



### MODULE SPECIFICATION


Part 1: Information			
<b>Module Title</b>	Professional Practice, Skills and Supervision 1		
<b>Module Code</b>	USPKFK-30-M	<b>Level</b>	M
<b>For implementation from</b>	January 2020		
<b>UWE Credit Rating</b>	30	<b>ECTS Credit Rating</b>	15
<b>Faculty</b>	Health & Applied Sciences	<b>Field</b>	Psychology
<b>Department</b>	Health & Social Sciences		
<b>Contributes towards</b>	MA Counselling and Psychotherapy		
<b>Module type:</b>	Professional Practice		
<b>Pre-requisites</b>	N/A		
<b>Excluded Combinations</b>	N/A		
<b>Co- requisites</b>	Theory and Practice in Counselling & Psychotherapy 1 Professional Practice: Personal Development 1		
<b>Module Entry requirements</b>	N/A		

Part 2: Description
<p>This module consists of one term of skills practice and reflection with peers and tutors, followed by a counselling placement with an agency together with regular supervision both at UWE and at your placement. Before embarking on a counselling placement, you will be given opportunities to discuss the application of counselling skills to professional practice, as well as opportunities to practice counselling skills with your peers. You will receive peer and tutor feedback on a regular basis.</p> <p>The module will introduce you to the practical application of relational counselling and psychotherapy skills. These will be based on the relational modalities you are encountering on the Theory and Practice in Counselling and Psychotherapy 1 module.</p> <p>In this module you will also be introduced to counselling and psychotherapy supervision. You will have introductory sessions on the theoretical basis of supervision as well as practical supervisory support from staff and peers. This will enable you to develop an understanding of how to make effective use of supervision and become reflective practitioners.</p> <p>A key part of this module involves counselling practice at a placement. You will begin this part of the module once you have demonstrated your ability to practice skills effectively with your peers. By the end of this module you will be expected to have completed 40 hours minimum of client practice. You will receive supervisory support from both your placement provider and the course team throughout your placement. Each student's progress is reviewed individually in tutorials, and should the requisite hours not be achieved by the submission date it may be possible to complete these during the break between years one and two.</p>

Generic Graduate Skill	Specific strand (eg presentation) - Optional	Introduced	Developed	Evidenced
1. Communication	Oral and written communication and presentation.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
2. Professionalism	Reflection on counselling practice. Supervisor's report. Skills video.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
3. Critical Thinking	Critical discussion of client presentations.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
4. Digital Fluency	Use of Kaltura and standard software.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
5. Innovative and Enterprising		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Forward Looking	Reflective practice.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
7. Emotional Intelligence	Reflective practice.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
8. Globally Engaged		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Part 3: Assessment	
<p>The formative assessment for this module requires students to submit a ten minute video recording of counselling one of their peers. This enables students to demonstrate their counselling skills in practice. The video is shown in the supervision group and is followed by twenty minutes discussion with peers and tutors. This provides an opportunity for self, peer and tutor review of the skills demonstrated within the video and is helpful in preparing students for the viva examination in the final year.</p> <p>The summative assessment for this module is comprised of the following:</p> <p>Supervisors' reports (component A) to provide an evaluation of the student's professional practice.  A reflective essay of 1000 words (component B) to process their learning from both the video and viva experience and evaluate the skills they have acquired and areas for further skills development.</p>	
Identify final timetabled piece of assessment (component and element)	<i>Component B</i>
% weighting between components A and B (Standard modules only)	<b>A:</b>
	<b>B:</b>
<b>First Sit</b>	
<b>Component A</b> (controlled conditions) <b>Description of each element</b>	<b>Element weighting</b> <b>(as % of component)</b>
1. Supervisors reports & confirmation of practice hours (40)	P/F
<b>Component B</b> <b>Description of each element</b>	<b>Element weighting</b> <b>(as % of component)</b>
1. Reflection 1000 words	100%

Resit (further attendance at taught classes is not required)											
<b>Component A</b> (controlled conditions) Description of each element	<b>Element weighting</b> (as % of component)										
1. Supervisors reports & confirmation of practice hours (40)	P/F										
<b>Component B</b> Description of each element	<b>Element weighting</b> (as % of component)										
1. Reflection 1000 words	100%										
<b>Part 4: Learning Outcomes &amp; KIS Data</b>											
<b>Learning Outcomes</b>	<p>On successful completion of this module students will be able to:</p> <ul style="list-style-type: none"> <li>• Demonstrate competent, sensitive and ethical use of counselling skills such as reflection, paraphrasing, questions, challenging and immediacy (Component A).</li> <li>• Evaluate critically ones practice of counselling and psychotherapy skills (Components A and B).</li> <li>• Effective practice of counselling and psychotherapy skills in a professional setting (Component A).</li> <li>• Make effective use of professional supervision (Component A).</li> </ul>										
<b>Key Information Sets Information (KIS)</b>	<p style="text-align: center;"><u><b>Key Information Set - Module data</b></u></p> <p style="text-align: right;"><i>Number of credits for this module</i> <span style="border: 1px solid black; padding: 2px;">30</span></p> <table border="1" style="width: 100%; text-align: center;"> <thead> <tr> <th>Hours to be allocated</th> <th>Scheduled learning and teaching study hours</th> <th>Independent study hours</th> <th>Placement study hours</th> <th>Allocated Hours</th> </tr> </thead> <tbody> <tr> <td>300</td> <td>36</td> <td>204</td> <td>60</td> <td>300</td> </tr> </tbody> </table> <div style="text-align: right;"></div>	Hours to be allocated	Scheduled learning and teaching study hours	Independent study hours	Placement study hours	Allocated Hours	300	36	204	60	300
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300	36	204	60	300							
<b>Contact Hours</b>											
<b>Total Assessment</b>	<p>The table below indicates as a percentage the total assessment of the module which constitutes a;</p> <p><b>Written Exam:</b> Unseen or open book written exam  <b>Coursework:</b> Written assignment or essay, report, dissertation, portfolio, project or in class test  <b>Practical Exam:</b> Oral Assessment and/or presentation, practical skills assessment, practical exam (i.e. an exam determining mastery of a technique)</p> <table border="1" style="width: 100%; text-align: center;"> <thead> <tr> <th colspan="2">Total assessment of the module:</th> </tr> </thead> <tbody> <tr> <td>Written Exam assessment percentage</td> <td>0%</td> </tr> <tr> <td>Coursework assessment percentage</td> <td>100%</td> </tr> <tr> <td>Practical exam assessment percentage</td> <td>P/F</td> </tr> <tr> <td></td> <td>100%</td> </tr> </tbody> </table>	Total assessment of the module:		Written Exam assessment percentage	0%	Coursework assessment percentage	100%	Practical exam assessment percentage	P/F		100%
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<b>Reading List</b>	<p>We will be creating an online reading list, and the texts below are an indication of some of the core texts that will be on the list.</p> <p>Bor R &amp; Watts M (2017) <i>The Trainee Handbook</i> London, Sage</p> <p>Gilbert M &amp; Evans K (2000) <i>Psychotherapy Supervision</i> Buckingham, OUP</p> <p>Hawkins P &amp; Shohet R (2011) <i>Supervision in the Helping Professions</i> Maidenhead, OUP</p> <p>Proctor B (2008) <i>Group Supervision</i> London, Sage</p>
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