



## **Module Specification**

### **Accreditation Portfolio 1**

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## Part 1: Information

**Module title:** Accreditation Portfolio 1

**Module code:** USPJVB-10-M

**Level:** Level 7

**For implementation from:** 2023-24

**UWE credit rating:** 10

**ECTS credit rating:** 5

**Faculty:** Faculty of Health & Applied Sciences

**Department:** HAS Dept of Social Sciences

**Partner institutions:** None

**Field:** Psychology

**Module type:** Module

**Pre-requisites:** None

**Excluded combinations:** None

**Co-requisites:** None

**Continuing professional development:** No

**Professional, statutory or regulatory body requirements:** None

## Part 2: Description

**Overview:** Not applicable

**Features:** Module Entry requirements: Degree in psychology or related discipline  
OR counselling qualification at diploma level or above

**Educational aims:** See Learning Outcomes

**Outline syllabus:** This module gives trainees opportunities to practice the cognitive behavioural therapy skills required for accreditation in a supportive environment

where they will receive feedback from peers and tutors. Students will learn to practise key skills in therapy and how to critically evaluate their practice using the Cognitive Therapy Rating Scale Revised (CTS-R). There will be a consistent focus on developing critical awareness skills in the context of practice which is underpinned by relevant literature and research. In this module they will complete Part 1 of the process of accumulating the evidence necessary for becoming Cognitive Behavioural Therapists individually accredited with BABCP.

### **Part 3: Teaching and learning methods**

**Teaching and learning methods:** Interactive lectures, small group discussion, formative experiential exercises, live demonstration of skills, DVD demonstration of therapeutic practice, role play of client issues, CBT skills practice.

**Module Learning outcomes:** On successful completion of this module students will achieve the following learning outcomes.

**MO1** Practise evidence-based CBT with good clinical outcomes in a variety of settings

**MO2** Demonstrate ethical practice through a critical awareness of own values, beliefs and attitudes with sensitivity to diversity issues

**MO3** Begin to understand communicating and working across professional and interagency boundaries

**MO4** Interpret and evaluate the impact and application of legislation and policy on Cognitive Behavioural Therapy practice

**MO5** Demonstrate an advanced critical understanding of self-direction and originality in tackling and solving therapeutic problems in line with CBT competences

**MO6** Begin to take personal responsibility for clinical decision making in clinical cases across a range of settings

**MO7** Sustain and build a commitment to lifelong learning through evaluating own academic and professional development needs in the current context of primary mental health practice

**MO8** Manage self, own leadership style and collaborative ways of working, through seeking ongoing supervision

**MO9** Understand the professional competences and ethical criteria for becoming accredited with British Association for Behavioural and Cognitive Psychotherapies (BABCP), the regulatory professional body

**MO10** Critically appraise own competences as a Cognitive Behavioural Therapist

**Hours to be allocated:** 100

**Contact hours:**

Independent study/self-guided study = 76 hours

Face-to-face learning = 24 hours

Total = 100

**Reading list:** The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/index.html) via the following link <https://uwe.rl.talis.com/index.html>

## **Part 4: Assessment**

**Assessment strategy:** This module has no assessment strategy

**Assessment tasks:**

**Portfolio** (First Sit)

Description: Accreditation Portfolio Part 1 (Pass/Fail)

Weighting:

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO10, MO2, MO3, MO4, MO5, MO6, MO7, MO8, MO9

**Portfolio (Resit)**

Description: Accreditation Portfolio Part 1 (pass/fail)

Weighting:

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO10, MO2, MO3, MO4, MO5, MO6, MO7, MO8, MO9

**Part 5: Contributes towards**

This module contributes towards the following programmes of study: