



Module Specification

Promoting Recovery in Mental Health

Version: 2023-24, v2.0, 21 Jul 2023

Contents

Module Specification	1
Part 1: Information	2
Part 2: Description	2
Part 3: Teaching and learning methods	3
Part 4: Assessment.....	5
Part 5: Contributes towards	6

Part 1: Information

Module title: Promoting Recovery in Mental Health

Module code: UZZY3G-30-M

Level: Level 7

For implementation from: 2023-24

UWE credit rating: 30

ECTS credit rating: 15

Faculty: Faculty of Health & Applied Sciences

Department: HAS School of Health and Social Wellbeing

Partner institutions: None

Field: Mental Health and Learning Disability

Module type: Module

Pre-requisites: None

Excluded combinations: None

Co-requisites: None

Continuing professional development: No

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: Not applicable

Features: Not applicable

Educational aims: See learning outcomes.

Outline syllabus: Working with:

Psychosis

Mood disorders
Eating disorders
Personality disorders
Cognitive impairment
Self harm
Suicide
Trauma and Post Traumatic Stress Disorder
Dementia type disorders
Substance misuse and dual diagnosis

Engagement and relationship building skills in working collaboratively with people towards recovery

Therapeutic approaches in working with families and individuals
Psychosocial Assessment tools

Case formulation and management

Loss, bereavement and adjustment

Building a skills 'tool kit'

Developing safe practice, considering the needs of self and others

Positive risk assessment and management

Developing awareness of philosophical and ethical approaches to care including ethical and legal frameworks and key policies

Part 3: Teaching and learning methods

Teaching and learning methods: Scheduled learning: may include: lectures, seminars, tutorials, demonstration, practical classes, student led presentations and teaching, and workshops

Independent learning includes hours engaged with essential reading, teaching session preparation, assignment preparation and completion etc. These sessions constitute an average time per level.

72 hours of contact to include seminars, lectures and online activities.

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Implement a recovery based approach to assess strengths and health needs of a person, using a structured and systematic assessment and document findings accurately

MO2 Competently apply strengths and recovery based approaches to the care of a person with mental health needs, their families and carers critically appraising the impact of stigma, culture and exclusion on people with mental health problems

MO3 Critically analyse evidence relating to care coordination, using a strengths approach and the benefits of collaborative, team working in which people with mental health needs, their family and friends can contribute to healthcare provision

MO4 Evaluate methods of managing challenges in implementing recovery/strengths focused care, coherently demonstrating an ability to identify and manage risk positively and collaboratively

MO5 Critique research findings and theories which inform treatment approaches and healthcare provision

MO6 Critically analyse factors that affect service and health improvement in a range of contexts

MO7 Reflect on personal and professional development, including factors influencing motivation and performance

Hours to be allocated: 300

Contact hours:

Independent study/self-guided study = 78 hours

Placement = 150 hours

Face-to-face learning = 72 hours

Total = 300

Reading list: The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/index.html) via the following link <https://uwe.rl.talis.com/index.html>

Part 4: Assessment

Assessment strategy: At level, M students are expected to critically evaluate, synthesise and provide independent perspectives regarding the delivery of treatment/intervention and management of a service user with complex mental health needs. The assessment strategy includes:

The assessment within this module requires students to explore, through a detailed case study, the service user experience of living with a complex mental health need(s) and the role of the mental health nurse as advocate and promoting recovery facilitator; this will be in the form of a 2 hour seen exam.

To further develop students' awareness of the policies that inform and influence practice, a 1000 review of a current policy will be undertaken.

Formative assessment through student led presentations will also support learners to explore the current social policy context in relation to the care needs and experiences of adults living with complex mental health needs.

Assessment tasks:

Examination (First Sit)

Description: 2 hour seen exam

Weighting: 50 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6, MO7

Written Assignment (First Sit)

Description: 1000 word critical review

Weighting: 50 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6, MO7

Examination (Resit)

Description: 2 hour seen exam

Weighting: 50 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6, MO7

Written Assignment (Resit)

Description: 1000 word critical review

Weighting: 50 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6, MO7

Part 5: Contributes towards

This module contributes towards the following programmes of study: