



## **Module Specification**

### **The Principles of Professional Development**

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## Part 1: Information

**Module title:** The Principles of Professional Development

**Module code:** UZYYMM-15-2

**Level:** Level 5

**For implementation from:** 2024-25

**UWE credit rating:** 15

**ECTS credit rating:** 7.5

**College:** College of Health, Science & Society

**School:** CHSS School of Health and Social Wellbeing

**Partner institutions:** None

**Field:** Allied Health Professions

**Module type:** Module

**Pre-requisites:** None

**Excluded combinations:** None

**Co-requisites:** None

**Continuing professional development:** No

**Professional, statutory or regulatory body requirements:** None

## Part 2: Description

**Overview:** This module will introduce you to the concept of self-reflection and the importance of professional development. You will develop your understanding of the importance of reviewing and reflecting of your own learning and development needs. You will identify how you best learn and differentiate between teaching, mentoring and coaching.

**Features:** Not applicable

**Educational aims:** This will enable and support you to reflect upon and direct your personal and professional development.

**Outline syllabus:** This module will typically cover:

Identifying own learning styles

Identifying development needs

Relationship between teaching, coaching and mentoring

How to evaluate how learning needs are met

Role and importance of Professional Development planning

Identifying how to reflect effectively

Reflective models of practice

Smart target setting

Goal setting theory.

### **Part 3: Teaching and learning methods**

**Teaching and learning methods:** The module may consist of the following activities:

Lectures

Seminars

1:1 tutorials

Role play

**Module Learning outcomes:** On successful completion of this module students will achieve the following learning outcomes.

**MO1** Critically reflect upon your development needs required to support others

**MO2** Identify and critically evaluate your personal and professional development in relation to your role and practice area

**MO3** Analyse both the strategies and priorities for your professional development and wider organisation

**Hours to be allocated:** 150

**Contact hours:**

Independent study/self-guided study = 114 hours

Face-to-face learning = 36 hours

Total = 150

**Reading list:** The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://rl.talis.com/3/uwe/lists/B8BC3481-D89F-7FDC-655C-33861F470C98.html?lang=en&login=1) via the following link <https://rl.talis.com/3/uwe/lists/B8BC3481-D89F-7FDC-655C-33861F470C98.html?lang=en&login=1>

## Part 4: Assessment

**Assessment strategy:** Assessment Task: Professional Development Plan with supporting analysis (maximum 2000 words total)

Using appropriate tools, you will produce a professional development plan that analyses your current and future needs. You will critically reflect upon both your own and organisation needs developing strategies to achieve both personal and wider organisational goals. The plan will typically include a 500 word professional development plan, with a 1500 word analysis.

**Formative Assessment Opportunities:** These will include group and individual reflective opportunities.

**Assessment tasks:**

**Written Assignment (First Sit)**

Description: Personal Development Plan (500 words) with supporting analysis (1500 words)

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3

**Written Assignment (Resit)**

Description: Personal Development Plan (500 words) with supporting analysis (1500 words)

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3

**Part 5: Contributes towards**

This module contributes towards the following programmes of study:

Assistant Practitioner (Health and Social Care) {Apprenticeship - UCW} [UCW] FdSc 2023-24

Assistant Practitioner (Mental Health) {Apprenticeship - UCW} [UCW] FdSc 2023-24

Assistant Practitioner (Health and Social Care) {Apprenticeship - UCS} [UCS] FdSc 2023-24

Assistant Practitioner (Mental Health) {Apprenticeship - UCS} [UCS] FdSc 2023-24