



Module Specification

Occupational Therapy and Psychosocial Challenges

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Contents

Module Specification	1
Part 1: Information	2
Part 2: Description	2
Part 3: Teaching and learning methods	4
Part 4: Assessment.....	5
Part 5: Contributes towards	6

Part 1: Information

Module title: Occupational Therapy and Psychosocial Challenges

Module code: UZYKHN-30-2

Level: Level 5

For implementation from: 2023-24

UWE credit rating: 30

ECTS credit rating: 15

Faculty: Faculty of Health & Applied Sciences

Department: HAS School of Health and Social Wellbeing

Partner institutions: None

Field: Allied Health Professions

Module type: Module

Pre-requisites: None

Excluded combinations: None

Co-requisites: None

Continuing professional development: No

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: This module is one of the 30 credit level two modules that students engage in prior to going out on their second professional practice placement.

Features: Not applicable

Educational aims: In this module they consider the assessments, interventions and outcome measures used when working with people with mental health conditions and/or learning disabilities.

Outline syllabus: The syllabus will usually include:

Occupational Therapy Philosophy and Practice:

Occupational therapists' practice in a variety of settings;

Use of a common process (referral criteria, assessment, planning, interventions and outcome measurement and evaluation);

Models of practice;

Occupation and activity as therapy;

Supporting independent living;

Supporting engagement in occupational performance areas;

Application of approaches;

Generic and specialist contributions to interprofessional working.

Forms of Intervention and management:

Medication;

Psychotherapies;

Cognitive and behavioural therapies;

Motivational interviewing;

Family therapy;

Relapse prevention;

Integrated Care Programme Approach and wellness recovery action plans;

Person-centred planning;

Community care assessments;

Health action planning;

Advocacy;

Prevention of stigma and abuse;

Recognised competencies for practice.

Conditions in Mental Health and Learning Disability:

Aetiology and definitions of learning disability;

Conditions associated with learning disability and mental health;

Profound and multiple needs;

Challenging behaviour;

Communication and sensory processing difficulties;

Anxiety disorders;
Mood disorders;
Schizophrenia and psychosis;
Eating disorders;
Dementias;
Disorders of childhood and adolescence;
Personality disorders;
Issues in diagnosis and classification.

Policy, Legislation and Philosophies of Support:
Current legislation and policies impacting on practice;
The Social Model of Disability;
Social Role Valorisation;
Social Inclusion;
Recovery;
Personalisation;
Safeguarding;
Service User and Carer Involvement.

Part 3: Teaching and learning methods

Teaching and learning methods: Scheduled learning opportunities include lectures, seminars, practical sessions in small groups (sizes varying due to type of activities and risk assessments) and workshops, group-work projects, some use of online resources.

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Demonstrate an understanding of the biopsychosocial nature of health and well-being.

MO2 Discuss the role of the occupational therapist in supporting service users, demonstrating appropriate engagement with the evidence base to support your professional reasoning.

MO3 Describe and evaluate how appropriate models of practice, assessments, interventions and outcome measures are used by occupational therapists to support service users.

MO4 Describe the major conditions associated with people with learning disabilities and mental health difficulties, and discuss the impact of these conditions on occupational performance.

MO5 Discuss the relevance of current agendas, legislation and policy in relation to service delivery.

MO6 Explore the contested nature of disability and the implications for service users.

Hours to be allocated: 300

Contact hours:

Independent study/self-guided study = 228 hours

Face-to-face learning = 72 hours

Total = 300

Reading list: The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://rl.talis.com/3/uwe/lists/58CF5F0C-00CD-41A6-2576-4E39C53D6FE0.html?lang=en-US&login=1) via the following link <https://rl.talis.com/3/uwe/lists/58CF5F0C-00CD-41A6-2576-4E39C53D6FE0.html?lang=en-US&login=1>

Part 4: Assessment

Assessment strategy: Summative Assessment: 3000 word project essay

Students are required to write a 3000 word project essay which brings together their learning in the area of Psychosocial Challenges, and demonstrates their ability to critique the evidence and theories around the impact of these on occupation and how occupational therapy can assist.

Rationale

A written exploration is considered the most appropriate way to demonstrate the depth and breadth of their engagement with the literature and ability to write succinctly.

Formative Assessment

Students will be given formative feedback on their work and skills as they progress through the module, for example there are two cohort assignment briefing sessions where the content and structure of the assessment is discussed as a cohort and feedback given as part of that process.

Assessment tasks:

Written Assignment (First Sit)

Description: 3000 word project essay

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6

Written Assignment (Resit)

Description: 3000 word project essay

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6

Part 5: Contributes towards

This module contributes towards the following programmes of study:

Occupational Therapy [Glenside] BSc (Hons) 2022-23