



Module Specification

Psychology and Sociology of Health

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Part 1: Information

Module title: Psychology and Sociology of Health

Module code: UZYYLW-30-1

Level: Level 4

For implementation from: 2023-24

UWE credit rating: 30

ECTS credit rating: 15

College: College of Health, Science & Society

School: CHSS School of Health and Social Wellbeing

Partner institutions: None

Field: Allied Health Professions

Module type: Module

Pre-requisites: None

Excluded combinations: None

Co-requisites: None

Continuing professional development: No

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: Within this module you will explore the psychosocial basis for health. You will examine psychological and sociological theoretical approaches, and apply these to the modern health and social care systems.

You will cover key themes of practice that includes: Person centred practice, health promotion, ethical implications and the principles equality, diversity and inclusion.

Features: Not applicable

Educational aims: The aim of this module is to develop your understanding of the wider aspects of health, self and society.

Outline syllabus: This module will typically cover the following:

Psychological approaches and theory, including humanistic and developmental

Behaviour, and behaviour change

How people learn including cognitive development and educational practices

Theories of emotion and personality, attachment, resilience and vulnerability

Duty of care, Safeguarding and ethics

Social psychology of being part of a family, workforce and social groups

Principles of equality, diversity and inclusion

Person-centred care

Mental Capacity

Sociology and health through global, national and local strategies

Sustainability of Public health

Internationalisation

Health promotion

Sociological approaches and the wider determinants of health including social inclusion and exclusion.

Part 3: Teaching and learning methods

Teaching and learning methods: The module may consist of the following activities:

Lectures

Seminars

1:1 tutorials

Role play

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Demonstrate an understanding of the bio-psycho-social model of health and its application to multidisciplinary health and social care practice

MO2 Discuss how understanding and application of psychological and sociological theories can help a practitioner work positively with service users.

MO3 Show an understanding of the principles of equality, diversity and Inclusion in the application of person-centred care

Hours to be allocated: 300

Contact hours:

Independent study/self-guided study = 228 hours

Face-to-face learning = 72 hours

Total = 300

Reading list: The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://rl.talis.com/3/uwe/lists/4B9D806B-E0EE-8533-D41A-6838EEC09C58.html?lang=en&login=1) via the following link <https://rl.talis.com/3/uwe/lists/4B9D806B-E0EE-8533-D41A-6838EEC09C58.html?lang=en&login=1>

Part 4: Assessment

Assessment strategy: Assessment Task: maximum 3000 word Case Study

This assessment will take the form of a written case study. You will identify an appropriate case study from your area of practice, with the view of identifying sociological and psychological factors that have potentially influenced the case study.

Formative Assessment Opportunities: These may include a range of in-class case study discussions. Feedback will be offered on draft written work.

Assessment tasks:**Case Study (First Sit)**

Description: Case Study (3000 words)

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3

Case Study (Resit)

Description: Case Study (3000 words)

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3

Part 5: Contributes towards

This module contributes towards the following programmes of study:

Assistant Practitioner (Mental Health) [COBC] FdSc 2023-24

Assistant Practitioner (Health and Social Care) [UCW] FdSc 2023-24

Assistant Practitioner (Mental Health) [UCS] FdSc 2023-24

Assistant Practitioner (Health and Social Care) [COBC] FdSc 2023-24

Assistant Practitioner (Health and Social Care) [UCS] FdSc 2023-24

Assistant Practitioner (Mental Health) [UCW] FdSc 2023-24