



Module Specification

Consultancy Skills in Health Psychology

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Part 1: Information

Module title: Consultancy Skills in Health Psychology

Module code: USPJKF-30-M

Level: Level 7

For implementation from: 2023-24

UWE credit rating: 30

ECTS credit rating: 15

Faculty: Faculty of Health & Applied Sciences

Department: HAS Dept of Social Sciences

Partner institutions: None

Field: Psychology

Module type: Module

Pre-requisites: None

Excluded combinations: None

Co-requisites: None

Continuing professional development: No

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: Health Psychology Consultancy is the use of specialist health psychology skills and knowledge to provide a service to an external business client e.g. public, private or third sector organisations. The consultant/ client relationship requires a level of independence in order to ensure that both parties are free to express their needs and boundaries. Any consultancy provided within the same organisation must therefore not be between parties (consultant and client) who have any management or strategic links or relationship. Consultancy is typically a defined service (provided

for a specified fee) and generally relates to services that have demonstrable relevance to health psychology, and which the client does not have the expertise to carry out in-house. The consultancy client is the individual, group or organisation which enters into a negotiated contract with the consultant agreeing the objectives, process and conditions of the health psychology consultancy work.

Features: Not applicable

Educational aims: The consultancy project must be a specifically defined piece of work that is negotiated and conducted by the consultant directly and cannot be part of a larger piece of work that has been negotiated by another person e.g. line manager.

Outline syllabus: To meet the module requirements the syllabus includes:

What is consultancy in Health Psychology

Assessing requests for consultancy

Planning consultancy

Negotiation skills in consultancy

Contracting in consultancy

Consultancy and communication in organisations

Systems theory, groups and organisational theory and organisational issues

Emotional intelligence in consultancy

Conducting consultancy

Monitoring and evaluating consultancy

Assessment for consultancy

Part 3: Teaching and learning methods

Teaching and learning methods: Students will be expected to attend timetabled workshop days which will act to guide their further reading and independent study. It is expected that students will spend at least 300 hours, including contact time and assignment preparation working for this module.

Scheduled learning includes lectures, seminars, demonstration, practical classes

and workshops.

Independent learning includes hours engaged with essential reading, case study preparation, assignment preparation and completion.

Students will typically attend four timetabled workshop days for this module across the year and these workshops will be supported by individual supervision through face to face contact, Skype or by telephone.

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Have an understanding of the application of theories/models of communication, organisational consultancy, organisational development and the management of change within the consultancy process and project delivery

MO2 Understand about the preparatory processes involved in pitching, negotiating and agreeing their scope of work, contract arrangements and project delivery specifications with their client prior to project implementation

MO3 Understand the barriers and facilitators of effective project delivery (incorporating time, resource, relationship and conflict management)

MO4 Plan, document, monitor, review and adjust their consultancy work/project deliverables using appropriate theoretical frameworks/models and procedures

MO5 Manage the consultancy project deliverables, process and outcomes more effectively by engaging with, and actively planning the client-consultant relationship

MO6 Exercise ethical and professional behaviour and personal responsibility with autonomous initiative within the consultancy project delivery and setting

Hours to be allocated: 300

Contact hours:

Independent study/self-guided study = 228 hours

Face-to-face learning = 72 hours

Total = 300

Reading list: The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/modules/uspjkf-30-m.html) via the following link <https://uwe.rl.talis.com/modules/uspjkf-30-m.html>

Part 4: Assessment

Assessment strategy: The assessment strategy is in line with the requirements for the British Psychological Society Stage 2 Award in Health Psychology. The consultancy competency and the submitted work for assessment must focus on the key processes of the client/consultant relationship management as defined through the BPS Stage 2 competency framework.

These include:

A case study (maximum 3000 words, excluding appendices) of all elements of a consultancy project detailing an account of the request and identification of the need for the health psychology consultancy, the negotiating, planning and management of the consultancy project process and reviews of relevant consultancy approaches, theories and techniques, and the consultancy methodology, design and implementation plan. A clear description and report of the consultancy aims, objectives, deliverables, data collection or project work and outcomes and the evaluation process must be included.

A contract and working agreement conditions document (maximum 3000 words excluding appendices) that specifies the project negotiations, agreed timescales and outcome deliverables, budget and resource planning, feasibility/scoping evaluation/studies, subsequent contract revisions, summary of meetings and correspondence demonstrating reflection on the communications and management of the client-consultant working relationship, consent procedures where appropriate, client assessments of the consultancy process and evidence of formal evaluation, feedback and reports from clients where appropriate.

A signed logbook of professional competency relating to the specific requirements of

the BPS and HCPC for Consultancy Skills in Health Psychology The resits for the module will be re-workings of the original submissions.

Assessment tasks:**Practical Skills Assessment (First Sit)**

Description: Signed logbook of professional competency relating to the specific requirements of the BPS and HPC for Consultancy Skills in Health Psychology (Pass/fail)

Weighting:

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6

Case Study (First Sit)

Description: A case study (maximum 3000 words, excluding appendices) of all elements of a consultancy project

Weighting: 50 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6

Written Assignment (First Sit)

Description: A contract and working agreement conditions document (maximum 3000 words excluding appendices)

Weighting: 50 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6

Practical Skills Assessment (Resit)

Description: Signed logbook of professional competency relating to the specific requirements of the BPS and HPC for Consultancy Skills in Health Psychology (Pass/fail)

Weighting:

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6

Case Study (Resit)

Description: A case study (maximum 3000 words, excluding appendices) of all elements of a consultancy project

Weighting: 50 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6

Written Assignment (Resit)

Description: A contract and working agreement conditions document (maximum 3000 words excluding appendices)

Weighting: 50 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6

Part 5: Contributes towards

This module contributes towards the following programmes of study: