



## **Module Specification**

### **Professional Practice in Self-Leadership**

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## Part 1: Information

**Module title:** Professional Practice in Self-Leadership

**Module code:** UMOD3K-15-M

**Level:** Level 7

**For implementation from:** 2023-24

**UWE credit rating:** 15

**ECTS credit rating:** 7.5

**College:** College of Business and Law

**School:** CBL Bristol Business School

**Partner institutions:** None

**Field:** Organisation Studies

**Module type:** Standard

**Pre-requisites:** None

**Excluded combinations:** None

**Co-requisites:** None

**Continuing professional development:** No

**Professional, statutory or regulatory body requirements:** None

## Part 2: Description

**Overview:** Not applicable

**Features:** Not applicable

**Educational aims:** This module is designed to explore and facilitate students' critical self-knowledge and the contribution their own well-being (physical and emotional) makes to effective leadership of self and others. The complexity of contemporary working environments places new demands on those working in them and the

module will consider how personal characteristics such as resilience, courage, personal integrity, consistency, self-awareness and inter-personal communication skills can support the development of self and others in these contexts.

**Outline syllabus:** The module is structured around three themes: reflecting on action, acting on reflection; wellness and wellbeing in leadership; and thriving in complexity and uncertainty.

Reflecting on action; acting on reflection:

This topic will explore the dynamics and interplay of action and reflection; approaches to enquiry and learning from experience; and the role of dialogic reasoning in learning.

Wellness and wellbeing in leadership:

This theme looks at what it means to work from a perspective of health or wholeness and its implications for professional practice. Topics will include: a conception of 'wellness'; developing resilience; the role of agency, awareness and association in personal and organisational change; and authentic and ethical leadership.

Thriving in complexity and uncertainty:

This topic recognises the different challenges posed by working with uncertainty and complexity; the implications this has for learning approaches and the need for self-awareness in contemporary organisations; and influential and effective behaviours in this context.

### **Part 3: Teaching and learning methods**

**Teaching and learning methods:** The approach to teaching and learning is primarily experiential and student-centred, engaging students in practical exercises, personal study, and critical reflection upon the relationship between theory and experience. Readings and theoretical inputs provide students with knowledge and awareness of current thinking on self-leadership. Practical exercises are designed to encourage students to explore and challenge their own perspectives and practice.

The assessment is designed to provide an opportunity to reflect critically on the student's own experience of self-leadership and upon the relationship between theory and practice.

Students will be directed towards the University Library online Study Skills resources for the development of skills appropriate to the level and style of the module; and will be advised by the module tutors on the information and time management skills required to complete the module successfully.

**Module Learning outcomes:** On successful completion of this module students will achieve the following learning outcomes.

**MO1**

Develop a critical understanding of the theory and practice of self-leadership and its relevance for a range of professional and managerial roles

**MO2**

Gain a critical understanding of professional identity and the underpinning theory to enhance personal professional leadership practice

**MO3**

Gain a critical appreciation of the complexities of workplace identities and the impact on relationships in contemporary organisations

**MO4** Demonstrate reflexivity in relation to self-leadership and professional identity

**MO5** Demonstrate deep insight into effective behaviours through process of enquiry and reflection and show awareness of how they influence others

**MO6** Critically evaluate and explore their own thoughts, feelings, and behaviours around self-leadership/ professional identity and then address their personal/ professional development needs

**Hours to be allocated:** 150

**Contact hours:**

Independent study/self-guided study = 114 hours

Face-to-face learning = 36 hours

Total = 150

**Reading list:** The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/modules/umod3k-15-m.html) via the following link <https://uwe.rl.talis.com/modules/umod3k-15-m.html>

## Part 4: Assessment

**Assessment strategy:** Summative assessment will require the student to enquire into and reflect critically on their personal experience of leadership of self and others, their strengths and development opportunities. This will be a single task with two parts: a 'storyboard' (25% weighting) of their learning on the module (a combination of words and images presented on a single sheet of A1 that summarises the student's learning journey); and a 15-20 minute podcast (75% weighting, where learners takes the role of the 'interviewee' a) talking about their storyboard (with reference to literature on the module and the critical moments in their career that they have chosen to depict on their storyboard) and b) answer the pre-set critical evaluation style questions.

Formative assessment will be carried out throughout the module by setting regular tasks for students that will assess their grasp of the material covered. Tasks will be reviewed as part of the sessions.

### Assessment tasks:

#### Set Exercise (First Sit)

Description: Storyboard and 15-20 minute podcast

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6

#### Set Exercise (Resit)

Description: A1 storyboard and 15-20 minute podcast

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6

## **Part 5: Contributes towards**

This module contributes towards the following programmes of study: