



Module Specification

Dual Diagnosis: Substance Misuse and Mental Health

Version: 2023-24, v2.0, 21 Jul 2023

Contents

Module Specification	1
Part 1: Information	2
Part 2: Description	2
Part 3: Teaching and learning methods	4
Part 4: Assessment.....	5
Part 5: Contributes towards	6

Part 1: Information

Module title: Dual Diagnosis: Substance Misuse and Mental Health

Module code: UZZRQ8-20-3

Level: Level 6

For implementation from: 2023-24

UWE credit rating: 20

ECTS credit rating: 10

Faculty: Faculty of Health & Applied Sciences

Department: HAS School of Health and Social Wellbeing

Partner institutions: None

Field: Mental Health and Learning Disability

Module type: Module

Pre-requisites: None

Excluded combinations: Dual Diagnosis: Substance Misuse and Mental Health
2023-24

Co-requisites: None

Continuing professional development: Yes

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: Not applicable

Features: Module Entry Requirements: Any practitioner who works with people who have a dual diagnosis of substance misuse and mental health needs.

Educational aims: See Learning Outcomes.

Outline syllabus: This module has an emphasis on the integration of substance misuse interventions into co-existing mental health care delivery. It does cover common co-existing conditions, but does not cover stand alone mental health diagnosis and interventions.

The aim of the module is to improve your knowledge and confidence to deliver improved holistic client centred integrated care.

The module includes a two day clinical placement of your choice, which you will need to organise, which will support your own identified learning needs.

The syllabus will cover the following:

Outline alcohol and drug prevalence in the UK, reasons for use, the progression of dependency, and the desired and undesired effects of alcohol and drugs.

Define dual diagnosis, the relationship between mental health and substance use.

Examine common co-existing mental health and substance misuse presentations, which include cannabis and psychosis, alcohol and mood, stimulant and novel psychoactive substances (Legal Highs).

Assessment, screening tools and brief interventions.

An integrated approach covering medical, social, psychosocial and psychotherapeutic aspects of care. Frameworks will include the Cognitive Behavioural Integrated Treatment Approach (C-BIT) from the UK and the New Hampshire Model of Integrated Care from the US.

An evidence informed approach, framed by a stage-wise model. This will include engagement strategies, building motivation for change, active treatment and relapse prevention. Harm reduction/minimisation as a risk management strategy; therapeutic risk taking.

Pharmacological interventions.

National guidance, such as NICE guidelines and national policies.

Collaborative working with users and carers/significant others.

Explore the integration of recovery capital and peer working into mental health services.

Legal and ethical aspects of care delivery, supervision, outcome measurements and service innovation.

Assessment, screening tools, risk management. engagement, and specific interventions based on a stage-wise approach and their application to your clinical work.

Part 3: Teaching and learning methods

Teaching and learning methods: Contact Hours:

A total of 48 hours in the form of seminars, lectures and online activities which will enhance classroom learning.

Teaching and Learning Methods:

The following approaches will be used:-

Practice experience

Clinical skills

Workshops

Lectures and Seminars

Enquiry based learning

Case based learning

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Define the term dual diagnosis

MO2 Demonstrate an understanding of national policies, frameworks, guidance and evidence based practice for practitioners working with dual diagnosis

MO3 Discuss the inter-relationship between mental health and substance misuse

MO4 Critically analyse the integrated treatment model and its application to practice

MO5 Demonstrate an understanding of working with those who have a dual diagnosis, their families and carers. This may include recovery capital, challenging stigma, legal and ethical aspects of care and partnership working

Hours to be allocated: 200

Contact hours:

Independent study/self-guided study = 152 hours

Face-to-face learning = 48 hours

Total = 200

Reading list: The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/modules/uzzrq8-20-3.html) via the following link <https://uwe.rl.talis.com/modules/uzzrq8-20-3.html>

Part 4: Assessment

Assessment strategy: The summative assessment is a 3000 word written assignment. It is a reflective piece which will, be based on a clinical case(s) who present with a dual diagnosis. Incorporated in this will be a critical evaluation of the key theoretical components and its application to your clinical case.

It should have recommendations for future individual or service development.

National and international policies and guidelines, partnership working, evidence based outcomes, the challenge of stigma, and ethical issues should be considered and discussed.

Assessment tasks:

Case Study (First Sit)

Description: 3000 word case study

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5

Case Study (Resit)

Description: 3000 word case study

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5

Part 5: Contributes towards

This module contributes towards the following programmes of study:

Nursing (International)[BIBM] MSc 2023-24

Nursing (International)[Villa] MSc 2023-24

Nursing (International)[Glenside] MSc 2023-24