



Module Specification

Mental Health and Well-Being of Children and Young People

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Part 1: Information

Module title: Mental Health and Well-Being of Children and Young People

Module code: UZUR4E-20-3

Level: Level 6

For implementation from: 2024-25

UWE credit rating: 20

ECTS credit rating: 10

College: College of Health, Science & Society

School: CHSS School of Health and Social Wellbeing

Partner institutions: None

Field: Maternal and Child Health

Module type: Module

Pre-requisites: None

Excluded combinations: Mental Health and Well-Being of Children and Young People 2024-25

Co-requisites: None

Continuing professional development: Yes

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: This CPD course is appropriate for any professional working with children and young people. It explores what childhood is, the impact of trauma, brain development and how as professionals we can help keep young people and their families safe.

Features: Module Entry Requirements: Must be working currently in an environment that includes children or young people.

Educational aims: This course aims to deliver education on where the concept of childhood comes from and what has influenced this. To explore how to engage with young people, including acknowledge what can hinder this and what theories may support professionals to do this. The course also aims to support confidence in working with parents, carers and other professionals and enhance competence in how to help keep young people safe when they have thoughts of self harm and/or suicide.

Outline syllabus: The syllabus typically includes:

Infancy and young children:

Attachment and relationship formation in vulnerable children

Promoting infant mental health

Parenting

Parental mental health

5 to 11 year olds:

Self esteem and self concept

Parenting

Exploring neurodiversity

Young People:

Developing a sense of self

Peers and peer pressure

How to work with young people who feel unsafe

Developmental theories:

Children experiencing Trauma

Assessment of need and referral pathways

Caring for children from ethnic minority groups

Vulnerable children

Risk, resilience, problems and need

Part 3: Teaching and learning methods

Teaching and learning methods: A variety of approaches will be used which may include:

Seminars

Distance learning

Lecturer and facilitator led

Individual presentations

Role play

Case study presentation

Group work

Videos and people with lived experiences sharing their experience

e-learning (Blackboard)

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Convey an understanding of the concept of childhood and what influences childhood.

MO2 Critically analyse the challenges that can arise when working with children and young people such as engagement, legal frameworks, neurodevelopment and diversity.

MO3 Critically analyse how working with family, carers and support networks can impact on care and treatment for young people

MO4 Convey an understanding of approaches that can be used to support the assessment and safety of children and young people

Hours to be allocated: 200

Contact hours:

Independent study/self-guided study = 152 hours

Face-to-face learning = 48 hours

Total = 200

Reading list: The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/modules/uzur4e-20-3.html) via the following link <https://uwe.rl.talis.com/modules/uzur4e-20-3.html>

Part 4: Assessment

Assessment strategy: This assessment is a 3000-word assignment. It will critically explore how professionals can work with children and young people in order to support them within services.

This assignment topic can be applied to a variety of health and social care professions and can align to the student's relevant area of practice. It allows students to critically explore, through a written assignment, topics from the module.

A formative assignment session will be provided, where students can share ideas and receive peer feedback, in addition to receiving feedback from their lecturer.

Assessment tasks:

Written Assignment (First Sit)

Description: 3000 word reflective assignment

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

Written Assignment (Resit)

Description: 3000 word reflective assignment

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

Part 5: Contributes towards

This module contributes towards the following programmes of study: