



## MODULE SPECIFICATION

Part 1: Information			
Module Title	Person Centred Counselling Skills		
Module Code	USPJKN-30-1	Level	Level 4
For implementation from	2020-21		
UWE Credit Rating	30	ECTS Credit Rating	15
Faculty	Faculty of Health & Applied Sciences	Field	Psychology
Department	HAS Dept of Health & Social Sciences		
Module type:	Professional Practice		
Pre-requisites	None		
Excluded Combinations	None		
Co- requisites	Gestalt Counselling Skills 2020-21, Psychodynamic Counselling Skills 2020-21		
Module Entry requirements	None		

Part 2: Description
<p><b>Overview:</b> Co-requisites: Students must take either USPJKM-30-1 Gestalt Counselling Skills OR USPJKJ9-30-1 Psychodynamic Counselling Skills</p> <p><b>Features:</b> Module entry requirements: Enrolment On Certificate In Counselling Skills</p> <p><b>Educational Aims:</b> See Learning Outcomes.</p> <p><b>Outline Syllabus:</b> The syllabus includes:</p> <p>Person centred theory</p> <p>Core conditions : empathy, unconditional positive regard, congruence</p> <p>Ethical issues including boundaries and endings</p> <p>Generic counselling skills</p> <p><b>Teaching and Learning Methods:</b> Scheduled learning includes lectures, seminars, tutorials, demonstration, and counselling skills practice.</p>

## STUDENT AND ACADEMIC SERVICES

Independent learning: Expectation of learning through independent reading and peer support.

Placement learning: students must be in a paid work or voluntary setting where they have an opportunity to practise counselling skills.

Contact Hours:

46 hours teaching plus weekly peer support meetings with another student.

### Part 3: Assessment

See Assessment.

First Sit Components	Final Assessment	Element weighting	Description
Written Assignment - Component B	✓	100 %	Person centred essay 2000 words
Portfolio - Component A		0 %	Portfolio of : a) Record of peer support meetings b) Evidence of paid or voluntary work, including opportunities for skills practice c) Counselling skills feedback record d) 1000 word ethical reflection -pass/fail
Resit Components	Final Assessment	Element weighting	Description
Written Assignment - Component B	✓	100 %	Person centred essay 2000 words
Portfolio - Component A		0 %	Portfolio of : a) Record of peer support meetings b) Evidence of paid or voluntary work, including opportunities for skills practice c) Counselling skills feedback record d) 1000 word ethical reflection -pass/fail

### Part 4: Teaching and Learning Methods

Learning Outcomes On successful completion of this module students will achieve the following learning outcomes:

Module Learning Outcomes	Reference
Understand the main theoretical and practical features of person centred counselling	MO1
Demonstrate the safe and competent use of counselling skills	MO2
Demonstrate awareness of ethical issues such as boundaries and fitness to practice	MO3
Understand generic counselling skills such as questioning and challenging	MO4

## STUDENT AND ACADEMIC SERVICES

Contact Hours	<b>Independent Study Hours:</b>	
	Independent study/self-guided study	246
	<b>Total Independent Study Hours:</b>	246
	<b>Scheduled Learning and Teaching Hours:</b>	
	Face-to-face learning	54
	<b>Total Scheduled Learning and Teaching Hours:</b>	54
	<b>Hours to be allocated</b>	300
	<b>Allocated Hours</b>	300
Reading List	<p><i>The reading list for this module can be accessed via the following link:</i></p> <p><a href="https://uwe.rl.talis.com/modules/uspjkn-30-1.html">https://uwe.rl.talis.com/modules/uspjkn-30-1.html</a></p>	

### Part 5: Contributes Towards

This module contributes towards the following programmes of study:

Counselling Skills [Sep][PT][Frenchay][1yr] Cert 2020-21