



**CORPORATE AND ACADEMIC SERVICES**

**MODULE SPECIFICATION**

Part 1: Basic Data					
Module title	Person Centred Counselling Skills				
Module code	USPJKN-30-1	Level	1	Version	1
Owning faculty	HLS	Field	Psychology		
Contributes towards	Certificate In Counselling Skills				
Uwe credit rating	30	ECTS Credit Rating	15	Module Type	Professional Practice
Pre-requisites	None		Co-Requisites	Gestalt Counselling Skills	
Excluded combinations	None		Module Entry Requirements	Enrolment On Certificate In Counselling Skills	
Valid from	September 2012		Valid To	September 2018	

<b>CAP Approval Date</b>	3 July 2012
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Part 2: Learning and Teaching	
Learning Outcomes	<p>On successful completion of this module students will be able to:</p> <ul style="list-style-type: none"> <li>• Understand the main theoretical and practical features of person centred counselling</li> <li>• Demonstrate the safe and competent use of counselling skills</li> <li>• Demonstrate awareness of ethical issues such as boundaries and fitness to practice</li> <li>• Understand generic counselling skills such as questioning and challenging</li> </ul>
Syllabus Outline	<ul style="list-style-type: none"> <li>• Person centred theory</li> <li>• Core conditions : empathy, unconditional positive regard, congruence</li> <li>• Ethical issues including boundaries and endings</li> <li>• Generic counselling skills</li> </ul>

Contact Hours/Scheduled Hours	<p>12 weeks x 3 hours</p> <p>Plus 1 hour per week peer support</p> <p>1 day workshop 6 hours</p> <p>Total = 54 hours</p>
Teaching and Learning Methods	<p><b>Scheduled learning</b> includes lectures, seminars, tutorials, demonstration, and counselling skills practice</p> <p><b>Independent learning.</b> Expectation of learning through independent reading and peer support</p> <p><b>Placement learning:</b> students must be in a paid work or voluntary setting where they have an opportunity to practise counselling skills</p>
Reading Strategy	<p>All students will be encouraged to make full use of the print and electronic resources available to them through membership of the university. These include a range of electronic journals and a wide variety of resources available through web sites and information gateways. The university library's web pages provide access to subject relevant resources and services, and to the library catalogue. Many resources can be accessed remotely. Students will be presented with opportunities within the curriculum to develop their information retrieval and evaluation skills in order to identify such resources effectively.</p> <p>This guidance will be available either in the module handbook, via the module information on uwe online or through any other vehicle deemed appropriate by the module / programme leaders.</p>
Indicative Reading List	<p>Bond T (2010) <i>Standards and Ethics for Counselling in Action (3<sup>rd</sup> ed)</i> London, Sage</p> <p>British Association for Counselling and Psychotherapy (2010) <i>The Ethical Framework for Good Practice in Counselling and Psychotherapy</i> Lutterworth, B.A.C.P.</p> <p>Cooper M, O'Hara M, Schmid P &amp; Wyatt G (2007) <i>The Handbook of Person-Centred Psychotherapy and Counselling</i> London, Palgrave</p> <p>Kirschenbaum H &amp; Henderson V (Eds 1990) <i>The Carl Rogers Reader</i> London, Constable</p> <p>Merry T (2002) <i>Learning and Being in Person-Centred Counselling</i> Ross-on-Wye, PCCS</p> <p>Mearns D &amp; Thorne B (2007) <i>Person-Centred Counselling in Action (3<sup>rd</sup> Ed)</i> London, Sage</p> <p>Rogers C (1961) <i>On Becoming a Person: A therapist's view of psychotherapy</i> London, Constable</p> <p>Sanders P (ed 2004) <i>The Tribes of the Person-Centred Nation</i> Ross-on-Wye, PCCS</p>

**Part 3: Assessment**

Identify final assessment component and element	n/a	
% weighting between components A and B (Standard modules only)	<b>A:</b>	<b>B:</b>
<b>First Sit</b>		
<b>Component A</b> (controlled conditions) <b>Description of each element</b>	<b>Element weighting</b> <b>(as % of component)</b>	
1. Portfolio of : a) Record of peer support meetings b) Evidence of paid or voluntary work, including opportunities for skills practice c) Counselling skills feedback record d) 1000 word ethical reflection	PASS / FAIL	
<b>Component B</b> <b>Description of each element</b>	<b>Element weighting</b> <b>(as % of component)</b>	
1. Person centred essay 2000 words	100	

<b>Resit (further attendance at taught classes is not required)</b>		
<b>Component A</b> (controlled conditions) <b>Description of each element</b>	<b>Element weighting</b> <b>(as % of component)</b>	
1. Portfolio of :  a) Record of peer support meetings b) Evidence of paid or voluntary work, including opportunities for skills practice c) Counselling skills feedback record d) 1000 word ethical reflection	PASS / FAIL	
<b>Component B</b> <b>Description of each element</b>	<b>Element weighting</b> <b>(as % of component)</b>	
1. Person centred essay 2000 words	100	

If a student is permitted an **EXCEPTIONAL RETAKE** of the module the assessment will be that indicated by the Module Description at the time that retake commences.