

Module Specification

Professional Practice, Skills and Supervision 2

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Part 1: Information

Module title: Professional Practice, Skills and Supervision 2

Module code: USPKFL-30-M

Level: Level 7

For implementation from: 2023-24

UWE credit rating: 30

ECTS credit rating: 15

Faculty: Faculty of Health & Applied Sciences

Department: HAS Dept of Social Sciences

Partner institutions: None

Field: Psychology

Module type: Module

Pre-requisites: Evidencing Work Based Learning – Counselling and Psychotherapy

2023-24, Research in Counselling and Psychotherapy 2023-24

Excluded combinations: None

Co-requisites: Professional Practice: Personal Development 1 2023-24, Theory and

Practice in Counselling and Psychotherapy 1 2023-24

Continuing professional development: No

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: In this module you will be supported to apply to professional practice both your theoretical understanding and reflective process. The module builds on the learning from Professional practice, Skills and Supervision 1.

Features: Not applicable

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Educational aims: See Learning Outcomes

Outline syllabus: The module encourages you to view supervision as an

interpersonal process of enquiry, so that understanding is facilitated and co created

through relationship.

This module will examine key supervision models in greater detail and will build on

concepts introduced in earlier years.

The module is intended to facilitate your development as a supervisee, so that you

can work more effectively in a professional counselling environment through effective

utilisation of supervision.

You will be expected to present the client work from your placement regularly in

supervision. You need to complete a minimum of eighty client hours over this

academic year. As in the first year, you will be expected to gain client consent to use

client material in supervision sessions and in written work.

In the supervision session you will be expected to bring audio recordings of your

client sessions and to prepare a written outline of the clients history, presenting

issues and the concerns you wish to focus on in the supervision session.

The teaching on this module will include small-group work primarily but may also

include lectures, video illustrations, guided reading, experiential exercises and

demonstrations.

Part 3: Teaching and learning methods

Teaching and learning methods: Generic Graduate Skill:

Communication - Oral and written communication and viva presentation - D & E

Professionalism - Reflection on counselling practice. Supervisor's report - D & E

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Student and Academic Services

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Critical Thinking - Critical discussion of client presentations and on peer learning and

work discussion - D & E

Digital Fluency - Use of standard software - D & E

Forward Looking - Reflective practice - D & E

Emotional Intelligence - Reflective practice - D & E

Key:

D -Developed

E - Evidenced

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Evidence their ability to work competently and effectively with clients, adhering to ethical and professional standards of practice.

MO2 Use formulation effectively to integrate theoretical and personal understandings

MO3 Make effective use of supervision and have a realistic self-appraisal of their work

MO4 Evidence the capacity to reflect on relational dynamics and environmental impact on counselling practice

MO5 Articulate and evidence a clear and coherent understanding of one's client work within an integrative relational framework

MO6 Reflect on work with clients incorporating an integration of theoretical understanding, reflections from supervision and personal awareness.

Hours to be allocated: 300

Contact hours:

Independent study/self-guided study = 170 hours

Placement = 100 hours

Face-to-face learning = 30 hours

Total = 300

Reading list: The reading list for this module can be accessed at readinglists.uwe.ac.uk via the following link https://uwe.rl.talis.com/modules/uspkfl-30-m.html

Part 4: Assessment

Assessment strategy: The Case study (3,000 words) requires students to write about the work with one individual client from their counselling practice. The case study should demonstrate understanding of relevant theory and effective use of formulation; awareness of relational process, ethical and safe practice. The case study should also show how supervision has informed the work undertaken.

The viva examination requires students to submit a recording of a client session, process notes and a transcript (prior to the viva). This submission is then discussed in the viva examination. Students therefore are required to demonstrate their use of skills and working alliance in the recording and process notes; discuss ethical practice, use of formulation and integration in the viva examination. The viva examination integrates learning from across the programme and is focussed on professional practice.

The supervisors report (from the student's external and internal supervisors) comments on the student's professional practice and indicates whether the student has, in their opinion, reached a sufficient level of competency to practice as a qualified counsellor/psychotherapist.

Both the viva examination and the supervisors report will illuminate the student's use of supervision. These are important assessments because they determine whether the student is ready to practice independently.

Assessment tasks:

Presentation (First Sit)

Description: Viva examination

Weighting:

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO4, MO6

Professional Practice Report (First Sit)

Description: Supervisor's report and confirmation of practice hours

Weighting:

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO3

Case Study (First Sit)

Description: Case Study

Weighting: 100 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO4, MO5

Presentation (Resit)

Description: Viva Examination

Weighting:

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO4, MO6

Professional Practice Report (Resit)

Description: Supervisor's report and confirmation of practice

Weighting:

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO3

Page 6 of 7 11 July 2023 Case Study (Resit)

Description: Case Study

Weighting: 100 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO4, MO5

Part 5: Contributes towards

This module contributes towards the following programmes of study:

Counselling and Psychotherapy [Sep][PT][Frenchay][3yrs] MA 2021-22