Module Specification

Care of the Adult with Diabetes

Version: 2026-27, v2.0, Approved

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Part 1: Information

Module title: Care of the Adult with Diabetes

Module code: UZTSVX-20-M

Level: Level 7

For implementation from: 2026-27

UWE credit rating: 20

ECTS credit rating: 10

College: College of Health, Science & Society

School: CHSS School of Health and Social Wellbeing

Partner institutions: None

Field: Continuing Care Adult Nursing

Module type: Module

Pre-requisites: None

Excluded combinations: Care of the Adult with Diabetes 2026-27

Co-requisites: None

Continuing professional development: Yes

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: The module is designed to build on theoretical knowledge and strengthen practical skills to enhance the management of people with diabetes in any setting. This will enable students to assess, plan and deliver effective care to individuals with diabetes.

Features: Module Entry Requirements:

To be eligible for the module, you must be employed in a diabetes-related care

environment and be a registered healthcare professional.

It is desirable/suggested that you have undertaken some prior diabetes study, such as a diabetes diploma or a foundation course in diabetes or have the equivalent knowledge/experience from professional practice.

To study the module at masters level, you must have previously studied to graduate level (i.e. level 6).

Educational aims: This module aims to develop registered practitioners so they can confidently and competently contribute to the care and management of individuals with diabetes by building evidence-based knowledge, understanding, and critical analysis.

Outline syllabus: The syllabus typically includes:

Physiology of diabetes
Pathophysiology of Type 1 and Type 2 diabetes and how this relates to the normal physiology of insulin production and mode of action
Initial diagnosis and investigations in diabetes
Typical progressive patterns of diabetes
Pharmacology

Management of diabetes:
Psychosocial considerations in diabetes management
Health promotion in diabetes and the role of lifestyle modification and behaviour change theories
Nutrition
Causes, prevention and treatment of acute emergencies
Principles of self-management
The importance of monitoring in preventing acute and chronic complications of diabetes
Retinopathy, Nephropathy, Neuropathy, Macro and Micro-vascular disease

Living with diabetes and maintaining optimal health:

The implications of ethnicity, gender and health beliefs
The principles of structured education in diabetes
Specific management of certain groups of patient i.e. inpatients, pregnant women, older adults and people with frailty

Professional issues:
Multi-disciplinary roles in diabetes care
National and local policies relevant to diabetes care and management (NSF, NICE)
Contemporary research and application to evidence-based care in diabetes management

Part 3: Teaching and learning methods

Teaching and learning methods: Scheduled learning includes live and narrated lectures, case study discussions and interactive elements as well as suggested self-directed learning with an expectation of reflection on practice and work-based learning alongside the taught sessions.

Independent learning includes hours engaged with essential reading, case study preparation, assignment preparation and completion.

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Demonstrate comprehensive knowledge and understanding of the pathophysiology and management of the different types of diabetes and the impact on individuals, families, and carers.

MO2 Critically evaluate current pharmacological and non-pharmacological diabetes management strategies in diverse and complex patient scenarios, drawing on evidence-based practice and policy.

MO3 Enhance multidisciplinary collaboration and professional development through in-depth self-reflection of own and others contributions to the effective care management of individuals with diabetes.

Hours to be allocated: 200

Contact hours:

Independent study/self-guided study = 152 hours

Face-to-face learning = 48 hours

Reading list: The reading list for this module can be accessed at readinglists.uwe.ac.uk via the following link https://uwe.rl.talis.com/modules/uztsvx-20-m.html

Part 4: Assessment

Assessment strategy: This module has one assessment task: an essay (2500 word maximum)

This essay explores a review of an individual with diabetes. This should include:
Biopsychosocial issues for the patient
Intervention strategies and priorities on the part of the healthcare professional
Clinical goals

A written essay facilitates students to evidence a thorough understanding of the pathophysiology of the disease process, the impact on the individual, as well as knowledge of accepted guidelines and their application to practice.

Students will have the opportunity to receive formative feedback through discussion of the assessment with the module team.

Assessment tasks:

Written Assignment (First Sit)
Description: Essay 2500 words (maximum)
Weighting: 100 %
Final assessment: Yes
Group work: No

Learning outcomes tested: MO1, MO2, MO3

Written Assignment (Resit)
Description: Essay 2500 words (maximum)
Weighting: 100 %
Final assessment: Yes
Group work: No
Learning outcomes tested: MO1, MO2, MO3

Part 5: Contributes towards

This module contributes towards the following programmes of study: