



## **Module Specification**

### **Health Psychology and Wellbeing for Radiographers**

Version: 2023-24, v4.0, 23 Aug 2023

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## Part 1: Information

**Module title:** Health Psychology and Wellbeing for Radiographers

**Module code:** UZYYDT-15-2

**Level:** Level 5

**For implementation from:** 2023-24

**UWE credit rating:** 15

**ECTS credit rating:** 7.5

**College:** College of Health, Science & Society

**School:** CHSS School of Health and Social Wellbeing

**Partner institutions:** None

**Field:** Allied Health Professions

**Module type:** Module

**Pre-requisites:** None

**Excluded combinations:** None

**Co-requisites:** None

**Continuing professional development:** No

**Professional, statutory or regulatory body requirements:** None

## Part 2: Description

**Overview:** The aim of this module is to support and enhance learning gained from professional practice and professional specific modules by ensuring you have awareness of professional values and attributes and how the code of conduct, performance and ethics supports professional practice. This module will cover the important aspects of patient psychology in relation to their health and wellbeing during diagnosis and treatment. It will also explore the importance of the self

awareness and personal wellbeing required by radiographers in the performance of their duties.

**Features:** Not applicable

**Educational aims:** You will recognise the importance of self and self-awareness in developing and managing relationships by exploring emotional intelligence and resilience. You will explore the role the wider healthcare team and external agencies have in the support of yourself as a healthcare professional and the patients in your care.

You will reflect on and recognise your own emotions and feelings and explore when to seek supervision to ensure support, whilst dealing with possibly distressing and difficult circumstances associated with patients undergoing imaging or treatment. You will practise self-awareness by understanding your own emotions, limitations, strengths, weaknesses, and recognising the impact of personal interactions on others.

**Outline syllabus:** The rights, dignity, values and autonomy of patients their families and carer(s).

Explore maintaining and supporting personal and professional relationships.

Emotional intelligence and resilience strategies.

Issues that may impact on the capacity and capability to practise as a radiographer.

The management of information relating to safeguarding patients or the wider public in line with ethical frameworks.

### **Part 3: Teaching and learning methods**

**Teaching and learning methods:** Wherever possible, this module will be enhanced by input from a number of guest lecturers, including clinical specialists, service users and external agencies.

Scheduled learning includes key note lectures, along with self-directed small group work. In addition, there will be opportunities for formative assessment feedback on your assessment. Independent learning includes engagement with essential reading, participation in self-directed learning groups, interactive online learning materials, and assignment preparation.

**Module Learning outcomes:** On successful completion of this module students will achieve the following learning outcomes.

**MO1** Discuss strategies to maintain personal and professional health and wellbeing and evaluate the importance of this in meeting professional practice regulations.

**MO2** Undertake reflective practice to explore personal values and beliefs in order to practice in a non-discriminatory manner

**MO3** Understand the importance of capacity in the context of delivering care and treatment

**MO4** Understand the need to adapt practice to support service users, carers and colleagues and recognise when to involve support from a wider health care team

**Hours to be allocated:** 150

**Contact hours:**

Independent study/self-guided study = 114 hours

Face-to-face learning = 36 hours

Total = 150

**Reading list:** The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://rl.talis.com/3/uwe/lists/2F8C16F5-2AD0-973F-A3BD-E378F574AE14.html?lang=en-US&login=1) via the following link <https://rl.talis.com/3/uwe/lists/2F8C16F5-2AD0-973F-A3BD-E378F574AE14.html?lang=en-US&login=1>

## **Part 4: Assessment**

**Assessment strategy:** Assessment: 2000 word assignment

A 2000 word reflective assignment based on a personal learning experience.

Students will be expected to explore the importance of personal and professional health and wellbeing in maintaining fitness to practice.

**Rationale**

This will enable students to meet the learning outcomes of the module and reflect on how personal and professional wellbeing is a fundamental aspect of radiography practice. The assignment addresses the requirements of the programme aims and professional practice regulations to produce reflective practitioners.

**Formative Assessment**

Students will be given opportunities for formative feedback throughout the module run. The students can build their reflective skills from their clinical portfolios

**Assessment tasks:****Written Assignment (First Sit)**

Description: 2000 word assignment

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

**Written Assignment (Resit)**

Description: 2000 word assignment

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

## **Part 5: Contributes towards**

This module contributes towards the following programmes of study:

Therapeutic Radiography {Apprenticeship-UWE} [Glenside] BSc (Hons) 2022-23

Diagnostic Radiography {Apprenticeship-UWE} [Glenside] BSc (Hons) 2022-23