Module Specification

Wellbeing in Practice

Version: 2027-28, v1.0, Approved

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Part 1: Information

Module title: Wellbeing in Practice

Module code: UZYYV6-15-2

Level: Level 5

For implementation from: 2027-28

UWE credit rating: 15

ECTS credit rating: 7.5

College: College of Health, Science & Society

School: CHSS School of Health and Social Wellbeing

Partner institutions: None

Field: Allied Health Professions

Module type: Module

Pre-requisites: None

Excluded combinations: None

Co-requisites: None

Continuing professional development: No

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: This module provides learners with the opportunity to develop professional competence in practice while recognising and responding to factors that influence wellbeing during placement. It focuses on strategies for sustaining personal growth, creating psychologically safe environments, and using reflective approaches to maintain safe and effective occupational therapy practice.

Features: Not applicable

Educational aims: The aim of this module is to enable learners to achieve the required placement competencies for this level while embedding strategies that support wellbeing and professional development. Learners will strengthen reflective skills, develop effective communication for raising concerns, and explore approaches that promote psychological safety and resilience in practice settings.

Outline syllabus: Topics are likely to include but are not limited to:

Physical, emotional, and psychological factors affecting learners
Linking reflection to action planning for personal growth
Communication strategies for raising concerns, seeking feedback and supervision effectively
Accessing support systems and using wellness strategies

Part 3: Teaching and learning methods

Teaching and learning methods: The module adopts a practice-led and enquiry-based approach, combining structured preparation with experiential learning. Learners will engage in:

Placement Preparation Workshops to explore wellbeing strategies, reflective models, and communication skills for supervision and feedback;
Interactive Sessions on psychological safety, personal growth, and accessing support systems;
Supervised Practice Placement to apply knowledge and skills in real-world contexts, supported by practice educators and academic tutors;
Midway Tutor Review as a formative checkpoint to provide feedback, support reflective practice, and identify development needs.

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Demonstrate the required occupational therapy behaviours, skills and knowledge to achieve the placement competencies for this level

MO2 Recognise and respond to factors that influence wellbeing during placement, using reflective approaches to sustain safe and effective practice.

Hours to be allocated: 150

Contact hours:

Independent study/self-guided study = 114 hours

Placement = 262.5 hours

Staff-guided learning = 36 hours

Reading list: The reading list for this module can be accessed at readinglists.uwe.ac.uk via the following link https://uwe.rl.talis.com/index.html

Part 4: Assessment

Assessment strategy: Assessment Strategy

This module has one assessment task: a practice assessment document.

Formative assessment includes reflective discussions and feedback from supervisors during placement, enabling learners to monitor progress and identify development needs. A midway tutor review will take place during the placement as part of the formative process, providing feedback on progress, supporting reflective practice, and ensuring learners are on track to meet placement competencies.

Summative assessment requires successful completion of the Practice Placement Competency Document, which evidences achievement of professional standards, including safe and ethical practice, application of the occupational therapy process, communication skills, evidence-informed reasoning, and strategies to maintain personal wellbeing and psychological safety during placement. Learners must also complete and verify required placement hours and demonstrate reflection on practice, identifying areas for development as part of the competency documentation.

Rationale:
This assessment strategy ensures learners demonstrate competence in authentic practice settings, aligning with HCPC and RCOT requirements for safe and effective practice. It supports the development of professional identity and readiness for future placements.

The placement requires the learner to successfully complete 80% of minimum of 262.5 practice hours.

Our practice placements fully adhere to RCOT Learning and Development Standards for Pre-registration Education. Learners who fail a placement on the first attempt can usually retrieve it with a second attempt, but failing the second attempt means withdrawal from the programme.

Assessment tasks:

Professional Practice Report (First Sit)
Description: Practice Placement Competency Document (pass/fail)
Weighting: 0 %
Final assessment: Yes
Group work: No
Learning outcomes tested: MO1, MO2

Professional Practice Report (Resit)
Description: Practice Placement Competency Document (pass/fail)
Weighting: 0 %
Final assessment: Yes
Group work: No
Learning outcomes tested: MO1, MO2

Part 5: Contributes towards

This module contributes towards the following programmes of study:

Occupational Therapy [Glenside] BSc (Hons) 2026-27

Occupational Therapy [UCS] BSc (Hons) 2026-27