseen written exam, open book written exam, In-class test Coursework: Written assignment or essay, report, dissertation, portfolio,</p>	Key Information Set - Module data					<i>Number of credits for this module</i>									15	Hours to be allocated	Scheduled learning and teaching study hours	Independent study hours	Placement study hours	Allocated Hours	150	42	108	187.5	337.5
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project
Practical Exam: Oral Assessment and/or presentation, practical skills assessment, practical exam

Please note that this is the total of various types of assessment and will not necessarily reflect the component and module weightings in the Assessment section of this module description:

Total assessment of the module:			
Written exam assessment percentage		50%	
Coursework assessment percentage		0%	
Practice Placements		50%	
			100%

Reading Strategy

Core reading
Any core reading will be indicated clearly, along with the method for accessing it, e.g. students may be expected to purchase a set text, be given a study pack or be referred to texts that are available electronically, or in the Library. Module guides will also reflect the range of reading to be carried out.

Further reading
All students are encouraged to read widely using the library search, a variety of bibliographic and full text databases and Internet resources. Many resources can be accessed remotely. Guidance to some key authors and journal titles available through the Library will be given in the module handbook and updated annually. Assignment reference lists are expected to reflect the range of reading carried out.

Access and skills
Students are expected to be able to identify and retrieve appropriate reading. This module offers an opportunity to further develop information skills introduced at Level 1. Students will be given the opportunity to attend sessions on selection of appropriate databases and search skills. Additional support is available through the library web pages, including interactive tutorials on finding books and journals, evaluating information and referencing. Sign-up workshops are also offered by the Library.

Indicative Reading List

The following list is offered to provide validation panels/accrediting bodies with an indication of the type and level of information students may be expected to consult. As such, its currency may wane during the life span of the module specification. However, as indicated above, current advice on readings will be available via other more frequently updated mechanisms.

- Department of Health (2010a) *Our Health and Wellbeing Today*. London: Stationery Office. (Policy document 15150)
- Department of Health (2010b) *Healthy Lives, Healthy people: Our strategy for public health in England*. London: Stationery Office.
- Department of Health (2011) *Healthy Lives, Healthy people: Update and way forward*. London: Stationery Office. (Cm 8134)
- French, S. and Sim, J. (2005) *Physiotherapy: a psychosocial approach*. 3rd ed. Oxford: Elsevier Butterworth-Heinemann.
- Herbert, R., Jamtvedt, G., Mead, J. and Birger Hagen, K. (2011) *Practical Evidence-based Physiotherapy*. 2nd ed. [online] Oxford:

	<ul style="list-style-type: none"> • Elsevier Butterworth-Heinemann. [Accessed 14 November 2014]. • Naidoo, J. and Wills, J. (2010) <i>Foundations for Health Promotion</i>. 3rd ed. Oxford: Elsevier Balliere Tindall. • Reynolds, F. (2006) <i>Communication and Clinical Effectiveness in Rehabilitation</i>. Oxford: Elsevier Butterworth-Heinemann. • Scriven, A. (2010) <i>Promoting Health: A Practical Guide</i>. 6th ed. [online] Oxford: Elsevier Balliere Tindall. [Accessed 14 November 2014].
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Part 3: Assessment	
Assessment Strategy	<p>Strategy:</p> <p>Practice Placement will be assessed via Continuous Practice Assessment (CPA). The Practice Outcomes document will be used for the practice assessment. While placement is marked as Pass/Fail in level 2 students will be given a formative mark. This feedback will aid future development for Level 3 practice placements which will be graded.</p> <p>A written examination will enable testing of knowledge, understanding and clinical reasoning and its application to a range of clinical presentations. Marking guidelines will be developed per question</p> <p>Formative assessment opportunities exist via the use of online questions where students can test their knowledge and understanding of module content. Model answers are made available at a later date for students to self-assess their progress.</p>

Identify final assessment component and element	Component A	
% weighting between components A and B (Standard modules only)	A:	B:
First Sit		
Component A (controlled conditions) Description of each element	Element weighting	
1. Continuous Practice Assessment (CPA)	Pass/Fail	
Component B Description of each element	Element weighting	
1. 1.5 Hour written examination	100%	

Resit (further attendance at taught classes is not required)	
Component A (controlled conditions) Description of each element	Element weighting
1. Continuous Practice Assessment (CPA)	Pass/Fail
Component B	Element weighting

Description of each element	
1. 1.5 Hour written examination	100%
If a student is permitted a retake of the module under the University Regulations and Procedures, the assessment will be that indicated by the Module Description at the time that retake commences.	