



Module Specification

Supporting and Managing Those at Risk of Suicide

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Contents

Module Specification	1
Part 1: Information	2
Part 2: Description	2
Part 3: Teaching and learning methods	3
Part 4: Assessment.....	4
Part 5: Contributes towards	6

Part 1: Information

Module title: Supporting and Managing Those at Risk of Suicide

Module code: UZZRUS-20-M

Level: Level 7

For implementation from: 2023-24

UWE credit rating: 20

ECTS credit rating: 10

Faculty: Faculty of Health & Applied Sciences

Department: HAS School of Health and Social Wellbeing

Partner institutions: None

Field: Mental Health and Learning Disability

Module type: Module

Pre-requisites: None

Excluded combinations: Supporting and Managing Those at Risk of Suicide 2023-24

Co-requisites: None

Continuing professional development: Yes

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: Not applicable

Features: CPD or stand alone. This unit of learning is of use to those working in health or social care settings.

Educational aims: See learning outcomes.

Outline syllabus: Suicide Awareness

Demographics and epidemiology of suicide, suicidal behaviour

Groups at risk of suicide

Suicide and suicidal behaviour across the lifespan

Suicide prevention – key concepts

Factors contributing to suicide

Theories related to suicide

Biological models

Psychological models

Social/cultural models

Supporting people experiencing suicidal thoughts

Suicide risk assessment skills

Characteristics of suicidal thought and behaviour

Crisis intervention: hospital, voluntary (Samaritans/listeners)

Principles of engagement and intervention

Maximising therapeutic outcome

Engaging with a person who has attempted to complete suicide

Suicide bereavement support (Postvention).

Part 3: Teaching and learning methods

Teaching and learning methods: Lectures, seminars, group work, problem solving exercises, critical review of research and policy, utilisation of prior knowledge, critical reflection and challenge from peers.

Independent study will include pre reading and preparation for the assignment.

A maximum of 48 contact hours will be face to face learning with a lecturer, class room discussion on topics, and smaller group work with fellow students.

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Explore prevalence and changing trends of self-harm and suicide, from local, national and global perspectives, whilst examining ethical and legal considerations

MO2 Critically examine contemporary suicide prevention strategies, exploring the links to risk factors, stress vulnerability, mental health and ill health and initiatives suggesting areas of innovation that could be implemented

MO3 Critically reflect on own practice in implementing and evaluating evidence based risk assessments, risk and crisis management plans, in collaboration with service users and carers and colleagues from inter-professional and interagency organisations

MO4 Critically explore what factors enhance engagement in the context of suicide, with service users, families and carers, recognising how personal, professional, service user and carer dynamics impact on partnership working

MO5 Discuss active engagement with a range of support mechanisms to facilitate safe and reflective clinical practice

Hours to be allocated: 200

Contact hours:

Independent study/self-guided study = 152 hours

Face-to-face learning = 48 hours

Total = 200

Reading list: The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/modules/uzzrus-20-m.html) via the following link <https://uwe.rl.talis.com/modules/uzzrus-20-m.html>

Part 4: Assessment

Assessment strategy: Assessment will be a 15 minute case-based presentation with a 1000 word critical reflection of an action plan.

In the case-based presentation, students will explore, in depth, one of the following in relation to their case study;

Ethical issues

Risk taking

Risk Assessment

Working with other agencies

Crisis intervention

The presentation will last for 10 minutes with 5 minutes for questions.

At M level the 1000 word critical reflection on an action plan will examine how students own practice will be enhanced and developed when supporting suicidal individuals in the future. The action plan will need to include consideration of how the student will engage with support mechanisms to facilitate safe clinical practice.

Assessment tasks:

Presentation (First Sit)

Description: 15 minute oral presentation

Weighting: 50 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5

Written Assignment (First Sit)

Description: 1000 word critical reflection on an action plan

Weighting: 50 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5

Presentation (Resit)

Description: 15 minute oral presentation

Weighting: 50 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5

Written Assignment (Resit)

Description: 1000 word critical reflection on an action plan

Weighting: 50 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5

Part 5: Contributes towards

This module contributes towards the following programmes of study: