



## **Module Specification**

### **Sport Rehabilitation Practice 2**

Version: 2023-24, v2.0, 19 Jul 2023

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## Part 1: Information

**Module title:** Sport Rehabilitation Practice 2

**Module code:** UZYKFW-15-2

**Level:** Level 5

**For implementation from:** 2023-24

**UWE credit rating:** 15

**ECTS credit rating:** 7.5

**Faculty:** Faculty of Health & Applied Sciences

**Department:** HAS School of Health and Social Wellbeing

**Partner institutions:** None

**Field:** Allied Health Professions

**Module type:** Module

**Pre-requisites:** None

**Excluded combinations:** None

**Co-requisites:** None

**Continuing professional development:** No

**Professional, statutory or regulatory body requirements:** None

## Part 2: Description

**Overview:** Not applicable

**Features:** Not applicable

**Educational aims:** This module will introduce you to the Professional Skills in Clinical Practice placement.

**Outline syllabus:** This module will introduce you to the Professional Skills in Clinical Practice placement. Aspects to be covered include, manual handling, infection

control, communication skills and professionalism (In accordance to BASRaT role delineation).

Whilst on placement you will develop your E- Portfolio – working towards eligibility to apply for BASRaT membership and employability.

### **Part 3: Teaching and learning methods**

**Teaching and learning methods:** Placements are allocated to allow for a long, thin placement experience (2-3 days per week if required) or blocks. Students will complete a minimum of 150 hours of placement during this module. These will contribute to the overall required hours of 400 across the programme.

**Module Learning outcomes:** On successful completion of this module students will achieve the following learning outcomes.

**MO1** Demonstrate knowledge and comprehension of the relevant anatomy, biomechanics, physiology, pathology and psychosocial/cultural factors impacting upon musculoskeletal dysfunction.

**MO2** Apply safe practice skills through the development of the clinical reasoning process, appraisal of evidence and reflective practice within the assessment and management of a range of sports related injury and musculoskeletal dysfunction.

**MO3** Competently organise and communicate information safely and effectively to players/patients and members of the wider multidisciplinary team.

**MO4** Engage with work place policies, and practise within the required legal and ethical boundaries, demonstrating an understanding of culture, equality and diversity in practice and the impact on the care of individuals.

**Hours to be allocated:** 150

**Contact hours:**

Independent study/self-guided study = 30 hours

Placement = 150 hours

Face-to-face learning = 20 hours

Total = 200

**Reading list:** The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://readinglists.uwe.ac.uk) via the following link

<https://ri.talis.com/3/uwe/lists/2DE544DB-C687-031C-F63A-A669E2535FE2.html?lang=en-US&login=1>

## **Part 4: Assessment**

**Assessment strategy:** Assessment Task 1: Continuous Practice Assessment (CPA)

This document will be completed by the practice educators on the placement experience and indicate levels of performance in given competency areas which include:

Safety, communication and professionalism

Assessment, management and autonomous practice.

Communication

This component includes successful completion of a minimum of 150 hours placement.

The student can then use this document as part of their overall Continuing Professional Development portfolio.

Assessment Task 2: 2000 word Reflective case report.

A 2000 word reflective case report is required to demonstrate integration of reflective writing with evaluation of relevant and appropriate literature. The reflective case

report will be based on an aspect of management linked to an athlete / patient from the placement experience (for example a Manual therapy, Exercise approach or an Electro-thermal modality). Clear demonstration of problem solving and clinical reasoning along with engagement with the research evidence will be assessed.

#### Rationale:

The reflective case report will provide evidence of clinical reasoning, reflective practice principles and use of research evidence. Placement experiences can be evidenced within the e –portfolio and by using the continuous practice assessment form.

#### Formative Assessment:

Formative feedback will be available regularly during clinical placement, and students will be provided with feedback during discussions and activities throughout the module.

#### **Assessment tasks:**

##### **Practical Skills Assessment** (First Sit)

Description: Continuous Practice Assessment [Pass/Fail]

Weighting:

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

##### **Reflective Piece** (First Sit)

Description: Reflective case report

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO4

**Practical Skills Assessment (Resit)**

Description: Continuous Practice Assessment [Pass/Fail]

Weighting:

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

**Reflective Piece (Resit)**

Description: Reflective case report

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO4

**Part 5: Contributes towards**

This module contributes towards the following programmes of study:

Sport Rehabilitation [Glenside] BSc (Hons) 2022-23