Module Specification

Clinical Aspects of Mental Health

Version: 2026-27, v4.0, Approved

Contents

Part 1: Information

Module title: Clinical Aspects of Mental Health

Module code: USPKJJ-15-3

Level: Level 6

For implementation from: 2026-27

UWE credit rating: 15

ECTS credit rating: 7.5

College: College of Health, Science & Society

School: CHSS School of Social Sciences

Partner institutions: None

Field: Psychology

Module type: Module

Pre-requisites: None

Excluded combinations: None

Co-requisites: None

Continuing professional development: No

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: The module covers a range of material related to understanding and treating mental health conditions. It aims to enable students to appreciate the main issues and debates in understanding psychological distress, and to understand different perspectives on both care and treatment.

Features: Not applicable

Educational aims: Through completion of this module, students will demonstrate qualities and transferable skills necessary for employment including the ability to: communicate effectively, both face-to-face or in writing; retrieve and organise information from different sources; make critical judgements and evaluations to gain different perspectives on a question

Outline syllabus: The syllabus will typically include:

Formulation and classification of mental distress.

History of the development of classification systems, DSM and ICD.

Validity and reliability of such systems and their relation to current professional practice.

Critical evaluation of the impact of and necessity in meeting the needs of people in mental distress.

Critical evaluation of psychological models of mental distress and assessment of the contribution that these models in relation to other factors may make to the promotion of positive mental health.

Critical review of psychological approaches to the assessment and treatment of mental distress.

Review of methodologies used to assess the impact and effectiveness of approaches to treatment.

Description of and assessment of the influences on the development of current service models.

Assessment of the impact of services on the lives of people.

The role of risk assessment in service provision.

Overview of current developments in the field.

The development and impact of the user movement

Part 3: Teaching and learning methods

Teaching and learning methods: A variety of approaches will be used with the aim of maximising the active engagement of students. These may include: lectures, seminars, workshops; ICT based platforms; directed and independent learning;

formative assessment opportunity.

Independent learning: Students will be expected to engage in substantial and focused independent work in this module. This will potentially include hours engaged with: essential reading, case study preparation, assignment preparation and completion.

Student cohorts will also be provided with a virtual meeting space that they will be able to fully utilise independently for the purposes of peer-support, collaboration and discussion, in order to foster a sense of learning community.
Scheduled learning: The module will be delivered using interactive lectures combined with workshops and seminars. Lectures will be used to introduce main concepts and to guide and inform student-centred learning while workshops/seminars will provide students the opportunity to discuss issues indepth.

A university-supported virtual learning environment (VLE), will be used to support students' learning, conduct activities, organise and communicate learning materials. Students will be able to engage with the material, other students and members of staff through these systems and make use of the various functionalities built into them (e.g., blogs, journals, audio, video, discussion boards, wikis, etc.) as appropriate and useful for the module learning. A culture of continuous learning will be developed through the implementation of regular online discussion groups which discuss identified topics in depth.

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

>   **MO1** Compare and contrast psychological models of mental distress, including social and political dimensions where relevant.

>   **MO2** Evaluate current approaches to psychological assessment and treatment for those experiencing psychological distress.

>   **MO3** Critically appraise the practical and philosophical issues underpinning current approaches to the care and treatment of mental distress within mental health services.

Hours to be allocated: 150

Contact hours:

Independent study/self-guided study = 114 hours

Face-to-face learning = 36 hours

Reading list: The reading list for this module can be accessed at readinglists.uwe.ac.uk via the following link https://uwe.rl.talis.com/modules/uspkjj-15-3.html

Part 4: Assessment

Assessment strategy: The Assessment Strategy has been designed to support and enhance the development of both subject-based and employability skills, whilst ensuring that the module's Learning Outcomes are attained, as described below.

The assessment has been designed to underpin students' learning and skills acquisition in the module and to provide for learning beyond the material delivered in the classroom.

Summative assessment task: A portfolio containing two tasks

Task 1: A Presentation of 10 minutes (maximum)

Task 2: Accompanying the Presentation, a Case Study Formulation of 700 words (maximum).

The content of the portfolio in its entirety is equivalent to 2000 words of written work (maximum).

Opportunities for formative assessment are embedded in the module teaching and take a variety of forms such as discussions in the seminars and workshops.

Assessment criteria will be made available to the students in the module guide at the start of the module.

Assessment tasks:

Portfolio (First Sit)

Description: A portfolio comprising 2 tasks: A presentation (10 minutes max) and case study formulation (700 words max)

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3

Portfolio (Resit)

Description: A portfolio comprising 2 tasks: A presentation (10 minutes max) and case study formulation (700 words max)

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3

Part 5: Contributes towards

This module contributes towards the following programmes of study:

