

Module Specification

Mental Health, Society and Social Work

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Part 1: Information

Module title: Mental Health, Society and Social Work

Module code: UZVYH8-30-2

Level: Level 5

For implementation from: 2024-25

UWE credit rating: 30

ECTS credit rating: 15

Faculty: Faculty of Health & Applied Sciences

Department: HAS School of Health and Social Wellbeing

Partner institutions: None

Delivery locations: Not in use for Modules

Field: Health, Community and Policy Studies

Module type: Module

Pre-requisites: None

Excluded combinations: None

Co-requisites: None

Continuing professional development: No

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: We all have mental health; some individuals have mental health experiences that they and or their families can find challenging. This module will help you to think about mental health and mental health care: how to develop an awareness of your own mental health; and how to respond and support people who may experience mental health needs, in a wide variety of settings. You will consider different perspectives about mental health, and understand the role that people with

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Features: Not applicable

Educational aims: In this module you will develop an understanding of the unique role of social workers in drawing on social and environmental perspectives to support service users' mental health struggles. This module will enable you to explore critical practice, theory, research, law and policy in mental health. You will develop an ethically informed understanding of issues in contemporary mental health practice and advance your skills in social work mental health interventions. You will also appreciate how individuals, with support and encouragement, can develop resilience.

Outline syllabus: Mental health is an area of study where even seemingly fundamental knowledge is often challenged and debates take place about how to respond to mental distress on an individual and societal level. These different perspectives exist in a complex legal and political context, and lead to ethical dilemmas which social workers must negotiate daily. This module will equip you with a level of understanding to make ethically informed decisions, to work in partnership with lived experience, and to understand the unique contribution of social work.

During the module you will learn about what it is like to experience various kinds of mental health challenges, and how relevant policy and law shape the services provided by social workers and other mental health professionals. You will explore various perspectives in mental health such as medical, psychological and sociological explanations. You will become informed about inequality in mental health and will explore ways of working anti-oppressively with people experiencing mental distress and their families and friends.

The module teaching will cover a range of topics which could include the recovery approach, critical psychiatry, mad studies, and forms of therapy. Throughout the module you will be introduced to a range of research approaches and methods which will increase your understanding of how to use research to enhance your practice. The module will have a strong focus on learning from lived experience, anti-oppressive practice and exploring alternatives to the dominant paradigms.

Studying on this module is likely to provide learning in relation to emerging legislation and guidance, for example Liberty Protection Safeguards (LPS) (draft) Learning Outcomes: 1, Human rights as a basis for LPS.

In this module the United Nations Sustainability Development Goals (SDG) will be addressed '3: Good health and wellbeing', '11: Sustainable cities and communities' and '10: reduced inequalities.

Studying this module will also help you to meet the requirements of the social work Professional Capabilities Framework: Domain 2 values and ethics, Domain 3 diversity and equality, Domain 4: rights, justice and economic wellbeing, Domain 5: knowledge, Domain 7: skills and interventions, Domain 8: contexts and organisations.

The scheduled teaching and learning will count towards the 30 days of skills development required by Social Work England.

Part 3: Teaching and learning methods

Teaching and learning methods: You will engage with a range of learning opportunities studying this module. These might typically include lectures, seminar discussion groups, online resources and reading lists. The module will include learning from people with lived experience and discussing case studies. You may also have opportunities to practice skills for working with service users with mental health problems.

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Discuss the diverse experiences, and varied accounts, associated with common mental health challenges.

MO2 Explain the research, and range of competing perspectives about, and responses to, mental distress and the associated ethical and value dilemmas.

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MO3 Identify the skills needed to work with people experiencing mental health challenges and the importance of multi-disciplinary/multi-professional working.

MO4 Critically analyse the law and policy relevant to social work and mental health care.

MO5 Recognise and explain the impact of intersectional identity and experience on social work practice including the nature and impact of personal, social and community networks of support and caring.

Hours to be allocated: 300

Contact hours:

Independent study/self-guided study = 228 hours Face-to-face learning = 72 hours Total = 300

Reading list: The reading list for this module can be accessed at readinglists.uwe.ac.uk via the following link <u>https://rl.talis.com/3/uwe/lists/DDB92A33-946B-F99B-A5A0-</u> A372AA4C6672.html?lang=en&login=1

Part 4: Assessment

Assessment strategy: During the module there will be formative assessment opportunities to help you develop your knowledge and understanding. This might include a simulation activity involving a multi-disciplinary or multi-agency scenario. Participating in the formative activity will help you to develop your knowledge and understanding of the module themes, which you will then be able to draw on in your final assessment.

This module's summative assessment is an individual presentation. You will be expected to give a ten minute presentation based on the themes and topics taught during the module. You will then participate in a professional discussion, for up to ten minutes, with the assessors, about the content of your presentation. This

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assessment will help build your presentation skills, that you were first assessed on at Level 4 in the module 'Rethinking Social Justice'.

Assessment components:

Presentation (First Sit)

Description: 20 minute assessment period comprising of a student presentation and follow up questions from assessors Weighting: 100 % Final assessment: Yes Group work: No Learning outcomes tested: MO1, MO2, MO3, MO4

Presentation (Resit)

Description: 20 minute assessment period comprising of a student presentation and follow up questions from assessors Weighting: 100 % Final assessment: Yes Group work: No Learning outcomes tested: MO1, MO2, MO3, MO4

Part 5: Contributes towards

This module contributes towards the following programmes of study:

Social Work [Glenside] BSc (Hons) 2023-24