

# **Module Specification**

# Music Therapy Theory and Child Development

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### **Part 1: Information**

Module title: Music Therapy Theory and Child Development

Module code: UZVK7G-30-M

Level: Level 7

For implementation from: 2023-24

**UWE credit rating: 30** 

ECTS credit rating: 15

Faculty: Faculty of Health & Applied Sciences

**Department:** HAS School of Health and Social Wellbeing

Partner institutions: None

Field: Health, Community and Policy Studies

Module type: Module

Pre-requisites: None

Excluded combinations: None

Co-requisites: None

Continuing professional development: No

Professional, statutory or regulatory body requirements: None

## **Part 2: Description**

Overview: Not applicable

Features: Not applicable

Educational aims: See Learning Outcomes.

Outline syllabus: Online lectures on developmental psychology from module

USPJLX-30-2 Developmental and Cognitive Psychology covering:

Problem solving and reasoning

Theory of mind

Language development

Attachment theory

Sexuality

Adolescence

Debates in developmental psychology

The child/young person with learning disabilities/communication difficulties

Concept of life-span development

The roles played by parents, the family and other carers

Holistic view of a child's complex and multi-faceted needs

Developmental psychology of music:

Early physiological responses to sound and music

Music and emotion

Musical development from pre-birth to early childhood using bio-psycho-social perspectives

Issues of context, sub-culture and culture in relation to a young persons use and range of music

Introduction to therapy:

The historical and philosophical development of music therapy including influences from other therapies

The position of music therapy in relation to other creative therapies and current therapeutic practice

Key concepts in the field of child psychotherapy and child psychoanalysis for example boundary issues, the therapeutic frame, safety, trust, development of self

The student's musical biography:

Student's musical autobiography incorporating written texts and audio Reflection on the student's musicality and music making in relation to music therapy.

**Professional Skills:** 

Communication skills

Group processes

Role of the independent learner Information retrieval skills

Research and evaluation:

Research approaches in music therapy

An overview of critiquing frameworks for evidence based practice

Introduction to the range of methodologies and methods for evaluating contemporary

health and social care practice

# Part 3: Teaching and learning methods

Teaching and learning methods: The module involves a blended learning approach, incorporating online psychology lectures on developmental psychology and research which will be developed by seminars with the music therapy programme team linking music therapy practice to this theory. In addition there will be 18 hours of workshops where students can engage in role play and experiential learning to apply some of the theoretical understanding into practice and 18 hours of lectures and seminars to cover the topics outlined above relating to psychology of music, introduction to therapeutic principles and research.

The remainder of the learning will be self-directed engaging with the online materials and in essential and further reading.

The online lectures will involve 12 hours (12 x 1 hr lectures) and the seminars and music therapy lectures will involve a further 36 hours of teaching. Students will also receive tutorials for their writing and viva preparation bringing the total of contact hours to 50 per student.

**Module Learning outcomes:** On successful completion of this module students will achieve the following learning outcomes.

**MO1** Critically evaluate modern theories of development (constructivist, social constructivist, information processing and transactional accounts) and research on cognitive and social development

**MO2** Demonstrate an understanding of a developmental perspective on cognitive processes

**MO3** Demonstrate a critical understanding of concepts and theories in developmental psychology and how these relate to music therapy

**MO4** Demonstrate a critical understanding of relevant research that underpins effective and evidence based music therapy practice with children and adolescents

**MO5** Synthesise information in a reflective way and analyse and reflect on complex, incomplete or contradictory areas of knowledge related to music therapy with children and young adults

**MO6** Critically explore bio-psycho-social approaches to working with children/young persons with learning disabilities/communication difficulties

MO7 Discuss the complex and unpredictable nature of music therapy

**MO8** Demonstrate skills of professionally appropriate and/or academic communication including competent use of audio-visual materials

Hours to be allocated: 300

#### **J.** 500

### **Contact hours:**

Independent study/self-guided study = 250 hours

Face-to-face learning = 50 hours

Total = 300

**Reading list:** The reading list for this module can be accessed at readinglists.uwe.ac.uk via the following link <a href="https://uwe.rl.talis.com/modules/uspk7g-30-m.html">https://uwe.rl.talis.com/modules/uspk7g-30-m.html</a>

### Part 4: Assessment

**Assessment strategy:** The 30 minute viva presentation allows the students to engage with the theories and research presented during the module and demonstrate how they can link them to practice. It also allows them to practise skills

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of presentation using audio-visual technology, and description of their own work

meeting many of the learning outcomes. The musical autobiography presentation

earlier in the year, as mentioned above, provides a useful opportunity for formative

feedback about use of audio-visual materials and also about skills of self-reflection.

A 3000 word essay assignment allows the student sufficient scope to demonstrate

their understanding and critical engagement with the concepts from developmental

psychology and link them effectively to music therapy practice. The word limit was

chosen to allow adequate space to incorporate examples from practice and

observation.

**Assessment tasks:** 

**Presentation** (First Sit)

Description: A presentation relating to the elements of sound and music as observed

in music therapy (30 minutes)

Weighting: 50 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO7, MO8

Written Assignment (First Sit)

Description: Essay of 3000 words

Weighting: 50 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6, MO7

**Presentation** (Resit)

Description: A presentation relating to the elements of sound and music as observed

in music therapy (30 minutes)

Weighting: 50 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6, MO7, MO8

## Written Assignment (Resit)

Description: Essay of 3000 words

Weighting: 50 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6, MO7, MO8

### Part 5: Contributes towards

This module contributes towards the following programmes of study:

Therapeutic Music Studies [Glenside] MA 2023-24

Music Therapy [Glenside] MA 2023-24