Psychology with Criminology [Frenchay] BSc (Hons) 2023-24

Psychology with Criminology {Foundation} [Frenchay] BSc (Hons) 2023-24

Criminology with Psychology [Frenchay] BSc (Hons) 2023-24

Criminology with Psychology {Foundation} [Frenchay] BSc (Hons) 2023-24

Sociology with Psychology {Foundation} [Frenchay] BSc (Hons) 2023-24

Sociology with Psychology [Frenchay] BSc (Hons) 2023-24

Applied Psychology [Sep][PT][Frenchay][6yrs] BSc (Hons) 2021-22

Applied Psychology [Sep][PT][Frenchay][6yrs] BSc (Hons) 2022-23

Applied Psychology [Frenchay] BSc (Hons) 2022-23

Psychology [Frenchay] BSc (Hons) 2023-24

Psychology [Frenchay] BSc (Hons) 2024-25

Psychology with Criminology [Frenchay] BSc (Hons) 2024-25

Sociology with Psychology [Frenchay] BSc (Hons) 2024-25

Criminology with Psychology [Frenchay] BSc (Hons) 2024-25

Psychology {Foundation} [Frenchay] BSc (Hons) 2023-24

Sociology with Psychology {Foundation} [Frenchay] BSc (Hons) 2023-24

Sociology with Psychology [Frenchay] BSc (Hons) 2024-25

Applied Psychology {Foundation} [Frenchay] BSc (Hons) 2022-23

Sociology with Psychology [Frenchay] BSc (Hons) 2023-24

Sociology with Psychology {Foundation} [Sep][PT][Frenchay][8yrs] BSc (Hons) 2019-20

Sociology with Psychology [Sep][PT][Frenchay][6yrs] BSc (Hons) 2021-22

Sociology with Psychology {Foundation} [Frenchay] BSc (Hons) 2022-23

Sociology with Psychology {Foundation} [Frenchay] BSc (Hons) 2023-24

Psychology with Criminology [Frenchay] BSc (Hons) 2024-25

Biological Psychology [Frenchay] BSc (Hons) 2022-23

Sociology with Psychology [Frenchay] BSc (Hons) 2023-24

Sociology with Psychology [Frenchay] BSc (Hons) 2024-25

Sociology with Psychology {Foundation} [Frenchay] BSc (Hons) 2022-23

Sociology with Psychology {Foundation} [Frenchay] BSc (Hons) 2023-24

Psychology with Criminology [Frenchay] BSc (Hons) 2022-23

Psychology with Criminology [Frenchay] BSc (Hons) 2023-24

Psychology with Criminology [Frenchay] BSc (Hons) 2024-25

Psychology with Criminology [Frenchay] BSc (Hons) 2024-25

Psychology with Criminology {Foundation} [Frenchay] BSc (Hons) 2022-23

Psychology with Criminology {Foundation} [Frenchay] BSc (Hons) 2023-24

Psychology (Applied) [Frenchay] BSc (Hons) 2026-27

Psychology [Frenchay] BSc (Hons) 2023-24

Psychology with Criminology [Frenchay] BSc (Hons) 2023-24

Psychology with Criminology {Foundation} [Sep][PT][Frenchay][8yrs] BSc (Hons) 2020-21

Psychology with Criminology {Foundation} [Frenchay] BSc (Hons) 2022-23

Psychology with Criminology {Foundation} [Frenchay] BSc (Hons) 2023-24

Psychology with Criminology [Frenchay] BSc (Hons) 2022-23

Psychology with Criminology [Frenchay] BSc (Hons) 2024-25

Psychology {Foundation} [Frenchay] BSc (Hons) 2022-23

Psychology {Foundation} [Frenchay] BSc (Hons) 2023-24

Psychology [Frenchay] BSc (Hons) 2022-23

Psychology [Frenchay] BSc (Hons) 2024-25

Psychology with Criminology [Sep][PT][Frenchay][6yrs] BSc (Hons) 2021-22

Psychology {Foundation} [Sep][PT][Frenchay][8yrs] BSc (Hons) 2019-20

Psychology {Foundation} [Sep][PT][Frenchay][8yrs] BSc (Hons) 2020-21

Psychology [Sep][PT][Frenchay][6yrs] BSc (Hons) 2021-22

Psychology with Criminology [Frenchay] BSc (Hons) 2022-23

Psychology with Criminology {Foundation} [Frenchay] BSc (Hons) 2022-23

Criminology with Psychology {Foundation} [Frenchay] BSc (Hons) 2022-23

Psychology [Frenchay] BSc (Hons) 2022-23

Psychology {Foundation} [Frenchay] BSc (Hons) 2022-23

Sociology with Psychology [Sep][PT][Frenchay][6yrs] BSc (Hons) 2021-22

Sociology with Psychology {Foundation} [Sep][PT][Frenchay][8yrs] BSc (Hons) 2019-20

Sociology with Psychology {Foundation} [Frenchay] BSc (Hons) 2022-23

Criminology with Psychology [Sep][PT][Frenchay][6yrs] BSc (Hons) 2021-22

Criminology with Psychology {Foundation} [Sep][PT][Frenchay][8yrs] BSc (Hons) 2019-20

Psychology with Criminology [Sep][PT][Frenchay][6yrs] BSc (Hons) 2021-22

Psychology with Criminology {Foundation} [Sep][PT][Frenchay][8yrs] BSc (Hons) 2019-20

Psychology with Criminology {Foundation} [Sep][PT][Frenchay][8yrs] BSc (Hons) 2020-21