



Module Specification

Personal Mastery in Leadership

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Part 1: Information

Module title: Personal Mastery in Leadership

Module code: UMODSU-15-M

Level: Level 7

For implementation from: 2023-24

UWE credit rating: 15

ECTS credit rating: 7.5

Faculty: Faculty of Business & Law

Department: FBL Dept of Business & Management

Partner institutions: None

Delivery locations: Frenchay Campus

Field: Organisation Studies

Module type: Module

Pre-requisites: None

Excluded combinations: None

Co-requisites: None

Continuing professional development: Yes

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: This module is designed to explore and facilitate students' critical self-knowledge and the contribution their own well-being (physical and emotional) makes to effective leadership of self and others. The complexity of contemporary working environments places new demands on those working in them and the module will consider how personal characteristics such as resilience, courage, personal integrity,

consistency, self-awareness and inter-personal communication skills can support the development of self and others in these contexts

Features: Not applicable

Educational aims: See learning outcomes.

Outline syllabus: The module is structured around three themes: reflecting on action, acting on reflection; wellness and wellbeing in leadership; and thriving in complexity and uncertainty.

1. Reflecting on action; acting on reflection: This topic will explore the dynamics and interplay of action and reflection; approaches to enquiry and learning from experience; and the role of dialogic reasoning in learning.

2. Wellness and wellbeing in leadership: This theme looks at what it means to work from a perspective of health or wholeness and its implications for professional practice. Topics will include: a conception of 'wellness'; developing resilience; the role of agency, awareness and association in personal and organisational change; and authentic and ethical leadership.

3. Thriving in complexity and uncertainty: This topic recognises the different challenges posed by working with uncertainty and complexity; the implications this has for learning approaches and the need for self-awareness in contemporary organisations; and influential and effective behaviours in this context.

Part 3: Teaching and learning methods

Teaching and learning methods: The approach to teaching and learning is primarily experiential and student-centred, engaging students in practical exercises, personal study, and critical reflection upon the relationship between theory and experience. Readings and theoretical inputs provide students with knowledge and awareness of current thinking on self-leadership. Practical exercises are designed to encourage students to explore and challenge their own perspectives and practice. The assessment is designed to provide an opportunity to reflect critically on the

student's own experience of self-leadership and upon the relationship between theory and practice. Students will be directed towards the University Library online Study Skills resources for the development of skills appropriate to the level and style of the module; and will be advised by the module tutors on the information and time management skills required to complete the module successfully

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Develop a greater sense of your own identity through self-knowledge

MO2 Critically reflect on your personal and leadership effectiveness

MO3 Critically reflect on your ability to positively influence others

MO4 Develop strategies to improve your personal resilience and well-being

Hours to be allocated: 150

Contact hours:

Independent study/self-guided study = 127.5 hours

Face-to-face learning = 22.5 hours

Total = 150

Reading list: The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://rl.talis.com/3/uwe/lists/100E341F-E650-4D25-D9E6-C6D78A455B6C.html?lang=en-GB&login=1) via the following link <https://rl.talis.com/3/uwe/lists/100E341F-E650-4D25-D9E6-C6D78A455B6C.html?lang=en-GB&login=1>

Part 4: Assessment

Assessment strategy: Formative assessment will be carried out throughout the module by setting regular tasks for students that will assess their grasp of the material covered. Tasks will be reviewed as part of the sessions.

Summative Assessment comprises portfolio which will require the student to enquire into and reflect critically on their personal experience of leadership of self and others, their strengths and development opportunities. This will be an assessment in two

parts: a 'storyboard' of their learning on the module (a combination of words and images that summarises the student's learning journey); and an essay (1500 words) which will frame their development needs in the context of relevant theories and models. (Overall portfolio 3000 words equivalent)

Assessment components:**Portfolio (First Sit)**

Description: Portfolio

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested:

Portfolio (Resit)

Description: Portfolio

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested:

Part 5: Contributes towards

This module contributes towards the following programmes of study:

Business Psychology [Frenchay] MSc 2023-24

Business Psychology [Frenchay] MSc 2022-23