



MODULE SPECIFICATION

Part 1: Information			
Module Title	Personal and Professional Development 3		
Module Code	USPK6J-30-M	Level	Level 7
For implementation from	2020-21		
UWE Credit Rating	30	ECTS Credit Rating	15
Faculty	Faculty of Health & Applied Sciences	Field	Psychology
Department	HAS Dept of Health & Social Sciences		
Module type:	Professional Practice		
Pre-requisites	None		
Excluded Combinations	None		
Co- requisites	None		
Module Entry requirements	None		

Part 2: Description
<p>Overview: This module is the final practice module of the course. Therefore the portfolio will assess that the student has achieved all of the practice outcomes required by the course.</p> <p>Educational Aims: See Learning Outcomes.</p> <p>Outline Syllabus: The module is late in the programme, by which time students will have studied and practiced from two theoretical perspectives, the psychodynamic and cognitive behavioural. This module therefore seeks to inform students about different ways of thinking about integration of different therapeutic perspectives, and requires them to demonstrate that they can critically consider their own therapeutic work from this angle.</p> <p>Teaching and Learning Methods: Students will receive 54 hours of contact which will be in the form of online lectures, interactive workshops, seminars and case discussion groups.</p> <p>A series of interactive workshops and seminars will cover topics around integration in counselling psychology. Different ways of thinking about integration will be covered, including assimilative, client centred and theoretical. A number of relevant theoretical developments will be included, in particular Schema Therapy and Cognitive Analytic Therapy.</p> <p>The module will make use of technology enhanced learning in that integrative cases will be used</p>

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from the PsychTHERAPY and related resources, and the portfolio will be presented within an e-portfolio such as the Pebblepad environment.

Part 3: Assessment

Students will submit a portfolio of their clinical work, supervision and personal therapy. This will include two personal reflections. Because this is the key final practice module, students will need to evidence that they have completed all practice requirements in full, i.e. 450 hours of client work across a range of modalities supervised at a ratio of 8:1, and 60 hours of personal therapy.

To assess the ability to think about clinical work from an integrative perspective, they will be asked to write a case study on a completed piece of therapeutic work. The case study will consist of two elements: one on developing a Counselling Psychologist Identity and Philosophy (2000 words) and a second illustrating Application of Philosophy (2000 words). Overall word count of assessment: 4000 words

First Sit Components	Final Assessment	Element weighting	Description
Portfolio - Component A	✓	0 %	A portfolio comprising clinical and supervision logbooks (showing 450 hours of client work, 57 hours of supervision), record of personal therapy (showing 60 hours in total), and reflections on a conference paper and completed CPD activity. Pass/Fail
Case Study - Component B		100 %	Case study (2 x 2000 words)
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Part 4: Teaching and Learning Methods																			
Learning Outcomes	<p>On successful completion of this module students will achieve the following learning outcomes:</p> <table border="1"> <thead> <tr> <th style="text-align: left;">Module Learning Outcomes</th> <th style="text-align: left;">Reference</th> </tr> </thead> <tbody> <tr> <td>Critically discuss a range of approaches to working in an integrative way in counselling psychology.</td> <td>MO1</td> </tr> <tr> <td>Critically evaluate the evidence and support for particular integrative approaches.</td> <td>MO2</td> </tr> <tr> <td>Critically discuss and evaluate their own clinical work from an integrative perspective.</td> <td>MO3</td> </tr> <tr> <td>Present their work in supervision from an integrative stance.</td> <td>MO4</td> </tr> <tr> <td>Demonstrate that they have completed 450 hours of clinical work, at a supervision ratio of 1 hour of supervision to 8 hours of client work.</td> <td>MO5</td> </tr> <tr> <td>Demonstrate that they have achieved 60 hours of personal therapy.</td> <td>MO6</td> </tr> <tr> <td>Present and critically reflect on a significant piece of continuing professional development they have undertaken.</td> <td>MO7</td> </tr> <tr> <td>Critically reflect on a presentation they have given of their work.</td> <td>MO8</td> </tr> </tbody> </table>	Module Learning Outcomes	Reference	Critically discuss a range of approaches to working in an integrative way in counselling psychology.	MO1	Critically evaluate the evidence and support for particular integrative approaches.	MO2	Critically discuss and evaluate their own clinical work from an integrative perspective.	MO3	Present their work in supervision from an integrative stance.	MO4	Demonstrate that they have completed 450 hours of clinical work, at a supervision ratio of 1 hour of supervision to 8 hours of client work.	MO5	Demonstrate that they have achieved 60 hours of personal therapy.	MO6	Present and critically reflect on a significant piece of continuing professional development they have undertaken.	MO7	Critically reflect on a presentation they have given of their work.	MO8
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Reading List	<p><i>The reading list for this module can be accessed via the following link:</i></p> <p>https://uwe.rl.talis.com/modules/uspk6j-30-m.html</p>																		

Part 5: Contributes Towards
<p>This module contributes towards the following programmes of study:</p> <p>Counselling Psychology [Sep][FT][Frenchay][3yrs] DCounsPsych 2018-19</p>