



Module Specification

Creating Healthy Food Systems

Version: 2025-26, v2.0, Approved

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Part 1: Information

Module title: Creating Healthy Food Systems

Module code: USSKHW-15-M

Level: Level 7

For implementation from: 2025-26

UWE credit rating: 15

ECTS credit rating: 7.5

College: College of Health, Science & Society

School: CHSS School of Applied Sciences

Partner institutions: None

Field: Applied Sciences

Module type: Module

Pre-requisites: None

Excluded combinations: None

Co-requisites: None

Continuing professional development: Yes

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: The aim of this module is to develop insight into food systems from the perspectives health and related fields of enquiry and action. Students will learn how to build and assess public health and education campaigns and programmes that promote beneficial and equitable health outcomes. This will be examined within the wider context of multiple agendas to address poverty, sustainability and net zero emission targets.

Features: This module is available as CPD.

Educational aims: This module will provide students with the ability to develop and critically assess public health and education approaches to generate healthy and sustainable food system outcomes.

Outline syllabus: Indicative content:

Introduction to healthy food systems at different scales (local, national, international).

Central concepts with regard to health and wellbeing in relation to sustainability, food, diet, and nutrition.

Critically evaluating contemporary issues in health, environmental and social aspects of food systems.

Theories of system and behavioural change with regard to health, sustainability, social action and food systems.

Social and environmental justice in the context of food system problems and solutions.

Critically assessing and developing actions, interventions and policies for healthy food systems.

Part 3: Teaching and learning methods

Teaching and learning methods: Scheduled learning includes e.g. lectures, seminars, case study review, online activities, field trips, group discussion and tutorials. Lectures will be supported by Podcasts / Video and module support will be supplemented with an electronic discussion board.

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Critically evaluate and synthesise research evidence, theory, and practical approaches to healthy food systems, identifying key challenges and opportunities for improvement.

MO2 Develop, critique, and communicate evidence-based solutions, actions, and interventions for promoting healthier food systems to a diverse audience.

Hours to be allocated: 150

Contact hours:

Independent study/self-guided study = 114 hours

Face-to-face learning = 36 hours

Reading list: The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/modules/usskhw-15-m.html) via the following link <https://uwe.rl.talis.com/modules/usskhw-15-m.html>

Part 4: Assessment

Assessment strategy: Assessment: Presentation (15 minutes presentation with 10 minutes Q+A)

An oral presentation with Q&A, accompanied with presentation material (slides and references) which will demonstrate students' ability to communicate effectively with different audiences and to present critically evaluated approaches to achieving a healthier food system.

Students will be provided with tutor and peer group support in the development of this assignment.

Assessment tasks:

Presentation (First Sit)

Description: Oral presentation with accompanying materials (25 minutes)

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2

Presentation (Resit)

Description: Oral presentation with accompanying materials (25 minutes)

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2

Part 5: Contributes towards

This module contributes towards the following programmes of study:

Sustainable Food Systems [Frenchay] MSc 2024-25

Sustainable Food Systems [Frenchay] MSc 2025-26