Module Specification

Music Therapy Theory and Practice in Adult Settings

Version: 2025-26, v3.0, Approved

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Part 1: Information

Module title: Music Therapy Theory and Practice in Adult Settings

Module code: UZVK7H-15-M

Level: Level 7

For implementation from: 2025-26

UWE credit rating: 15

ECTS credit rating: 7.5

College: College of Health, Science & Society

School: CHSS School of Health and Social Wellbeing

Partner institutions: None

Field: Health, Community and Policy Studies

Module type: Module

Pre-requisites: None

Excluded combinations: None

Co-requisites: None

Continuing professional development: No

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: This module is part of the Music Therapy MA Programme and has been aligned to the HCPC Standards of Proficiency for Music Therapists. This theory module will enhance and consolidate music therapy practice via the use of lectures on theory and practice, including case study presentations and group discussions. The aim is to ensure music therapy students can work towards meeting programme learning outcomes. Students will evaluate and synthesise the evidence base to

demonstrate critical awareness of current thinking about music therapy with a range of populations.

Features: Not applicable

Educational aims: This module aims to prepare students, through lectures and group discussions, to integrate theory with clinical practice.

Outline syllabus: The syllabus will typically include;

Psychotherapeutic approaches, including psychodynamic and music-centred theory, with a continuing emphasis on a relational approach
Trauma, loss and identity
Disability (including the social model)
Mental health
Equality, diversity, inclusion and belonging, as they relate to music therapy
Theories of group dynamics and group process in therapy
Neurological aspects of music and music therapy

Within these topics, there will be reference to specific clinical practice through study of case material.

Part 3: Teaching and learning methods

Teaching and learning methods: Scheduled learning
A variety of approaches will be used including lectures, seminars, case presentations and small group discussions. All practical work in small groups will be experiential in nature and will encourage exploration of links to theory.

Independent learning
Students will engage with directed reading and materials available via the library in advance of seminars and lectures.

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Demonstrate a critical understanding of theories of human development and how they relate to music therapy.

MO2 Apply therapeutic concepts, approaches and models and understand their application to individual and group music therapy across cultures and in a variety of settings.

MO3 Critically and reflexively consider current music therapy practice and its value in health and society.

Hours to be allocated: 150

Contact hours:

Independent study/self-guided study = 114 hours

Face-to-face learning = 36 hours

Reading list: The reading list for this module can be accessed at readinglists.uwe.ac.uk via the following link https://uwe.rl.talis.com/modules/uspk7h-15-m.html

Part 4: Assessment

Assessment strategy: This module has one assessment task: a viva presentation (maximum 35 minutes).

This assessment involves a presentation on a case study including video or audio extracts (20 minutes maximum) followed by a discussion (15 minutes maximum).

Formative feedback is built into the module through lectures and tutorials into which clinical discussions are incorporated. Aspects of theory are also explored in clinical discussions in supervision and clinical seminar (a programmatic by design approach). For the presentation, formative feedback is available at the preparation stage through discussions with clinical seminar leader, clinical supervisor and academic personal tutor.

Assessment tasks:

Presentation (First Sit)
Description: Viva presentation integrating theory with student's own practice on a particular aspect of music therapy work with adults (35 minutes)
Weighting: 100 %
Final assessment: Yes
Group work: No
Learning outcomes tested: MO1, MO2, MO3

Presentation (Resit)
Description: Viva presentation integrating theory with student's own practice on a particular aspect of music therapy work with adults (35 minutes)
Weighting: 100 %
Final assessment: Yes
Group work: No
Learning outcomes tested: MO1, MO2, MO3

Part 5: Contributes towards

This module contributes towards the following programmes of study:

Music Therapy [Glenside] MA 2024-25