



Module Specification

Personal and Professional Development 3

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Part 1: Information

Module title: Personal and Professional Development 3

Module code: USPK6J-30-M

Level: Level 7

For implementation from: 2023-24

UWE credit rating: 30

ECTS credit rating: 15

Faculty: Faculty of Health & Applied Sciences

Department: HAS Dept of Social Sciences

Partner institutions: None

Field: Psychology

Module type: Module

Pre-requisites: None

Excluded combinations: None

Co-requisites: None

Continuing professional development: No

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: This module is the final practice module of the course. Therefore the portfolio will assess that the student has achieved all of the practice outcomes required by the course.

Features: Not applicable

Educational aims: See Learning Outcomes.

Outline syllabus: The module is late in the programme, by which time students will have studied and practiced from two theoretical perspectives, the psychodynamic and cognitive behavioural. This module therefore seeks to inform students about different ways of thinking about integration of different therapeutic perspectives, and requires them to demonstrate that they can critically consider their own therapeutic work from this angle.

Part 3: Teaching and learning methods

Teaching and learning methods: Students will receive 54 hours of contact which will be in the form of online lectures, interactive workshops, seminars and case discussion groups.

A series of interactive workshops and seminars will cover topics around integration in counselling psychology. Different ways of thinking about integration will be covered, including assimilative, client centred and theoretical. A number of relevant theoretical developments will be included, in particular Schema Therapy and Cognitive Analytic Therapy.

The module will make use of technology enhanced learning in that integrative cases will be used from the PsychTHERAPY and related resources, and the portfolio will be presented within an e-portfolio such as the Pebblepad environment.

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Critically discuss a range of approaches to working in an integrative way in counselling psychology.

MO2 Critically evaluate the evidence and support for particular integrative approaches.

MO3 Critically discuss and evaluate their own clinical work from an integrative perspective.

MO4 Present their work in supervision from an integrative stance.

MO5 Demonstrate that they have completed 450 hours of clinical work, at a supervision ratio of 1 hour of supervision to 8 hours of client work.

MO6 Demonstrate that they have achieved 60 hours of personal therapy.

MO7 Present and critically reflect on a significant piece of continuing professional development they have undertaken.

MO8 Critically reflect on a presentation they have given of their work.

Hours to be allocated: 300

Contact hours:

Independent study/self-guided study = 246 hours

Face-to-face learning = 54 hours

Total = 300

Reading list: The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/modules/uspk6j-30-m.html) via the following link <https://uwe.rl.talis.com/modules/uspk6j-30-m.html>

Part 4: Assessment

Assessment strategy: Students will submit a portfolio of their clinical work, supervision and personal therapy. This will include two personal reflections. Because this is the key final practice module, students will need to evidence that they have completed all practice requirements in full, i.e. 450 hours of client work across a range of modalities supervised at a ratio of 8:1, and 60 hours of personal therapy.

To assess the ability to think about clinical work from an integrative perspective, they will be asked to write a case study on a completed piece of therapeutic work. The case study will consist of two parts: one on developing a Counselling Psychologist Identity and Philosophy (2000 words) and a second illustrating Application of Philosophy (2000 words). Overall word count of assessment: 4000 words

Assessment tasks:

Portfolio (First Sit)

Description: A portfolio comprising clinical and supervision logbooks (showing 450 hours of client work, 57 hours of supervision), record of personal therapy (showing 60 hours in total), and reflections on a conference paper and completed CPD activity.

Pass/Fail

Weighting:

Final assessment: Yes

Group work: No

Learning outcomes tested: MO5, MO6, MO7, MO8

Case Study (First Sit)

Description: Case study (2 x 2000 words)

Weighting: 100 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

Portfolio (Resit)

Description: A portfolio comprising clinical and supervision logbooks (showing 450 hours of client work, 57 hours of supervision), record of personal therapy (showing 60 hours in total), and reflections on a conference paper and completed CPD activity.

Pass/Fail

Weighting:

Final assessment: Yes

Group work: No

Learning outcomes tested: MO5, MO6, MO7, MO8

Case Study (Resit)

Description: Case study (2 x 2000 words)

Weighting: 100 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

Part 5: Contributes towards

This module contributes towards the following programmes of study: