

# **CORPORATE AND ACADEMIC SERVICES**

# **MODULE SPECIFICATION**

Part 1: Basic Data						
Module Title	Managing Performance and Professional Reflection					
Module Code	UISV3Y-30-3		Level	3	Version	1
UWE Credit Rating	30	ECTS Credit Rating	15	WBL modu	ile? No	
Owning Faculty	Hartpury		Field	Sport Science		
Department	Sport		Module Type	Standard		
Contributes towards	BSc (Hons) Sport Performance					
Pre-requisites	None		Co- requisites	None		
Excluded Combinations	None		Module Entry requirements	None		
Valid From	01 September 2015		Valid to	01 September 2021		

CAP Approval Date	12 January	
	2015	

Part 2: Learning and Teaching				
Learning Outcomes	On successful completion of this module students will be able to:			
	Critically evaluate approaches to high performance leadership. (A, B)			
	Critically discuss the management and leadership of personnel, including sport science support, within high performing environments. (A, B)			
	Critically evaluate current research around leadership in high performing environments. (A, B)			
	Identify the possibility of new concepts within existing knowledge frameworks and approaches when managing specialist personnel within the performance environment. (A, B)			
	5. Analyse ethical and relationship issues surrounding the management and leadership of personnel and sports science support networks. (A, B)			
	6. Enhance their learning through positive professional reflection based on their experiences of performance environments in sport. (B)			
Syllabus Outline	The module aims to address the notion of high performance management and leadership, including the coordination of sport science support within high performing environments. Key themes throughout the module include:			
	<ul> <li>The psychology of leadership, growth and change</li> <li>Illustrations of high performance leadership from a cross-section of disciplines</li> <li>The characteristics of high performance environments</li> </ul>			

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	<ul> <li>Sport science support teams – building trust and the role of knowledge transfer.</li> <li>The organisation and facilitation of sport science support. Challenges and gains.</li> <li>Psycho-sociological impacts on the performance environment.</li> <li>Documenting and analysing your individual leadership story to construct</li> </ul>						
	Documenting and analysing your individual leadership story to construct personal practices for high performance leadership .						
Contact Hours	Indicative deliver	y modes:					
	<ul> <li>Lectures</li> </ul>	, guided learı	ning, seminars	etc.	66		
		cted study	_		6		
	·	dent Learning	)		228		
	TOTAL				300		
Teaching and Learning Methods	This module is small group world be introduced to	k. Additionally	y essential and	d recommend	ed reading ar		
	Scheduled lear	ning includes	lectures, sem	inars, tutorials	S.		
	Independent learning includes hours engaged with essential reading, case study preparation, assignment preparation and completion etc. These sessions constitute an average time per level as indicated in the table below. Scheduled sessions may vary slightly depending on the module choices you make.						
	Virtual learning environment (VLE) This specification is supported by a VLE where students will be able to find all necessary module information. Direct links to information sources will also be provided from within the VLE.						
Key Information Sets Information	Key Information Sets (KIS) are produced at programme level for all programmes that this module contributes to, which is a requirement set by HESA/HEFCE. KIS are comparable sets of standardised information about undergraduate courses allowing prospective students to compare and contrast between programmes they are interested in applying for.						
	Key Information Set - Module data						
	Number of credits for this module 30						
	Hours to be allocated	Scheduled learning and teaching study hours	Independent study hours	Placement study hours	Allocated Hours		
	300	72	228	0	300	<b>~</b>	
	The table below constitutes a -	indicates as	a percentage	the total asses	ssment of the	module wh	nich
	Written Exam: U Coursework: W Practical Exam practical exam	ritten assignr	ment or essay	, report, disser	tation, portfol	io, project	nt,
	Please note that necessarily refle of this module d	ct the compo					tion

rotal ass	essment of th	ie module:		
Written ex	am assessm	ent percent	age	0%
Coursework assessment percentage			75%	
Practical exam assessment percentage			25%	
				100%

# Reading Strategy

## **Essential Reading**

Any essential reading will be indicated clearly, along with the method for accessing it, e.g. students may be expected to purchase a set text, be given a study pack or be referred to texts that are available electronically, or in the Library. Module guides will also reflect the range of reading to be carried out.

# **Further Reading**

Further reading is advisable for this module, and students will be encouraged to explore at least one of the titles held in the library on this topic. A current list of such titles will be given in the module handbook and revised annually.

#### Access and Skills

Formal opportunities for students to develop their library and information skills are provided within the induction period and study skills sessions. Additional support is available through online resources. This includes interactive tutorials on finding books and journals, evaluation information and referencing. Sign up workshops are also offered.

## Indicative Reading List

The following list is offered to provide validation panels/accrediting bodies with an indication of the type and level of information students may be expected to consult. As such, its currency may wane during the life span of the module specification. However, as indicated above, CURRENT advice on readings will be available via other more frequently updated mechanisms, including the module guide.

## **Books**

Adair, J. (Current Edition) Leadership for Innovation: How to Organise Team Creativity and Harvest Ideas. London: Kogan Page.

Goleman, D. (Current Edition) The New Leaders. London: The Little Brown Book.

Jones, R., Armour, K. and Potrac, P. (Current Edition) Sports Coaching Cultures. London: Routledge.

Prentice, E. and Bliszczyk, R. (Current Edition) Sports Leadership. Australia: Tilde Publications, Tilde University Press.

### Journals

Journal of Sports Sciences.

British Journal of Sports Medicine.

Journal of Applied Sport Psychology.

European Journal of Sport Science.

The Sport Psychologist.

### Websites

Sports Coach UK www.sportscoachuk.org

Sport England www.sportengland.org

Lane 4 www.lane4performance.com

## Part 3: Assessment

## Assessment Strategy

The assessment strategy specifically aims to:

- Ascertain students' leadership strengths, weaknesses and continuing developmental needs to develop a leadership portrait
- Develop students' ability to assimilate principles of reflective practice to personal practice.
- Challenge critical and analytical skills to improve/review further practice.
- Enable students to assess key literature and empirical research relating to high performance management and leadership.
- Promote students' individual growth and independent lifelong learning skills

Component A: Students will complete an individual oral presentation focused on identifying and critically evaluating the key leadership qualities that promote high performance in a sports environment they have experienced or been exposed to.

Component B: Students will be asked to construct their own personal leadership development portrait which demonstrates (a) what is believed to be current standout leadership strengths (character and performance) and (b) identifies a leadership development pathway. This should be discussed in line with what has been covered in class and in contemporary literature on management and leadership of high performance sporting environments and the coordination of personnel and sports science support networks.

The assessment in this module aims to bring together the learning from across the programme of study.

In line with the College's commitment to facilitating equal opportunities, a student may apply for alternative means of assessment if appropriate. Each application will be considered on an individual basis taking into account learning and assessment needs. For further information regarding this please refer to the VLE.

Identify final assessment component and element	Individual Oral Presentation		
		A:	B:
% weighting between components A and B (Standard modules only)			75%
First Sit			
Component A (controlled conditions)  Description of each element		Element v	
Individual Oral Presentation (15 minutes)		100%	
Component B Description of each element		Element v	
Written Assignment (3000 words)		100	0%

Resit (further attendance at taught classes is not required)		
Component A (controlled conditions)	Element weighting	
Description of each element	(as % of component)	

Individual Oral Presentation (15 minutes)	100%	
Component B Description of each element	Element weighting (as % of component)	
Written Assignment (3000 words)	100%	

If a student is permitted a retake of the module under the University Regulations and Procedures, the assessment will be that indicated by the Module Description at the time that retake commences.

Valid From: 210115