Module Specification

Psycho-Social Interventions for Serious Mental health Problems

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Contents

Part 1: Information

Module title: Psycho-Social Interventions for Serious Mental health Problems

Module code: UZZYFA-20-3

Level: Level 6

For implementation from: 2021-22

UWE credit rating: 20

ECTS credit rating: 10

Faculty: Faculty of Health & Applied Sciences

Department: HAS Dept of Nursing & Midwifery

Partner institutions: None

Delivery locations: Glenside Campus

Field: Mental Health and Learning Disability

Module type: Standard

Pre-requisites: None

Excluded combinations: None

Co-requisites: None

Continuing professional development: Yes

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: This module has been developed to support the development of people working in Health Care Assistant / Mental Health Worker roles across inpatient and community mental health services. As such it is provided at both Level 5 and Level 6.

The module aims to give participants an understanding and overview of psychosocial

approaches to enable them to support service users and also contribute to multidisciplinary team approaches.

Features: Not applicable

Educational aims:

1.Develop an understanding of context and values underpinning psychosocial approaches

2. To provide an overview of psychosocial approaches for a range of mental health problems

3. Explore the use of psychosocial approaches within a practice setting and practice role.

Outline syllabus:

Psychosocial approaches in the context of current views of mental health.

Building therapeutic relationships and developing a working alliance.

Service user narrative, engagement and assessment.

Understanding psychosis: approaches to working with individuals and families.

Working with someone who has problematic drug use.

Understanding anxiety and depression: strategies to help.

Psychosocial perspectives on supporting someone at risk of suicide.

Understanding complex trauma and working with someone who has problems with emotional regulation.

Part 3: Teaching and learning methods

Teaching and learning methods:

Group Teaching (blended online and face to face)

Critical Discussion

Small Group Work

Experiential learning

Enquiry Based Learning

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Demonstrate a critical understanding of a range of psychosocial approaches that support mental health service user recovery

MO2 Critically evaluate and discuss psychosocial interventions in the context of a contemporary understanding of mental health.

MO3 Demonstrate comprehensive understanding and appreciation of psychosocial approaches in practice.

MO4 Identify and use a range of investigative strategies in relation to evidence evaluating and developing psychosocial approaches

Hours to be allocated: 200

Contact hours:

Independent study/self-guided study = 152 hours

Face-to-face learning = 48 hours

Total = 200

Reading list: The reading list for this module can be accessed at readinglists.uwe.ac.uk via the following link
https://rl.talis.com/3/uwe/lists/C8D9B9AB-93A3-D54F-F113-191DC91DFBAA.html?lang=en-GB&login=1

Part 4: Assessment

Assessment strategy: The 2000 word written assignment will enable the student to:
Demonstrate how their learning from the module links to their own area of practice.
Discuss the application of psychosocial approaches with a service user.
Discuss psychosocial approaches within current mental health service provision.

The assessment strategy also aims to support the development of research and written skills.

Formative strategy: There will be the opportunity within the module to develop the assignment and receive peer and lecturer feedback.

Assessment components:

Written Assignment - Component A (First Sit)

Description: 2000 word written assignment

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

Written Assignment - Component A (Resit)

Description: 2000 word written assignment

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

Part 5: Contributes towards

This module contributes towards the following programmes of study: