



Module Specification

Professional Practice, Skills and Supervision 1

Version: 2023-24, v3.0, 30 Jan 2024

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Part 1: Information

Module title: Professional Practice, Skills and Supervision 1

Module code: USPKFK-30-M

Level: Level 7

For implementation from: 2023-24

UWE credit rating: 30

ECTS credit rating: 15

College: College of Health, Science & Society

School: CHSS School of Social Sciences

Partner institutions: None

Field: Psychology

Module type: Module

Pre-requisites: None

Excluded combinations: None

Co-requisites: Professional Practice: Personal Development 1 2023-24, Theory and Practice in Counselling and Psychotherapy 1 2023-24

Continuing professional development: No

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: This module consists of one term of skills practice and reflection with peers and tutors, followed by a counselling placement with an agency together with regular supervision both at UWE and at your placement. Before embarking on a counselling placement, you will be given opportunities to discuss the application of counselling skills to professional practice, as well as opportunities to practice

counselling skills with your peers. You will receive peer and tutor feedback on a regular basis.

Features: Not applicable

Educational aims: See Learning Outcomes

Outline syllabus: The module will introduce you to the practical application of relational counselling and psychotherapy skills. These will be based on the relational modalities you are encountering on the Theory and Practice in Counselling and Psychotherapy 1 module.

In this module you will also be introduced to counselling and psychotherapy supervision. You will have introductory sessions on the theoretical basis of supervision as well as practical supervisory support from staff and peers. This will enable you to develop an understanding of how to make effective use of supervision and become reflective practitioners.

A key part of this module involves counselling practice at a placement. You will begin this part of the module once you have demonstrated your ability to practice skills effectively with your peers. By the end of this module you will be expected to have completed 40 hours minimum of client practice. BACP is also permitting up to 30 hours online counselling hours per student over the duration of the training. You will receive supervisory support from both your placement provider and the course team throughout your placement. Each student's progress is reviewed individually in tutorials, and should the requisite hours not be achieved by the submission date it may be possible to complete these during the break between years one and two.

Part 3: Teaching and learning methods

Teaching and learning methods: Generic Graduate Skill:

Communication - Oral and written communication and presentation - I, D & E

Professionalism - Reflection on counselling practice. Supervisor's report. Skills video

- I, D & E

Critical Thinking - Critical Discussion of client presentations - D & E

Digital Fluency - Use of Kaltura and standard software - I, D & E

Forward Looking - Reflective practice - DD & E

Emotional Intelligence - Reflective practice - D & E

Key:

I - introduced

D - developed

E - Evidenced

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Demonstrate competent, sensitive and ethical use of counselling skills such as reflection, paraphrasing, questions, challenging and immediacy

MO2 Evaluate critically ones practice of counselling and psychotherapy skills

MO3 Make effective use of professional supervision

Hours to be allocated: 300

Contact hours:

Independent study/self-guided study = 198 hours

Placement = 30 hours

Face-to-face learning = 72 hours

Total = 300

Reading list: The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/modules/uspfkf-30-m.html) via the following link <https://uwe.rl.talis.com/modules/uspfkf-30-m.html>

Part 4: Assessment

Assessment strategy: The summative (pass/fail) assessment for this module is comprised of two tasks:

1. Written Assignment

A reflective essay of 1000 words to process their learning from the formative video and viva experience (see below) and evaluate the skills they have acquired and areas for further skills development.

The formative assessment requires students to submit a ten minute video recording of counselling one of their peers. This enables students to demonstrate their counselling skills in practice. The video is shown in the supervision group and is followed by twenty minutes discussion with peers and tutors. This provides an opportunity for self, peer and tutor review of the skills demonstrated within the video and is helpful in preparing students for the viva examination in the final year.

2. Professional practice report

80% minimum attendance requirement at taught sessions, and submission of external supervisors' report which confirms a minimum of 30 hours of appropriately supervised practice.

Assessment tasks:

Professional Practice Report (First Sit)

Description: Minimum 80% attendance at taught sessions, plus submission of a supervisor's report confirming 30 appropriately supervised practice hours

Weighting:

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3

Written Assignment (First Sit)

Description: Reflection

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO2

Professional Practice Report (Resit)

Description: Minimum 80% attendance at taught sessions, plus submission of a supervisor's report confirming 30 appropriately supervised practice hours

Weighting:

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3

Written Assignment (Resit)

Description: Reflection 1000 words

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO2

Part 5: Contributes towards

This module contributes towards the following programmes of study:

Counselling and Psychotherapy [Frenchay] MA 2023-24