Module Specification

Dual Diagnosis: Substance Misuse and Mental Health

Version: 2023-24, v2.0, 21 Jul 2023

Contents

Part 1: Information

Module title: Dual Diagnosis: Substance Misuse and Mental Health

Module code: UZZRSM-20-M

Level: Level 7

For implementation from: 2023-24

UWE credit rating: 20

ECTS credit rating: 10

Faculty: Faculty of Health & Applied Sciences

Department: HAS School of Health and Social Wellbeing

Partner institutions: None

Field: Mental Health and Learning Disability

Module type: Module

Pre-requisites: None

Excluded combinations: Dual Diagnosis: Substance Misuse and Mental Health 2023-24

Co-requisites: None

Continuing professional development: Yes

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: This module has an emphasis on the integration of substance misuse interventions into co-existing mental health care delivery. It does cover common co-existing conditions, but does not cover standalone mental health diagnosis and interventions.

Features: Suitable for any practitioner who works with people who have a dual diagnosis of mental health and substance use needs.

Educational aims: See learning outcomes.

Outline syllabus: The aim of the module is to improve your knowledge and confidence to deliver improved holistic client centred integrated care.

The module includes a two day clinical placement of your choice, which you will need to organise, which will support your own identified learning needs.

The syllabus will cover the following:

Outline alcohol and drug prevalence in the UK, reasons for use, the progression of dependency, and the desired and undesired effects of alcohol and drugs.

Define dual diagnosis, the relationship between mental health and substance use.

Examine common co-existing mental health and substance misuse presentations, which include cannabis and psychosis, alcohol and mood, stimulant and novel psychoactive substances (Legal Highs)

Assessment, screening tools and brief interventions

An integrated approach covering medical, social, psychosocial and psychotherapeutic aspects of care. Frameworks will include the CognitiveBehavioural Integrated Treatment Approach (C-BIT) from the UK and the New Hampshire Model of Integrated Care from the US.

An evidence informed approach, framed by a stage-wise model. This will include engagement strategies, building motivation for change, active treatment and relapse prevention. Harm reduction/minimisation as a risk management strategy; therapeutic risk taking.

Pharmacological interventions.

National guidance, such as NICE guidelines and national policies.

Collaborative working with users and carers/significant others.

Explore the integration of recovery capital and peer working into mental health services

Legal and ethical aspects of care delivery, supervision, outcome measurements and service innovation.

Part 3: Teaching and learning methods

Teaching and learning methods: A variety of approaches will be used which may include:

Practice experience
Clinical skills
Workshops
Lectures and Seminars
Enquiry based learning
Case based learning.

Contact Hours, a total of 48 hours in the form of seminars, lectures and online activities.

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Interrogate the policy context and imperatives underpinning the notion of Dual Diagnosis, from a national and international perspective

MO2 Critically evaluate the interrelationship between mental disorders and substance misuse

MO3 Critically evaluate evidence underpinning care provision for people with both mental disorders and substance use

MO4 Critically evaluate the utilisation of assessment and risk management tools and evidence based interventions in planning effective care for people with both mental disorders and substance use

MO5 Critically review the skills required to work with this client group in developing high quality care

Hours to be allocated: 200

Contact hours:

Independent study/self-guided study = 152 hours

Face-to-face learning = 48 hours

Total = 200

Reading list: The reading list for this module can be accessed at readinglists.uwe.ac.uk via the following link https://uwe.rl.talis.com/modules/uzzrsm-20-m.html

Part 4: Assessment

Assessment strategy: The summative assessment is a 15 minute presentation and 5 minutes of questions based on a case study, maximising the application of evidence based interventions covered in this module.

You will discuss and critically evaluate key theoretical components and its application to your clinical case. The presentation should robustly critique the evidence frameworks presented and demonstrate thoughtful application and adaptation to their case study.

Plus a 1000 word supporting paper complimenting the presentation incorporating national and international evidence informed interventions, policies and guidelines should be integrated and critically appraised.

This supporting paper will reflect on your innovation in practice and personal development.

Assessment tasks:

Presentation (First Sit)

Description: 15 minute presentation

Weighting: 50 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

Written Assignment (First Sit)

Description: 1000 word supporting paper

Weighting: 50 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5

Presentation (Resit)

Description: 15 minute presentation

Weighting: 50 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

Written Assignment (Resit)

Description: 1000 word supporting paper

Weighting: 50 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5

Part 5: Contributes towards

This module contributes towards the following programmes of study:

Nursing (International)[BIBM] MSc 2023-24

Nursing (International)[Villa] MSc 2023-24

Nursing (International)[Glenside] MSc 2023-24