



Module Specification

Principles of Public Health

Version: 2025-26, v2.0, Approved

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Part 1: Information

Module title: Principles of Public Health

Module code: UZVYB8-30-1

Level: Level 4

For implementation from: 2025-26

UWE credit rating: 30

ECTS credit rating: 15

College: College of Health, Science & Society

School: CHSS School of Health and Social Wellbeing

Partner institutions: University Centre Weston

Field: Health, Community and Policy Studies

Module type: Module

Pre-requisites: None

Excluded combinations: None

Co-requisites: None

Continuing professional development: No

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: The module identifies fundamental concepts in public health and differentiates between health promotion and health protection.

Features: Not applicable

Educational aims: This module aims to introduce students to the 'social determinants of health' and 'health inequalities', it facilitates the consideration of

underlying influences on health status. Additionally it requires students to study anatomy and physiology and apply this knowledge to health, disease and toxicology.

Outline syllabus: Subjects included in this module are:

social determinants of health;
health inequalities;
principles of health promotion;
principles of health protection;
obesity;
lifestyle factors (smoking, alcohol, physical activity);
stress;
toxicology;
anatomy and physiology.

Part 3: Teaching and learning methods

Teaching and learning methods: The module may consist of the following activities:

Lectures (hybrid)

Seminars

Tutorials

Guest speakers

Independent study will be organised with a series of both essential and further readings and preparation for practical workshops. It is expected that students prepare themselves for lectures by completing set tasks.

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Investigate and explain how the human body is affected by toxicological and mechanical stressors.

MO2 Investigate and evaluate the impact of lifestyle choices on the health of individuals and communities.

MO3 Define and examine the terms 'health' and 'disease' and explain how these are measured and assessed.

MO4 Assess the impact of social, cultural, emotional and psychological factors on the health of the public.

Hours to be allocated: 300

Contact hours:

Independent study/self-guided study = 228 hours

Face-to-face learning = 72 hours

Reading list: The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/index.html) via the following link <https://uwe.rl.talis.com/index.html>

Part 4: Assessment

Assessment strategy: This module has two assessment tasks; an online examination and an essay.

The Assessment Strategy has been designed to support and enhance the development of both subject-based and generic key skills, whilst ensuring that the Learning Outcomes are achieved.

Assessment task 1 – Online examination (90 minutes)

At the beginning of the module students will be presented with a series of five different scenarios related to Public and Environmental Health.

Each of the scenarios will relate to plausible real-life situations, and will be accompanied by questions, and in order to answer these questions students will need to carry out an investigation and fact finding.

Investigations will take students into a number of different knowledge areas, and will require reading, utilising taught knowledge, engaging in peer learning, use of mathematics and statistics, etc. To complete the module, students will be examined on any two of the scenarios which the module leader will select from the original five. The assignment provides an opportunity for problem-based learning and meets several knowledge area requirements designated by The Chartered Institute of Environmental Health.

Assessment task 2 – Essay (maximum 1500 words)

The essay will be centred on The Social Determinants of Health, which is a fundamental concept in public health. Students are required to consider the various factors that contribute to the health status of people and their communities, both those within their own control and those imposed upon them.

Students will be able to choose the context of the essay by concentrating on a geographical area or a socio-economic population of their choice, and by concentrating on relevant social determinants.

The essay incorporates several knowledge area requirements designated by The Chartered Institute of Environmental Health. This is a conventional assignment and will develop academic investigative, reading and writing skills.

Students are able to discuss formative work and obtain feedback in an assignment tutorial within the module.

The completion of the portfolio of scenarios will encourage peer learning, but the fact that students are then required to sit an examination on the completed work will mean that the likelihood of plagiarism is minimised.

Assessment tasks:

Written Assignment (First Sit)

Description: Essay (maximum 1500 words)

Weighting: 40 %

Final assessment: No

Group work: No

Learning outcomes tested: MO3, MO4

Examination (Online) (First Sit)

Description: Online Examination (90 minutes)

Weighting: 60 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2

Written Assignment (Resit)

Description: Essay (maximum 1500 words)

Weighting: 40 %

Final assessment: No

Group work: No

Learning outcomes tested: MO3, MO4

Examination (Online) (Resit)

Description: Examination (90 minutes)

Weighting: 60 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2

Part 5: Contributes towards

This module contributes towards the following programmes of study:

Environmental Health Practitioner {Apprenticeship-UCW} [UCW] BSc (Hons) 2024-25

Public and Environmental Health [UCW] BSc (Hons) 2024-25

Public and Environmental Health [UCW] BSc (Hons) 2025-26

Public and Environmental Health [UCW] BSc (Hons) 2025-26