



Module Specification

Reflective and Creative Practice

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Part 1: Information

Module title: Reflective and Creative Practice

Module code: UATNKF-15-1

Level: Level 4

For implementation from: 2023-24

UWE credit rating: 15

ECTS credit rating: 7.5

Faculty: Faculty of Arts Creative Industries & Education

Department: ACE Dept of Creative & Cultural Industries

Partner institutions: Bristol Old Vic Theatre School

Field: Professional Acting (BOVTS)

Module type: Module

Pre-requisites: None

Excluded combinations: None

Co-requisites: None

Continuing professional development: No

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: This module begins to build an understanding of human behaviour and your own; as well as the constructs and systems in society that enable a productive, inclusive and supportive artistic work environment. Students are then expected to apply this critical understanding to all areas of their training and utilise reflective practice skills on an ongoing basis. The module will develop your skills in theories and analysis of performance and the relationship between theory and practice. Throughout this module you will create and maintain a mixed- media working and

reflective journal. The journal forms part of the assessment in this module, along with a discussion with a tutor that focuses on subjects or themes of interest to you that allow you to identify areas for future learning and growth. This is a skills-based module providing you with practical and research techniques to widen your understanding and practice.

Features: Critical understanding is developed through a consideration of diverse histories. Context is explored critically in order to develop greater awareness of conversations concerning aspects including, but not limited to, boundaries and respect, resilience, race and allyship, unconscious bias and colonialism. As a result of this work, you will develop increased self-responsibility and the ability to work with different perspectives and with an informed understanding of fundamental issues facing the modern artist in their practice and industry.

Context and Style lectures and workshops explore how the specific pressures of historical moment (political, social, philosophical and technological) give rise to different artistic movements and artistic expression.

Group Alexander Technique classes will give you practical opportunities to explore, develop and refine your mental processes and physical efficiency in relation to acting, voice, singing and movement.

Educational aims: This module aims to:

Develop your self-awareness and understanding of your individual learning styles in order to have a sense of personal agency to support your learning in other areas of the programme.

Foster healthy group dynamics which encourage mutual support and learning.

Introduce a critical awareness of the systems, power structures and narratives of dominant cultures that may impact us as actors and as people.

Develop your clarity of thought, personal resilience and adaptability.

Develop and maintain a reflective journal.

Outline syllabus: Indicative Content:

Reflective Practice.

Performance Context and Style.

Workshops in Equality, Diversity and Inclusion.

Alexander Technique.

Part 3: Teaching and learning methods

Teaching and learning methods: The module is taught through in-person classes, online lectures and training sessions, group discussions, practical exercises and set reading.

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Understand the importance of context when reading, investigating and performing a script.

MO2 Apply an appropriate range of methodologies for self- reflection and an understanding of one's own thought processes.

MO3 Utilise a range of theories and principles in relation to psychology, personal development and wellbeing as strategies the actor can apply when approaching dramatic texts and considering the demands of rehearsal room practice.

MO4 Employ practical tools that you can apply in an arts context that support the commitment to Equality, Diversity and Inclusion within your own practice.

Hours to be allocated: 150

Contact hours:

Independent study/self-guided study = 75 hours

Face-to-face learning = 75 hours

Total = 150

Reading list: The reading list for this module can be accessed at readinglists.uwe.ac.uk via the following link

Part 4: Assessment

Assessment strategy: Emerging from the work of this module, you will create and maintain a reflective journal. This journal can be written as well employ mixed media content including audio, video and/or other artistic forms of expression. Written exercises support you to explore a range of different approaches to self-reflective work and enhance your sense of ownership of your learning. Non-contact hours for this module reflect the time you are expected to undertake selected reading and work on your journal.

Assessment: Reflective journal and discussion.

You will keep a working reflective journal throughout this first year module. Drawing on the Reflective Practice classes, workshops and aspects of verbal feedback from other modules, students use the journal as a personal resource for future work. The journal is handed in at the end of the module to be assessed and the work culminates in a structured feedback session in which you distil key insights from your journal for your own development going forward, sharing these with a tutor and responding to questions. You are assessed on your capacity to self-reflect in your journal and in the discussion, and not on the quality or design your journal.

Discussion - 15 minutes.

Reflective Piece - (2000 words minimum – 3000 words maximum).

Reassessment and Resit Strategy

If you are unable to participate in or fail to meet the minimum achievement required

in an assessment, a re-sit of the failed assessment task (or an equivalent task) will be offered. The task will be decided by the Module Tutor, Module Leader and Course Leader and will be appropriate to the assessment you are resitting.

Assessment tasks:**Reflective Piece (First Sit)**

Description: Reflective journal and discussion.

Discussion - 15 minutes.

Reflective Piece - (2000 words minimum – 3000 words maximum).

Weighting:

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

Reflective Piece (Resit)

Description: Reflective journal and discussion.

Weighting:

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

Part 5: Contributes towards

This module contributes towards the following programmes of study: