



Module Specification

Physiotherapy across the Lifespan

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Part 1: Information

Module title: Physiotherapy across the Lifespan

Module code: UZYKHA-30-2

Level: Level 5

For implementation from: 2022-23

UWE credit rating: 30

ECTS credit rating: 15

Faculty: Faculty of Health & Applied Sciences

Department: HAS Dept of Allied Health Professions

Partner institutions: None

Delivery locations: Glenside Campus

Field: Allied Health Professions

Module type: Standard

Pre-requisites: None

Excluded combinations: None

Co-requisites: None

Continuing professional development: No

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: This level 5 module will explore the provision of physiotherapy at specific points across the lifespan.

Features: Not applicable

Educational aims: The module is designed to emphasise the management of complex clinical problems in relation to long term conditions and explore the impact

of a variety of settings on clinical practice and patient/carer experience. It will encourage the learner to synthesise previously acquired knowledge, theory, clinical reasoning and management skills and develop and apply these to long term conditions and their management. This will require the learner to work flexibly with peers to discuss how to meet the changing needs of patients/carers through a case study approach. The module will also reflect the national focus on patient choice, community-based care and the expanding role of physiotherapy with an overall aim to produce graduates who are fit for purpose and able to meet the challenges expected of them.

Outline syllabus: Indicative topics and lifespan/condition focus points are listed below:

Topics

Health promotion

Promoting physical activity

Behaviour change

Making Every contact Count (MECC)

Motivational interviewing

Shared decision making

Supporting self-management

Social prescribing

Lifespan focus points

Mental health (child and adult)

Weight management

Oncology

Aging (to include bio-psycho-social)

Exercise for older adults

Falls

Dementia

End of life care

Part 3: Teaching and learning methods

Teaching and learning methods: See Educational Aims

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Acknowledge individuals unique needs, preferences and values, autonomy and independence in accordance with legislation, policies, and procedures, and by working to promote best practice

MO2 Critically evaluate the opportunities and dilemmas that arise from working with people with long-term conditions in a variety of settings including the role of the multi-disciplinary team

MO3 Consider the aetiology, pathology, clinical features and challenges to health that relate to specific client groups and critique how physiotherapists can work most effectively and pro-actively with these client groups

MO4 Discuss the process of ageing and analyse the impact and implications of ageing for physiotherapy including a reasoned knowledge of bio-psycho-social factors that contribute to staying healthy and health promotion across the lifespan

MO5 Explore and evaluate the efficacy of strategies which can be used by physiotherapists to motivate people to take action to reduce the risk of avoidable illness, stay healthy for longer, and manage long term conditions

MO6 Debate ideas, problems and solutions with others, collaboratively and effectively using a range of routine and advanced communication skills and media, to share specialised information and achieve shared goals

Hours to be allocated: 300

Contact hours:

Independent study/self-guided study = 228 hours

Face-to-face learning = 72 hours

Total = 300

Reading list: The reading list for this module can be accessed at readinglists.uwe.ac.uk via the following link

<https://uwe.rl.talis.com/search.html?q=UZYKHA-30-2+&qbutton=>

Part 4: Assessment

Assessment strategy: Two components of assessment are included in this module to encourage students to consider the knowledge and understanding developed within the taught content of the module and also how this is applied in a clinical setting.

Component A is a 20 minute case study presentation (to include 15 minute presentation and 5 minutes of questions) of an anonymised person the student has worked with on placement and will enable demonstration of knowledge and understanding and the application of clinical reasoning integrating personal experience, current research evidence and patient expectations and values.

Component B is a 2000 word essay and blog contribution analysing a case study of a person with a complex clinical presentation of relevance to the module syllabus. It will encourage a deeper level of learning with emphasis on critically interpreting and applying information in a written task. Preparation for this will be facilitated through an online group blog to promote student led enquiry, collaboration and debate with peers, which will also form part of the mark for this component.

Formative Assessment:

Component A: A practice presentation opportunity will be available with peer and staff feedback and students are also encouraged to practice their presentation on placement to gather feedback from clinicians also.

Component B: Opportunities will be available for formative discussion and feedback

of student essays. The online blogs will be facilitated by staff and feedback provided throughout the module.

Assessment components:**Presentation - Component A (First Sit)**

Description: 20 minute case study presentation (to include 15 minute presentation and 5 minutes of questions)

Weighting: 50 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6

Written Assignment - Component B (First Sit)

Description: An individual essay (2000 words) with blog contribution

Weighting: 50 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6

Presentation - Component A (Resit)

Description: 20 minute case study presentation (to include 15 minute presentation and 5 minutes of questions).

Weighting: 50 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6

Written Assignment - Component B (Resit)

Description: An individual essay (2000 words) with blog contribution

Weighting: 50 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6

Part 5: Contributes towards

This module contributes towards the following programmes of study:

Physiotherapy [Sep][FT][Glenside][3yrs] BSc (Hons) 2021-22