



## **Module Specification**

### Physiotherapy across the Lifespan

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## Part 1: Information

**Module title:** Physiotherapy across the Lifespan

**Module code:** UZYKHA-30-2

**Level:** Level 5

**For implementation from:** 2023-24

**UWE credit rating:** 30

**ECTS credit rating:** 15

**Faculty:** Faculty of Health & Applied Sciences

**Department:** HAS School of Health and Social Wellbeing

**Partner institutions:** None

**Field:** Allied Health Professions

**Module type:** Module

**Pre-requisites:** None

**Excluded combinations:** None

**Co-requisites:** None

**Continuing professional development:** No

**Professional, statutory or regulatory body requirements:** None

## Part 2: Description

**Overview:** This level 5 module will explore the provision of physiotherapy at specific points across the lifespan.

**Features:** Not applicable

**Educational aims:** The module is designed to emphasise the management of complex clinical problems in relation to long term conditions and explore the impact of a variety of settings on clinical practice and patient/carer experience. It will

encourage the learner to synthesise previously acquired knowledge, theory, clinical reasoning and management skills and develop and apply these to long term conditions and their management. This will require the learner to work flexibly with peers to discuss how to meet the changing needs of patients/carers through a case study approach. The module will also reflect the national focus on patient choice, community-based care and the expanding role of physiotherapy with an overall aim to produce graduates who are fit for purpose and able to meet the challenges expected of them.

**Outline syllabus:** Indicative topics and lifespan/condition focus points are listed below:

### Topics

Health promotion

Promoting physical activity

Behaviour change

Making Every contact Count (MECC)

Motivational interviewing

Shared decision making

Supporting self-management

Social prescribing

### Lifespan focus points

Mental health (child and adult)

Weight management

Oncology

Aging (to include bio-psycho-social)

Exercise for older adults

Falls

Dementia

End of life care

### **Part 3: Teaching and learning methods**

**Teaching and learning methods:** Teaching and learning methods will include lectures, seminars and practical sessions. This will be integrated with an online group blog to promote student led enquiry, collaboration and debate with peers, which will form part of the assessment for this module.

**Module Learning outcomes:** On successful completion of this module students will achieve the following learning outcomes.

**MO1** Acknowledge individuals unique needs, preferences and values, autonomy and independence in accordance with legislation, policies, and procedures, and by working to promote best practice

**MO2** Critically evaluate the opportunities and dilemmas that arise from working with people with long-term conditions in a variety of settings including the role of the multi-disciplinary team

**MO3** Consider the aetiology, pathology, clinical features and challenges to health that relate to specific client groups and critique how physiotherapists can work most effectively and pro-actively with these client groups

**MO4** Discuss the process of ageing and analyse the impact and implications of ageing for physiotherapy including a reasoned knowledge of bio-psycho-social factors that contribute to staying healthy and health promotion across the lifespan

**MO5** Explore and evaluate the efficacy of strategies which can be used by physiotherapists to motivate people to take action to reduce the risk of avoidable illness, stay healthy for longer, and manage long term conditions

**MO6** Debate ideas, problems and solutions with others, collaboratively and effectively using a range of routine and advanced communication skills and media, to share specialised information and achieve shared goals

**Hours to be allocated:** 300

**Contact hours:**

Independent study/self-guided study = 228 hours

Face-to-face learning = 72 hours

Total = 300

**Reading list:** The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.ac.uk/readinglists) via the following link

<https://uwe.rl.talis.com/search.html?q=UZYKHA-30-2+&qbutton=>

## Part 4: Assessment

**Assessment strategy:** This module has two assessment tasks; a presentation and an essay/blog contribution. These encourage students to consider the knowledge and understanding developed within the taught content of the module and also how this is applied in a clinical setting.

Presentation; a 20 minute case study presentation (to include 15 minute presentation and 5 minutes of questions) of an anonymised person the student has worked with on placement and will enable demonstration of knowledge and understanding and the application of clinical reasoning integrating personal experience, current research evidence and patient expectations and values.

Essay and blog contribution (maximum of 2000 words) analysing a case study of a person with a complex clinical presentation of relevance to the module syllabus. It will encourage a deeper level of learning with emphasis on critically interpreting and applying information in a written task. Preparation for this will be facilitated through an online group blog to promote student led enquiry, collaboration and debate with peers, which will also form part of the mark for this component.

**Formative Assessment:**

A practice presentation opportunity will be available with peer and staff feedback and students are also encouraged to practice their presentation on placement to gather feedback from clinicians also.

Opportunities will be available for formative discussion and feedback of student

essays. The online blogs will be facilitated by staff and feedback provided throughout the module.

**Assessment tasks:****Presentation (First Sit)**

Description: 20 minute case study presentation (to include 15 minute presentation and 5 minutes of questions)

Weighting: 50 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6

**Written Assignment (First Sit)**

Description: An individual essay (2000 words) with blog contribution

Weighting: 50 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6

**Presentation (Resit)**

Description: 20 minute case study presentation (to include 15 minute presentation and 5 minutes of questions)

Weighting: 50 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6

**Written Assignment (Resit)**

Description: An individual essay (2000 words) with blog contribution

Weighting: 50 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6

## **Part 5: Contributes towards**

This module contributes towards the following programmes of study:

Physiotherapy [Glenside] BSc (Hons) 2022-23