



## **Module Specification**

### **Sport Rehabilitation Practice 3**

Version: 2025-26, v4.0, Approved

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## Part 1: Information

**Module title:** Sport Rehabilitation Practice 3

**Module code:** UZYKGA-30-3

**Level:** Level 6

**For implementation from:** 2025-26

**UWE credit rating:** 30

**ECTS credit rating:** 15

**College:** College of Health, Science & Society

**School:** CHSS School of Health and Social Wellbeing

**Partner institutions:** None

**Field:** Allied Health Professions

**Module type:** Module

**Pre-requisites:** None

**Excluded combinations:** None

**Co-requisites:** None

**Continuing professional development:** No

**Professional, statutory or regulatory body requirements:** None

## Part 2: Description

**Overview:** Not applicable

**Features:** Not applicable

**Educational aims:** This module is designed to broaden your knowledge and understanding of applying clinical reasoning to the assessment and management of people with musculoskeletal conditions in sport, exercise and rehabilitation settings. Your ability to problem solve the clinical scenarios presented and demonstrate

confidence in planning and prioritise appropriate interventions will be further developed during this module. Critically evaluating interventions by engaging in evidence-based practice will be important in developing as future Graduate Sport Rehabilitators. It is necessary to recognising your professional responsibilities and priorities so that you may effectively manage your academic workload and patient caseload as part of a multidisciplinary team.

**Outline syllabus:** You will cover: Pre-clinical revision, practical sessions on sports related musculoskeletal skills and exercise prescription.

### **Part 3: Teaching and learning methods**

**Teaching and learning methods:** Placements are allocated to allow for a long, thin placement experience (2-3 days per week if required). Students will complete a minimum of 202 hours in this module. These hours will contribute to the overall required hours of 400 across the programme.

**Module Learning outcomes:** On successful completion of this module students will achieve the following learning outcomes.

**MO1** Deliver safe, systematic, fluent assessment and current management for a range of musculoskeletal conditions in sport, exercise and rehabilitation.

**MO2** Apply problem solving and clinical reasoning to assessment findings.

**MO3** Demonstrate confidence in planning and prioritising appropriate sport rehabilitation interventions, making reasoned decisions and critically evaluating interventions by engaging in evidence-based practice.

**MO4** Critically reflect on and use appropriate outcome measures.

**MO5** Comply with all the expectations of scope of practice (including referring clients on to other professionals where appropriate), professional behaviour and policies, and practise within the legal and ethical boundaries of the profession, showing appropriate awareness of the impact of culture, equality and diversity on practice.

**MO6** Contribute effectively to the multi-professional team through the understanding of the roles of other professionals working within the sport, exercise and rehabilitation environment.

**Hours to be allocated:** 300

**Contact hours:**

Independent study/self-guided study = 144 hours

Placement = 202 hours

Face-to-face learning = 36 hours

**Reading list:** The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://readinglists.uwe.ac.uk) via the following link

<https://rl.talis.com/3/uwe/lists/D08ADF1B-3B61-1E19-5CFF-349F0909F821.html?lang=en-US&login=1>

## **Part 4: Assessment**

**Assessment strategy:** Summative Assessment Task 1: E-portfolio of practice

This will include the assessment of practice via the continuous practice assessment.

This includes successful completion of a minimum of 202 hours placement and successful completion of 400 overall programme hours.

Summative Assessment Task 2: Practical Examination with critical questioning- 45 minutes maximum

The ability to assess and manage an unseen scenario will be examined under controlled conditions to achieve standardisation. This will involve an 'unseen' scenario where assessment, management and clinical reasoning skills will be assessed by a single examiner as in clinical practice. The ability to problem solve, make sound decisions and justify the management of the scenario under pressure will be assessed during this process.

Rationale: Integration of theory and practice is an essential part of this module, and both aspects are requirements for practice.

### Formative Assessment

Students will receive ongoing feedback on their practice skills, intervention and reasoning during their clinical practice placement and in module taught classes where relevant.

### Assessment tasks:

#### **Practical Skills Assessment (First Sit)**

Description: Practical Examination with critical questioning.

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5

#### **Portfolio (First Sit)**

Description: E-portfolio of practice.

Weighting: 0 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6

#### **Portfolio (Resit)**

Description: E-portfolio of practice.

Weighting: 0 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6

#### **Practical Skills Assessment (Resit)**

Description: Practical Examination with critical questioning.

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5

## **Part 5: Contributes towards**

This module contributes towards the following programmes of study:

Sport Rehabilitation [Glenside] BSc (Hons) 2023-24

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