



## **Module Specification**

### **Introduction to Public Health**

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## Part 1: Information

**Module title:** Introduction to Public Health

**Module code:** UZVYEQ-30-1

**Level:** Level 4

**For implementation from:** 2021-22

**UWE credit rating:** 30

**ECTS credit rating:** 15

**Faculty:** Faculty of Health & Applied Sciences

**Department:** HAS Dept of Social Sciences

**Partner institutions:** None

**Delivery locations:** Frenchay Campus

**Field:** Health, Community and Policy Studies

**Module type:** Standard

**Pre-requisites:** None

**Excluded combinations:** None

**Co-requisites:** None

**Continuing professional development:** Yes

**Professional, statutory or regulatory body requirements:** None

## Part 2: Description

**Overview:** This module introduces students to core concepts and issues in public health, including the history and how contemporary public health practice has developed. Students will examine a range of issues, including the wider determinants of health, sociological approaches to health and wellbeing, health inequalities, and community capacity building.

**Features:** Not applicable

**Educational aims:** To introduce students to the key aspects, approaches and domains of public health practice, including how the study of health in populations has developed over time.

To explore the ways in which socio-economic, environmental and other wider determinants affect the health of populations.

To consider equity issues in relation to the health of populations, including health inequalities and notions of social justice.

To examine the various ways in which the health of populations can be improved and protected, and the organisations and professional groups involved in this.

**Outline syllabus:** The outline syllabus typically includes:

Introduction to public health

History of public health and understanding of health and wellbeing of populations

Sociological and cultural approaches to health and wellbeing

Socio-ecological approach to health and wellbeing

Health inequalities and social justice

Public health interventions

The public health system and workforce

Empowerment and the promotion of health

Introduction to asset based approaches to health improvement

Introduction to settings approaches to health improvement

Public health in a global context

### **Part 3: Teaching and learning methods**

**Teaching and learning methods:** This module takes a multi-disciplinary approach, exploring the nature and complexity of public health. The module is taught through a combination of lectures and interactive seminars, with an emphasis on group collaboration and discussion to widen and deepen knowledge. Independent learning includes hours engaged with essential reading, preparation for seminars, formative assessment, and assessment preparation and completion. The ethos of the module

is to encourage and facilitate collaboration and co-creation through discussion and debate. Students also have access to an online discussion forum through which they can share questions, comments and resources. The module is supported with digital learning materials, including recorded lectures, podcasts, and web-based resources.

**Module Learning outcomes:**

**MO1** Describe the key characteristics of public health, including the domains of practice.

**MO2** Explain the concept of the determinants of health, and how these impact on the health and wellbeing of individuals, communities and populations.

**MO3** Define and recognise inequalities and vulnerabilities in community populations.

**MO4** Explain the complexities and issues of health inequalities, and the impact on different societies and populations.

**MO5** Discuss how risks to the public's health can be mitigated, comparing different approaches.

**MO6** Identify the different organisations, workforces and professional groups that play a key role in the public's health.

**Hours to be allocated:** 300

**Contact hours:**

Independent study/self-guided study = 228 hours

Face-to-face learning = 72 hours

Total = 300

**Reading list:** The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/index.html) via the following link <https://uwe.rl.talis.com/index.html>

**Part 4: Assessment**

**Assessment strategy:** Component A: Written Assignment 3000 words

Students are required to research a public health issue and develop an analysis of the published evidence underpinning the issue, exploring the themes of health inequality and wider determinants and demonstrating an understanding of how to address the health issue using different public health approaches.

The purpose of the assignment is to assess students' knowledge and understanding of the study of health of populations, including the role of the wider determinants of health, the influence this has on health inequalities and the variety of approaches that can be taken to improve population health.

Opportunities for formative assessment will be provided in seminars scheduled during the module, where students will undertake activities that facilitate knowledge exchange and peer learning and support. Detailed assignment guidance is provided online alongside an assignment support session programmed into the teaching.

### **Assessment components:**

#### **Written Assignment - Component A (First Sit)**

Description: Written assignment (3000 words)

Weighting: 100 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6

#### **Written Assignment - Component A (Resit)**

Description: Written assignment (3000 words)

Weighting: 100 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6

### **Part 5: Contributes towards**

This module contributes towards the following programmes of study:

Public Health {Apprenticeship-UWE} [Sep][FT][Frenchay][3yrs] BSc (Hons) 2021-22