



## MODULE SPECIFICATION

Part 1: Information			
Module Title	Health and Well-Being across the Lifespan		
Module Code	UZYSY6-15-2	Level	Level 5
For implementation from	2020-21		
UWE Credit Rating	15	ECTS Credit Rating	7.5
Faculty	Faculty of Health & Applied Sciences	Field	Allied Health Professions
Department	HAS Dept of Allied Health Professions		
Module type:	Standard		
Pre-requisites	None		
Excluded Combinations	None		
Co- requisites	None		
Module Entry requirements	None		

Part 2: Description
<p><b>Educational Aims:</b> The values of the NHS Constitution are implicit within this module.</p> <p>See Learning Outcomes.</p> <p><b>Outline Syllabus:</b> The syllabus includes:</p> <p>Health and wellbeing throughout life encompassing:</p> <p>Pregnancy and childbirth:</p> <p>Paediatrics including: Normal and Atypical development 0-5 years Play therapy, Children Act, Children's rights, Cerebral palsy, Surgical intervention for children with cerebral palsy, Orthotics and paediatric equipment, Respiratory physiotherapy for children, Musculoskeletal physiotherapy for children.</p> <p>Adolescent health</p> <p>Men's and Women's health including healthy lifestyles and the contribution of bio psychosocial factors to health.</p>

## STUDENT AND ACADEMIC SERVICES

Ageing:

Normal ageing  
 Psycho-social concepts of ageing  
 Falls  
 Dementia  
 Care of the older person

Health promotion challenges and strategies for specific client groups.

Practical Skills:

Planning and delivery of exercise prescription in specific groups and individuals e.g. falls, ante-natal and post-natal.  
 Development of relaxation techniques used during pregnancy.

Government and Social Policy:

National agendas to promote health and wellbeing for specific client groups.

Safeguarding

**Teaching and Learning Methods:** Lectures provide an introduction and summary of the topic area.

Seminars include problem solving, case studies and discussions to support learning. Practicals involve skills teaching and practice and workshops.

Additionally, students are expected to engage in self study using the resources on blackboard.

Scheduled learning includes lectures, seminars, tutorials, practical classes and workshops.

Independent learning includes hours engaged with essential reading, exam and clinical practice preparation. These sessions constitute an average time per level.

Scheduled and Independent learning will be supported through TEL strategies.

Contact Hours: 42 hours, usually consisting of 2 hours of lectures and 4 hours of seminars / practicals per week.

### Part 3: Assessment

Strategy:

An online written examination will enable testing of knowledge, understanding and clinical reasoning and its application to a range of clinical presentations. Marking guidelines will be developed per question.

Formative assessment opportunities exist via the use of online questions where students can test their knowledge and understanding of module content.

First Sit Components	Final Assessment	Element weighting	Description
Examination (Online) - Component A		100 %	Online examination (24 hours)

## STUDENT AND ACADEMIC SERVICES

Resit Components	Final Assessment	Element weighting	Description
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Part 4: Teaching and Learning Methods																	
Learning Outcomes	<p>On successful completion of this module students will achieve the following learning outcomes:</p> <table border="1"> <thead> <tr> <th>Module Learning Outcomes</th> <th>Reference</th> </tr> </thead> <tbody> <tr> <td>Demonstrate a reasoned knowledge of bio psychosocial factors that contribute to staying healthy and health promotion across the age spectrum</td> <td>MO1</td> </tr> <tr> <td>Identify challenges to health that relate to specific client groups and show an understanding of how physiotherapists can promote health and physical activity in these client groups</td> <td>MO2</td> </tr> <tr> <td>Discuss strategies that can be utilised to promote self management</td> <td>MO3</td> </tr> <tr> <td>Discuss the process of and analyse the impact of ageing</td> <td>MO4</td> </tr> <tr> <td>Demonstrate an understanding of the need for and use of outcome measures and evidence based practice with specific client groups</td> <td>MO5</td> </tr> </tbody> </table>	Module Learning Outcomes	Reference	Demonstrate a reasoned knowledge of bio psychosocial factors that contribute to staying healthy and health promotion across the age spectrum	MO1	Identify challenges to health that relate to specific client groups and show an understanding of how physiotherapists can promote health and physical activity in these client groups	MO2	Discuss strategies that can be utilised to promote self management	MO3	Discuss the process of and analyse the impact of ageing	MO4	Demonstrate an understanding of the need for and use of outcome measures and evidence based practice with specific client groups	MO5				
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Reading List	<p>The reading list for this module can be accessed via the following link:</p> <p><a href="https://uwe.rl.talis.com/modules/uzysy6-15-2.html">https://uwe.rl.talis.com/modules/uzysy6-15-2.html</a></p>																

Part 5: Contributes Towards
<p>This module contributes towards the following programmes of study:</p> <p>Physiotherapy [Sep][FT][Glenside][3yrs] BSc (Hons) 2019-20</p>