



## **Module Specification**

# Psycho-Social Interventions for Serious Mental health Problems

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### **Contents**

<b>Module Specification .....</b>	<b>1</b>
<b>Part 1: Information .....</b>	<b>2</b>
<b>Part 2: Description .....</b>	<b>2</b>
<b>Part 3: Teaching and learning methods .....</b>	<b>3</b>
<b>Part 4: Assessment.....</b>	<b>4</b>
<b>Part 5: Contributes towards .....</b>	<b>5</b>

## Part 1: Information

**Module title:** Psycho-Social Interventions for Serious Mental health Problems

**Module code:** UZZYF9-20-2

**Level:** Level 5

**For implementation from:** 2021-22

**UWE credit rating:** 20

**ECTS credit rating:** 10

**Faculty:** Faculty of Health & Applied Sciences

**Department:** HAS Dept of Nursing & Midwifery

**Partner institutions:** None

**Delivery locations:** Glenside Campus

**Field:** Mental Health and Learning Disability

**Module type:** Standard

**Pre-requisites:** None

**Excluded combinations:** None

**Co-requisites:** None

**Continuing professional development:** Yes

**Professional, statutory or regulatory body requirements:** None

## Part 2: Description

**Overview:** This module has been developed to support the development of people working in Health Care Assistant / Mental Health Worker roles across inpatient and community mental health services. As such it is provided at both Level 5 and Level 6.

The module aims to give participants an understanding and overview of psychosocial

approaches to enable them to support service users and also contribute to multidisciplinary team approaches.

**Features:** Not applicable

**Educational aims:**

1. Develop an understanding of context and values underpinning psychosocial approaches
2. To provide an overview of psychosocial approaches for a range of mental health problems
3. Explore the use of psychosocial approaches within a practice setting and practice role.

**Outline syllabus:**

Psychosocial approaches in the context of current views of mental health.

Building therapeutic relationships and developing a working alliance.

Service user narrative, engagement and assessment.

Understanding psychosis: approaches to working with individuals and families.

Working with someone who has problematic drug use.

Understanding anxiety and depression: strategies to help.

Psychosocial perspectives on supporting someone at risk of suicide

Understanding complex trauma and working with someone who has problems with emotional regulation.

### **Part 3: Teaching and learning methods**

**Teaching and learning methods:**

Group Teaching (blended online and face to face)

Critical Discussion

Small Group Work

Experiential learning

Enquiry Based Learning

**Module Learning outcomes:** On successful completion of this module students will achieve the following learning outcomes.

**MO1** Demonstrate understanding of a range of psychosocial approaches that support mental health service user recovery

**MO2** Evaluate and discuss psychosocial interventions in the context of a contemporary understanding of mental health.

**MO3** Demonstrate understanding and appreciation of psychosocial approaches in practice.

**MO4** Identify and use a range of investigative strategies in relation to evidence evaluating psychosocial approaches

**Hours to be allocated:** 200

**Contact hours:**

Independent study/self-guided study = 152 hours

Face-to-face learning = 48 hours

Total = 200

**Reading list:** The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://readinglists.uwe.ac.uk) via the following link

<https://rl.talis.com/3/uwe/lists/E7ADC18B-4EA1-1C1D-D00D-EB59E74A7332.html?draft=1&lang=en-GB&login=1>

## **Part 4: Assessment**

**Assessment strategy:** The 2000 word written assignment will enable the student to:  
Demonstrate how their learning from the module links to their own area of practice.  
Discuss the application of psychosocial approaches with a service user.  
Discuss psychosocial approaches within current mental health service provision.

The assessment strategy also aims to support the development of research and written skills.

**Formative strategy:** There will be the opportunity within the module to develop the assignment and receive peer and lecturer feedback.

**Assessment components:**

**Written Assignment - Component A (First Sit)**

Description: 2000 word written assignment

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

**Written Assignment - Component A (Resit)**

Description: 2000 word written assignment

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

**Part 5: Contributes towards**

This module contributes towards the following programmes of study: