



Module Specification

Professional Practice, Skills and Supervision 2

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Part 1: Information

Module title: Professional Practice, Skills and Supervision 2

Module code: USPKFL-30-M

Level: Level 7

For implementation from: 2024-25

UWE credit rating: 30

ECTS credit rating: 15

College: College of Health, Science & Society

School: CHSS School of Social Sciences

Partner institutions: None

Field: Psychology

Module type: Module

Pre-requisites: Professional Practice, Skills and Supervision 1 2023-24, Professional Practice: Personal Development 1 2023-24, Theory and Practice in Counselling and Psychotherapy 1 2023-24

Excluded combinations: None

Co-requisites: Professional Practice: Personal Development 2 2023-24, Theory and Practice in Counselling and Psychotherapy 2 2023-24

Continuing professional development: No

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: In this module you will be supported to apply to professional practice both your theoretical understanding and reflective process. The module builds on the learning from Professional practice, Skills and Supervision 1.

Features: Not applicable

Educational aims: See Learning Outcomes

Outline syllabus: The module encourages you to view supervision as an interpersonal process of enquiry, so that understanding is facilitated and co created through relationship.

This module will examine key supervision models in greater detail and will build on concepts introduced in earlier years.

The module is intended to facilitate your development as a supervisee, so that you can work more effectively in a professional counselling environment through effective utilisation of supervision.

You will be expected to present the client work from your placement regularly in supervision. You need to complete a minimum of eighty client hours over this academic year. As in the first year, you will be expected to gain client consent to use client material in supervision sessions and in written work.

In the supervision session you will be expected to bring audio recordings of your client sessions and to prepare a written outline of the clients history, presenting issues and the concerns you wish to focus on in the supervision session.

The teaching on this module will include small-group work primarily but may also include lectures, video illustrations, guided reading, experiential exercises and demonstrations.

Part 3: Teaching and learning methods

Teaching and learning methods: Generic Graduate Skill:

Communication - Oral and written communication and viva presentation - D & E

Professionalism - Reflection on counselling practice. Supervisor's report - D & E

Critical Thinking - Critical discussion of client presentations and on peer learning and work discussion - D & E

Digital Fluency - Use of standard software - D & E

Forward Looking - Reflective practice - D & E

Emotional Intelligence - Reflective practice - D & E

Key:

D -Developed

E - Evidenced

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Evidence their ability to work competently and effectively with clients, adhering to ethical and professional standards of practice.

MO2 Use formulation effectively to integrate theoretical and personal understandings

MO3 Make effective use of supervision and have a realistic self-appraisal of their work

MO4 Develop critical perspectives on the role of counselling and psychotherapy within complex organisational structures, teams and the wider society

MO5 Articulate and evidence a clear and coherent understanding of one's client work within an integrative relational framework

MO6 Articulate an understanding of the complex ways in which power relationships and group dynamics impact on organisational structures and processes and on the therapeutic contracts and relationships, and also identify potential strategies to accommodate or resolve such situations

Hours to be allocated: 300

Contact hours:

Independent study/self-guided study = 178 hours

Placement = 50 hours

Face-to-face learning = 72 hours

Total = 300

Reading list: The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/modules/uspkfl-30-m.html) via the following link <https://uwe.rl.talis.com/modules/uspkfl-30-m.html>

Part 4: Assessment

Assessment strategy: This module has 3 assessments:

1. Case Study

The Case study (3,000 words) requires students to write about the work with one individual client from their counselling practice. The case study should demonstrate understanding of relevant theory and effective use of formulation; awareness of relational process, ethical and safe practice. The case study should also show how supervision has informed the work undertaken.

2. Essay

This assessment takes the form of a workbook with designated sections for personal reflections on observed aspects of organisational culture (equivalent to 2,000 words). Reflecting on the impact of organisational culture on counselling practice, will enable you to have a critical awareness of the wider socio-political context, pressures and demands, in which counselling operates.

3. Professional Practice report

80% minimum attendance requirement at taught sessions (calculated by number of sessions) and an external supervisors' report from your placement practice which confirms a minimum of 80 cumulative hours of appropriately supervised practice since the start of the course. (This includes the hours completed in Professional Practice, Skills and Supervision 1; a student may therefore reach the 80 hours total by completing 30 hours in Professional Practice, Skills and Supervision 1 and a

further 50 hours in this module. If their hours have exceeded the minimum in the previous module, however, a proportionately lower number will be required in this module to reach the total.)

Assessment tasks:**Case Study (First Sit)**

Description: Case Study

Weighting: 100 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO4, MO5

Professional Practice Report (First Sit)

Description: Supervisor's report and confirmation of 80 cumulative practice hours, plus 80% minimum attendance at taught sessions (calculated by number of sessions)

Weighting:

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO3

Reflective Piece (First Sit)

Description: Reflective workbook

Weighting:

Final assessment: Yes

Group work: No

Learning outcomes tested: MO4, MO6

Case Study (Resit)

Description: Case Study

Weighting: 100 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO4, MO5

Professional Practice Report (Resit)

Description: Supervisor's report and confirmation of 80 practice hours, plus 80% minimum attendance at taught sessions (calculated by number of sessions)

Weighting:

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO3

Reflective Piece (Resit)

Description: Viva Examination

Weighting:

Final assessment: Yes

Group work: No

Learning outcomes tested: MO4, MO6

Part 5: Contributes towards

This module contributes towards the following programmes of study:

Counselling and Psychotherapy [Frenchay] MA 2023-24

Counselling and Psychotherapy [Frenchay] MA 2022-23