



Module Specification

Professional Skills and Applications in Health Psychology

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Part 1: Information

Module title: Professional Skills and Applications in Health Psychology

Module code: USPJEV-20-M

Level: Level 7

For implementation from: 2023-24

UWE credit rating: 20

ECTS credit rating: 10

Faculty: Faculty of Health & Applied Sciences

Department: HAS Dept of Social Sciences

Partner institutions: None

Field: Psychology

Module type: Module

Pre-requisites: None

Excluded combinations: None

Co-requisites: None

Continuing professional development: No

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: Not applicable

Features: Not applicable

Educational aims: See Learning Outcomes.

Outline syllabus: Teaching, training and presentational skills:

Large and small group teaching for academic and professional audiences;
presenting information effectively using different media, including written papers, oral

presentations, seminars and posters.

Research skills:

Drawing on knowledge and experience gained in the previous modules, students will be required to demonstrate a critical approach to evaluating research papers; designing intervention and methods of evaluating process and outcomes. Preparing submissions to ethical committees; preparing grant applications.

Communication skills:

Communicating with a view to maintaining physical and mental health; and/or promoting behaviour change; communicating in health care settings; perceiving and identifying problems people encounter in maintaining health; basic counselling and motivational interviewing techniques, listening, demonstrating empathy, making appropriate referrals, the therapeutic alliance; maintaining confidentiality.

Professional issues:

Ethical and moral dilemmas and principles; confidentiality and informed consent; codes of conduct; legal and statutory obligations and restrictions; contributing to policy development; social capital, empowerment and advocacy; consultancy skills; interprofessional relationships; leadership skills; the management of change current issues and debates in health psychology - European and international perspectives on health psychology; the future of health psychology in the UK.

Part 3: Teaching and learning methods

Teaching and learning methods: This module will be workshop based, with the emphasis on experiential learning. Students will be required to draw on material collected in their personal diary/developmental record.

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Demonstrate a firm grounding in professional skills relevant to the practice of health psychology, and to the status of Chartered Health Psychologist.

MO2 Reflect on their personal development through the use of a personal record, constructively offer and accept peer feedback.

MO3 Demonstrate the ability to integrate the concepts and principles acquired in earlier modules to issues under investigation.

MO4 Identify and debate ethical issues relevant to health psychology.

MO5 Demonstrate a familiarity with relevant codes of professional conduct.

MO6 Engage in debate concerning the current status and future development of the discipline of health psychology.

Hours to be allocated: 200

Contact hours:

Independent study/self-guided study = 152 hours

Face-to-face learning = 48 hours

Total = 200

Reading list: The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/index.html) via the following link <https://uwe.rl.talis.com/index.html>

Part 4: Assessment

Assessment strategy: There are two summative assessment tasks for this module;

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Communication Skills Assessment and a Critical incident analyses .

Assessment. Task 1: Communication Skills Assessment

Assessment Task 2: Critical incident analyses drawn from personal journal (submitted as one piece of work) FINAL ASSESSMENT.

Assessment tasks:

Practical Skills Assessment (First Sit)

Description: Communication Skills Assessment

Weighting: 50 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6

Reflective Piece (First Sit)

Description: Critical incident analyses drawn from personal journal (submitted as one piece of work) FINAL ASSESSMENT

Weighting: 50 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6

Practical Skills Assessment (Resit)

Description: Communication Skills Assessment

Weighting: 50 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6

Reflective Piece (Resit)

Description: Critical incident analyses drawn from personal journal (submitted as one piece of work) FINAL ASSESSMENT

Weighting: 50 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6

Part 5: Contributes towards

This module contributes towards the following programmes of study:

