



Module Specification

Mental Health and Well-Being of Children and Young People

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Part 1: Information

Module title: Mental Health and Well-Being of Children and Young People

Module code: UZUSKA-20-M

Level: Level 7

For implementation from: 2023-24

UWE credit rating: 20

ECTS credit rating: 10

Faculty: Faculty of Health & Applied Sciences

Department: HAS School of Health and Social Wellbeing

Partner institutions: None

Field: Maternal and Child Health

Module type: Module

Pre-requisites: None

Excluded combinations: Mental Health and Well-Being of Children and Young People 2023-24

Co-requisites: None

Continuing professional development: Yes

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: Not applicable

Features: Module Entry requirements: Must be working currently in an environment that includes children or young people

Educational aims: See Learning Outcomes.

Outline syllabus: The syllabus includes:

Infancy and young children:

Attachment and relationship formation in vulnerable children

Promoting infant mental health

Parenting Parental mental health

Eating and sleep patterns

5 to 11 year olds:

Self esteem and self concept

Parenting

Young People:

Developing a sense of self

Peers and peer pressure

Transition from CAMHS to Adult services

Developmental theories:

Children experiencing loss and bereavement (for example, divorce and death)

Assessment of need and referral pathways

Caring for children from ethnic minority groups

Vulnerable children; Risk, resilience, problems and need

Part 3: Teaching and learning methods

Teaching and learning methods: A variety of approaches will be used which may include:

Seminars

Distance learning

Lecturer and facilitator led

Individual presentations

Role play

Case study presentation

Group work

e-learning (Blackboard)

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

A1 Analyse the historical perspectives and the development of current CAMHS provision

A2 Critically evaluate the relationship between agencies that promote children and young people's health, education and well-being

B1 Evaluate the legal and policy frameworks to working with children, young people and their families

B2 Critically evaluate and reflect on practice and ways of working

C1 Critique developmental theories and their relationship to the mental health of children and young people

C2 Discuss and critically evaluate frameworks for assessment and referral processes

C3 Identify ways of engaging children and young people in assessments and interventions used

C4 Explore and critically analyse the ways the family can impact upon the mental health of children and young people

C5 Critically evaluate the roles and responsibilities of professionals when engaging in interventions with children, young people and their families

D1 Demonstrate evidence based practice

D2 Evaluate ways of working with children and young people, their families and carers, within and between agencies

Hours to be allocated: 200

Contact hours:

Independent study/self-guided study = 152 hours

Face-to-face learning = 48 hours

Total = 200

Reading list: The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/modules/uzuska-20-m.html) via the following link <https://uwe.rl.talis.com/modules/uzuska-20-m.html>

Part 4: Assessment

Assessment strategy: Where necessary, and appropriate, an alternative medium of assessment may be negotiated.

Assessment tasks:

Project (First Sit)

Description: 3000 word Project

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: A1, A2, B1, B2, C1, C2, C3, C4, C5, D1, D2

Project (Resit)

Description: 3000 word Project

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: A1, A2, B1, B2, C1, C2, C3, C4, C5, D1, D2

Part 5: Contributes towards

This module contributes towards the following programmes of study: