



## **Module Specification**

### **Promoting School Aged Health and Wellbeing**

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## Part 1: Information

**Module title:** Promoting School Aged Health and Wellbeing

**Module code:** UZVSEX-20-M

**Level:** Level 7

**For implementation from:** 2024-25

**UWE credit rating:** 20

**ECTS credit rating:** 10

**College:** College of Health, Science & Society

**School:** CHSS School of Health and Social Wellbeing

**Partner institutions:** None

**Field:** Health, Community and Policy Studies

**Module type:** Module

**Pre-requisites:** None

**Excluded combinations:** None

**Co-requisites:** None

**Continuing professional development:** Yes

**Professional, statutory or regulatory body requirements:** None

## Part 2: Description

**Overview:** The module will explore key contemporary issues in promoting health for children and young people aged 5-19

It will consider the rights of school-aged children and young people and how working collaboratively across health, education and other agencies, practitioners can advocate for optimum health for all school-aged children and young people thereby enabling a safe transition towards adulthood

The content of the module contributes to understanding and supports achievement of the NMC (Nursing and Midwifery Council) Standards of Proficiency for Specialist Community Public Health Nurses (2022), in particular the field specific standards for School Nurses.

**Features:** Not applicable

**Educational aims:** To equip learners with the skills and knowledge to identify children and young people at risk and take a lead role in early identification of need to enable a smooth transition to adulthood

To equip learners with a variety of advanced communication skills enabling each learner to develop a trusting relationship with children young people and families

To equip learners with the skills to work in partnerships with families, health and education and understand the impact the School environment has on improving outcomes for children and young people

**Outline syllabus:** Typically includes: Adolescent brain development and the impact on behaviour and communication

Issues in emotional health and wellbeing and mental health in children and young people (typically includes mental health in boys, self harm, anxiety and low mood)

Principles of sexual health for young people (typically includes healthy relationships, consent, contraception, teenage pregnancy)

Working in partnerships with parents and agencies such as education to promote health in school aged population (typically includes school readiness, immunisations)

Communicating with children and young people to enable a safe transition into adulthood (typically improves oral health, improving LGBTQ+ health outcomes, impact of social media and internet, SEND)

Encourage the development of a healthy school environment and the impact on the health and wellbeing of school aged population (typically includes school health profiling- use of fingertips, bullying, healthy schools approach, diet, exercise)

Determinants of health in relation to school aged children most at risk including risk taking behaviours (typically includes safeguarding, impact of pornography, gaming and gambling, child criminal exploitation, and child sexual exploitation, substance misuse)

This module has clear links with the Specialist Practice in School Nursing module.

### **Part 3: Teaching and learning methods**

**Teaching and learning methods:** This module engages with a mixed methods learning approach that offers flexibility and encourages a universal design for learning approach to accommodate all learners needs and abilities.

This includes face to face contact hours as well as virtual learning and will incorporate teacher led and learner led activities. Further directed and self-directed study will be set on the university digital platform.

The online format will mirror the face-to-face contact in terms of structure and integrate shared learning activities. All lectures presented face to face will be available as recordings post sessions and all materials uploaded to the university digital platform.

**Module Learning outcomes:** On successful completion of this module students will achieve the following learning outcomes.

**MO1** Critically appraise the determinants of health in relation to school aged children and young people most at risk including risk taking behaviours

**MO2** Critically analyse and evaluate advanced methods of communicating with school aged children and young people to enable a safe transition to adulthood

**MO3** Critically appraise the impact of the school environment on the health, wellbeing and achievement of school aged children and young people

**MO4** Critically analyse the complexities of working in partnerships to promote the health of school aged children and young people

**Hours to be allocated:** 200

**Contact hours:**

Independent study/self-guided study = 152 hours

Face-to-face learning = 48 hours

**Reading list:** The reading list for this module can be accessed at [readinglists.uwe.ac.uk](http://readinglists.uwe.ac.uk) via the following link

## **Part 4: Assessment**

**Assessment strategy:** Learners are required to prepare and deliver an individual presentation, which will demonstrate their learning and ability to critically analyse key areas outlined in the learning outcomes.

The presentation will be a maximum of 15 minutes with 10 minutes of questions. Questions will allow for an opportunity to clarify the learner's knowledge and understanding.

The learning and feedback for this assessment will feed forward into the presentation assessment for the Collaborative and Compassionate leadership in Public Health module on the SCPHN programme.

A formative aspect of assessment will exist with feedback given on planning and preparation.

**Assessment tasks:**

**Presentation (First Sit)**

Description: 15-minute presentation followed by 10 mins of questions (25 mins total)

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

**Presentation (Resit)**

Description: 15-minute presentation followed by 10 mins of questions (25 mins total)

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

**Part 5: Contributes towards**

This module contributes towards the following programmes of study:

Specialist Community Public Health Nursing (School Nursing) [Glenside] MSc 2024-25