



Module Specification

Person Centred Counselling Skills

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Part 1: Information

Module title: Person Centred Counselling Skills

Module code: USPJKN-30-1

Level: Level 4

For implementation from: 2023-24

UWE credit rating: 30

ECTS credit rating: 15

Faculty: Faculty of Health & Applied Sciences

Department: HAS Dept of Social Sciences

Partner institutions: None

Field: Psychology

Module type: Module

Pre-requisites: None

Excluded combinations: None

Co-requisites: Gestalt Counselling Skills 2023-24, Psychodynamic Counselling Skills 2023-24

Continuing professional development: No

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: Co-requisites: Students must take either USPJKM-30-1 Gestalt Counselling Skills OR USPJKJ9-30-1 Psychodynamic Counselling Skills

Features: Module entry requirements: Enrolment On Certificate In Counselling Skills

Educational aims: See Learning Outcomes.

Outline syllabus: The syllabus includes:

Person centred theory

Core conditions : empathy, unconditional positive regard, congruence

Ethical issues including boundaries and endings

Generic counselling skills

Part 3: Teaching and learning methods

Teaching and learning methods: Scheduled learning includes lectures, seminars, tutorials, demonstration, and counselling skills practice.

Independent learning: Expectation of learning through independent reading and peer support.

Placement learning: students must be in a paid work or voluntary setting where they have an opportunity to practise counselling skills.

Contact Hours:

46 hours teaching plus weekly peer support meetings with another student.

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Understand the main theoretical and practical features of person centred counselling

MO2 Demonstrate the safe and competent use of counselling skills

MO3 Demonstrate awareness of ethical issues such as boundaries and fitness to practice

MO4 Understand generic counselling skills such as questioning and challenging

Hours to be allocated: 300

Contact hours:

Independent study/self-guided study = 246 hours

Face-to-face learning = 54 hours

Total = 300

Reading list: The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/modules/uspjkn-30-1.html) via the following link <https://uwe.rl.talis.com/modules/uspjkn-30-1.html>

Part 4: Assessment

Assessment strategy: See Assessment.

Assessment tasks:

Written Assignment (First Sit)

Description: Person centred essay 2000 words

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

Portfolio (First Sit)

Description: Portfolio of :

- a) Record of peer support meetings
- b) Evidence of paid or voluntary work, including opportunities for skills practice
- c) Counselling skills feedback record
- d) 1000 word ethical reflection

-pass/fail

Weighting:

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

Written Assignment (Resit)

Description: Person centred essay 2000 words

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

Portfolio (Resit)

Description: Portfolio of :

- a) Record of peer support meetings
- b) Evidence of paid or voluntary work, including opportunities for skills practice
- c) Counselling skills feedback record
- d) 1000 word ethical reflection

-pass/fail

Weighting:

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

Part 5: Contributes towards

This module contributes towards the following programmes of study: