



Module Specification

Personal and Professional Development 3

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Contents

Module Specification	1
Part 1: Information	2
Part 2: Description	2
Part 3: Teaching and learning methods	3
Part 4: Assessment.....	5
Part 5: Contributes towards	6

Part 1: Information

Module title: Personal and Professional Development 3

Module code: USPJLN-20-M

Level: Level 7

For implementation from: 2023-24

UWE credit rating: 20

ECTS credit rating: 10

Faculty: Faculty of Health & Applied Sciences

Department: HAS Dept of Social Sciences

Partner institutions: None

Field: Psychology

Module type: Module

Pre-requisites: Personal and Professional Development 2 2023-24

Excluded combinations: None

Co-requisites: None

Continuing professional development: No

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: Pre-requisites: Students must have taken USPJG6-20-M Personal and Professional Development 2 or equivalent

Features: Not applicable

Educational aims: See Learning Outcomes.

Outline syllabus: Self Awareness: Insightful understanding of the role, and use, of self-awareness in therapy; critical reflection on the use of self in the therapeutic

process; advanced understanding of the dynamics present in therapeutic and other relationships; critical reflection on the impact of personal issues on the therapeutic process;

Client Awareness: Advanced skills of assessment and formulation of client presentation, risk and underlying issues; competence in recognising and taking account of interacting factors of physical health, social and cultural contexts in client care; recognising and responding to explicit and implicit communications in therapy;

Therapeutic Competence: Knowledge of major psychometric and projective assessment instruments; interviewing and observation as assessment techniques; Advanced understanding of the use of supervision to guide practice; appropriate, assertive and insightful negotiation and use of supervisory relationship;

Professional Practice: Supervised placement including not less than 100 hours client contact; advanced reasoning and decision-making in applying both theoretical constructs and ethical principles; knowledge of organisational structures and policies, and the contextual and legal frameworks for practice.

Part 3: Teaching and learning methods

Teaching and learning methods: Practice-based learning through appropriate placement experiences and class-based role plays and other experiential opportunities; use of audio-visual facilities to monitor and evaluate practice; class discussions and seminars; individual tutorials; group supervision; classroom demonstrations both live and videotaped;

Visiting speakers from professional body representatives, NHS and NGOs including the service user movement.

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Heightened capacity for critical reflection on the intentional use of self in the therapeutic process

MO2 Advanced competence in working relationally, including advanced understanding of the primacy of the therapeutic relationship in a range of therapeutic approaches; the ability to initiate, develop, maintain and end a therapeutic relationship; competent use of explicit and implicit communication in the relationship; flexibility in recognising, and where necessary, using alternative ways of working

MO3 Competency to select and implement appropriate methods of intervening, including capacity to recognise where intervention is not appropriate

MO4 Deepening ability to work with uncertainty in the therapeutic session

MO5 A further capacity to recognise, understand and work with the emotional and physical impact of practice

MO6 Open and reflective capacity to use supervision to support, guide and enhance practice

MO7 Ability to select, use, interpret and synthesise client information obtained from standardised tests, systematic interviewing, and structured assessment methods; an understanding of how to fit methods to service requirements and client needs

MO8 Increasing ability to deliver care to clients both as a solo practitioner and as a member of a team; ability to effectively communicate with team members

MO9 Ability to work in a coherent and ethical way in the interests of clients; adaptive recognition of issues of boundaries and power in the therapeutic relationship and in relationship with colleagues; commitment to ethical principles of the British Psychological Society (BPS) and the Health Professions Council (HPC) Standards of Conduct, Performance and Ethics; capacity to reflect critically on and respond to complex ethical situations

MO10 Advanced understanding of concepts of integration including the ability to apply to practice and work flexibly in a range of settings with diverse therapeutic approaches

MO11 Understanding of the role and identity of the counselling psychologist and to work explicitly within a framework of psychological theory including advanced understanding of implementing philosophical bases of counselling psychology in diverse practice settings

MO12 Increased awareness of a scientist practitioner model, reflective practitioner model, models of evidence based practice and practice based evidence, and the evaluation of treatment efficacy and effectiveness

Hours to be allocated: 200

Contact hours:

Independent study/self-guided study = 152 hours

Face-to-face learning = 48 hours

Total = 200

Reading list: The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/index.html) via the following link <https://uwe.rl.talis.com/index.html>

Part 4: Assessment

Assessment strategy: This module has no assessment strategy

Assessment tasks:

Report (First Sit)

Description: Process report including psychometrics (3,000 words)

Weighting: 100 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO10, MO11, MO12, MO2, MO3, MO4, MO5, MO6, MO7, MO8, MO9

Portfolio (First Sit)

Description: Portfolio (to include supervisor's report; log of client hours; end of year personal reflection; end of year appraisal)

(Pass/fail)

Weighting:

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO10, MO11, MO12, MO2, MO3, MO4, MO5, MO6, MO7, MO8, MO9

Report (Resit)

Description: Process report including psychometrics (3,000 words)

Weighting: 100 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO10, MO11, MO12, MO2, MO3, MO4, MO5, MO6, MO7, MO8, MO9

Portfolio (Resit)

Description: Portfolio (to include supervisor's report; log of client hours; end of year personal reflection; end of year appraisal)

(Pass/fail)

Weighting:

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO10, MO11, MO12, MO2, MO3, MO4, MO5, MO6, MO7, MO8, MO9

Part 5: Contributes towards

This module contributes towards the following programmes of study: