



Module Specification

Contemporary Issues in Sport Psychology

Version: 2023-24, v2.0, 23 Jun 2023

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Part 1: Information

Module title: Contemporary Issues in Sport Psychology

Module code: USPJTG-30-M

Level: Level 7

For implementation from: 2023-24

UWE credit rating: 30

ECTS credit rating: 15

Faculty: Faculty of Health & Applied Sciences

Department: HAS Dept of Social Sciences

Partner institutions: None

Field: Psychology

Module type: Module

Pre-requisites: None

Excluded combinations: None

Co-requisites: None

Continuing professional development: No

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: Not applicable

Features: Not applicable

Educational aims: See learning outcomes.

Outline syllabus: The module is designed to enable students to develop a broader understanding of contemporary issues in sport psychology. Specifically, these incorporate social, developmental and clinical psychological components affecting

athletes across the lifespan, and across all levels of sport competition.

This 30 credit module will be delivered across semesters using a variety of methods including face-to-face intensive teaching and online sessions.

Indicative teaching content includes group dynamics, leadership and cross-cultural issues in sport psychology (social); sport competition over the lifespan to incorporate children, adolescent, adult and master's athletes and long-term athlete development (developmental); and depression, eating disorders, addiction and burnout in athletes (clinical).

The module will be assessed twice during the course of the module. Firstly, by means of an online 20 minute presentation of a contemporary social and/ developmental/or clinical issue in a sport context (50% of overall module mark). Secondly, students' learning will be assessed by means of a 3,000 word essay to explore a clinical issue in a sporting context using appropriate theory and research.

Part 3: Teaching and learning methods

Teaching and learning methods: Teaching and learning methods:

There will be an introductory session that will outline the module to students, content and processes related to this module. During this session students will be provided with material on reflective learning and guidelines for the completion of the assessments. Relevant material will be made available on line via Blackboard.

Following the "introduction to the module day" this module will be delivered through a virtual learning environment (VLE), Blackboard (BB). The VLE components of the module will consist of activities presented on a number weeks, consisting of core and optional activities. These activities will be supported and elaborated on via asynchronous discussions, problem solving activities and formative weekly tasks.

Scheduled learning includes lectures, seminars, tutorials, project supervision, demonstration, and workshops.

Independent learning includes hours engaged with essential reading, case study preparation, assignment preparation and completion etc.

TEL (Technology advanced learning) Strategy: this module is delivered via a flexible delivery approach using TEL and active learning pedagogies to make a flexible, challenging and enjoyable module for students. In between this face to face content for this module (2 teaching blocks) TEL is used to delivery teaching and learning activities on a weekly basis, i.e. taking the form of recorded lectures, podcasts, guided reading, discussion forums, wikki and blog development and completion of reflective logs. Prior to the face to face teaching blogs student engage in learning prior to the blocks, further activie learning and consolidation takes place in the face to face teaching blocks and afterwards learning is further guided via activities online.

As this module is delivered via a flexible learning approach contact time will be split between face to face contact time and contact time via discussion forums, online seminars/classrooms and other VLE resources. The allocation of contact time will be as follows:

3 face to face teaching days

14 online teaching sessions with virtual contact and independent learning on average of 6hrs per session with module staff and 100 hours allocated to assessment preparation, placement logs and submission.

Independent learning associated with online teaching sessions will include recorded lectures, guided reading, blogs, paper critiques, podcasts, discussion group work, intervention design, wikki's, virtual presentations.

2x1 Hour Virtual or face-to-face supervision sessions will be offered by the MSc teaching team.

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Demonstrate the ability to apply theory of sport psychology in a critically analytical manner

MO2 Demonstrate increasing levels of insight into the psychological processes that underpin sport performance

MO3 Critically apply appropriate theoretical perspectives and research to social, developmental and clinical psychological issues in sport

MO4 Demonstrate an awareness of the importance of interpersonal relationships and personality in sport contexts

MO5 Evaluate the importance of leadership in sport and critically evaluate approaches to leadership in sport teams

Hours to be allocated: 300

Contact hours:

Independent study/self-guided study = 228 hours

Face-to-face learning = 72 hours

Total = 300

Reading list: The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/modules/uspjtg-30-m.html) via the following link <https://uwe.rl.talis.com/modules/uspjtg-30-m.html>

Part 4: Assessment

Assessment strategy: Summative assessments

The module has two pieces of summative assessment, one online presentation and one clinical essay.

Assessment task A: A 20-minute online presentation with accompanying audio notes/screen capture. Appropriate theoretical perspectives and research are critically applied to a selected social /developmental or clinical psychological issue in sport.

Assessment task B: A 3000 word essay focusing on an exploration of clinical and

subclinical issues in a sporting context.

The essay is designed to provide students with the opportunity to do the following:-

Select a clinical/subclinical issue of their choice.

Explore the definitions, diagnostic criteria & treatment options in relation to the chosen topic.

Explore the chosen topic in relation to the sport and/or exercise context.

Utilise the knowledge gained to date to construct an in-depth, critical exploration of the chosen topic.

Explore and offer some evaluation of the relative merits of different interventions in relation to clinical/sub clinical issues.

Consider the ethical issues pertinent to these situations

Assessment task A: The presentation element is designed to provide students with the opportunity to demonstrate a range of skills:

The ability to make salient connections between current psychological perspectives, social and developmental issues, and the sporting experience.

The ability to translate their knowledge into a form that is understandable, scientifically grounded, and engaging to the audience.

NB. This is a controlled conditions element.

Assessment task B: The clinical essay is central to the assessment of the students' abilities in transferring theoretical knowledge to the applied context.

Formative assessments

Throughout the module students will engage in online discussion (focused on the social processes element of the module) with feedback from the module team, also students will provide feedback on each other's work and send to the module leader at least once a month critiques of papers, articles etc for formative comment.

Assessment tasks:**Presentation (First Sit)**

Description: A 20-minute presentation

Weighting: 50 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO3, MO4, MO5

Written Assignment (First Sit)

Description: A 3,000 word clinical essay

Weighting: 50 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2

Presentation (Resit)

Description: A 20-minute presentation

Weighting: 50 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO3, MO4, MO5

Written Assignment (Resit)

Description: A 3,000 word clinical essay

Weighting: 50 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2

Part 5: Contributes towards

This module contributes towards the following programmes of study:

Sport and Exercise Psychology [Frenchay] MSc 2023-24

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