



## **Module Specification**

### **Mental Health and Well-Being of Children and Young People**

Version: 2023-24, v1.0, 14 Oct 2022

#### **Contents**

<b>Module Specification .....</b>	<b>1</b>
<b>Part 1: Information .....</b>	<b>2</b>
<b>Part 2: Description .....</b>	<b>2</b>
<b>Part 3: Teaching and learning methods .....</b>	<b>3</b>
<b>Part 4: Assessment.....</b>	<b>4</b>
<b>Part 5: Contributes towards .....</b>	<b>5</b>

## Part 1: Information

**Module title:** Mental Health and Well-Being of Children and Young People

**Module code:** UZUR4E-20-3

**Level:** Level 6

**For implementation from:** 2023-24

**UWE credit rating:** 20

**ECTS credit rating:** 10

**Faculty:** Faculty of Health & Applied Sciences

**Department:** HAS School of Health and Social Wellbeing

**Partner institutions:** None

**Delivery locations:** Not in use for Modules

**Field:** Maternal and Child Health

**Module type:** Module

**Pre-requisites:** None

**Excluded combinations:** Mental Health and Well-Being of Children and Young People 2023-24

**Co-requisites:** None

**Continuing professional development:** Yes

**Professional, statutory or regulatory body requirements:** None

## Part 2: Description

**Overview:** Not applicable

**Features:** Module Entry Requirements: Must be working currently in an environment that includes children or young people.

**Educational aims:** See Learning Outcomes.

**Outline syllabus:** Infancy and young children:

Attachment and relationship formation in vulnerable children

Promoting infant mental health

Parenting

Parental mental health

Eating and sleep patterns

5 to 11 year olds:

Self esteem and self concept

Parenting

Young People:

Developing a sense of self

Peers and peer pressure

Transition from CAMHS to Adult services

Developmental theories

Children experiencing loss and bereavement (for example, divorce and death)

Assessment of need and referral pathways

Caring for children from ethnic minority groups

Vulnerable children

Risk, resilience, problems and need

### **Part 3: Teaching and learning methods**

**Teaching and learning methods:** A variety of approaches will be used which may include seminars, distance learning, lecturer and facilitator led learning, individual presentations, role play, case study presentation, group work, e-learning (Blackboard).

**Module Learning outcomes:** On successful completion of this module students will achieve the following learning outcomes.

**A1** Examine the historical perspectives and the development of current CAMHS provision

**A2** Analyse the relationship within and between agencies that promote children and young people's health, education and well - being

**B1** Discuss legal and policy frameworks to working with children, young people and their families

**B2** Evaluate and reflect on practice and ways of working

**C1** Analyse developmental theories and their relationship to the mental health of children and young people

**C2** Analyse frameworks for assessment and referral processes

**C3** Evaluate ways of engaging children and young people in assessments and interventions used

**C4** Critically evaluate the way the family can impact upon children and young people's mental health

**C5** Analyse and evaluate the roles and responsibilities of professionals when engaging in interventions with children, young people and their families and carers

**D1** Demonstrate an ability to critique evidence based practice

**Hours to be allocated:** 200

**Contact hours:**

Independent study/self-guided study = 152 hours

Face-to-face learning = 48 hours

Total = 200

**Reading list:** The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/modules/uzur4e-20-3.html) via the following link <https://uwe.rl.talis.com/modules/uzur4e-20-3.html>

## **Part 4: Assessment**

**Assessment strategy:** Where necessary, and appropriate, an alternative medium of assessment may be negotiated.

**Assessment components:**

**Project - Component A (First Sit)**

Description: 3000 word project

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: A1, A2, B1, B2, C1, C2, C3, C4, C5, D1

**Project - Component A (Resit)**

Description: 3000 word project

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested:

**Part 5: Contributes towards**

This module contributes towards the following programmes of study: